



PRWeb: America - Post 9/11





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HealthSmart Completes Recapitalization to Support Continued Growth, Daniel D. Crowley Named Chairman

HealthSmart, an innovative healthcare benefit solutions company, today announced that it has successfully completed a recapitalization with Silver Point Capital, L.P. and the Company's other lenders. Silver Point Capital, L.P. is a private investment firm based in Greenwich, Connecticut. This recapitalization allows the Company to continue its growth and executing its business strategy.

(PRWEB) November 22, 2009 -- HealthSmart Holdings, Inc., an innovative healthcare benefit solutions company, today announced that it has successfully completed a recapitalization with Silver Point Capital, L.P. and the Company's other lenders. Silver Point Capital, L.P. is a private investment firm based in Greenwich, Connecticut.

Over the past decade, HealthSmart has generated robust growth, in part, through a strategic merger and acquisition program. This recapitalization allows the Company to continue its growth and executing its business strategy.

HealthSmart founder and Chief Executive Officer Ted Parker said, "We have solid financial footing and partners who are committed to HealthSmart's growth. Completing this recapitalization builds on our relationship with Silver Point, and our other lenders, and provides us with access to capital to pursue our vision."

HealthSmart also announced today that Daniel D. Crowley has been named Chairman of the Company's Board. Mr. Crowley is the founder of Dynamic Healthcare Solutions, a firm that invests in and consults with healthcare firms. Through Dynamic, Mr. Crowley has served as senior advisor to a number of major investment firms as well as serving on the boards of numerous healthcare companies and as senior management advisor and interim executive for a variety of healthcare services companies. Mr. Crowley previously was CEO and Chairman of Foundation Health Corporation and prior to that he was the Executive Vice-President of Blue Cross Blue Shield of Ohio.

About HealthSmart

HealthSmart Holdings, Inc. (HealthSmart) is an innovative healthcare benefit solutions company serving more than 1.75 million members and managing more than \$3.2 billion in claims through service operations around the country. HealthSmart provides integrated solutions, on a single administrative platform, to over 8,500 employer groups and partners through its wholly owned healthcare related subsidiaries. The Company's products and services include employee benefit and workers compensation administration, nationwide preferred provider networks, predictive population management and wellness programs, prescription benefit management, on-site primary care clinics and reinsurance and stop-loss management. HealthSmart's mission is to improve member health, reduce costs and deliver "smarter" healthcare benefit solutions.

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News Image



Why Would An Old White Lady Write A Children's Book Extolling Dr. Martin Luther King Jr .?

The answer is simple: the hurt in a wounded soldier's eyes.

(PRWEB) November 20, 2009 -- Debi Pearl grew up during the turbulent 1960s in a small town that hosted the nation's largest Navy and Marine training base, where soldiers were quickly trained and shipped out for service in Vietnam. Young Debi worked as a volunteer in the base's World War II-era hospital for the returning wounded. The hospital was comprised of many long rooms with beds closely packed down both sides. One wing contained those who had lost arms, another housed leg amputees, another burn victims, another the blinded.

This is her story of why she wrote Listen To My Dream:

"I remember the day I helped black soldiers, soldiers who had given their young bodies for their nation, courageous men from places like California and Washington state, into my car and took them for a short ride to the local Dairy Bar for a long-anticipated ice cream cone. For months they had languished in the hospital, living for any opportunity to get out.

"I remember the profound hurt I saw in their eyes when they saw hanging from the shop's two front windows, signs they had never before seen: Whites Only. I had grown up with it; it was just the way things were. But through their eyes I saw ugliness and hate. I felt angry stares from the nearby cars, heard unknown voices whispering, 'What's a white girl doing here with a Negro in the front seat?' They didn't know that the soldier couldn't get out—he lost his legs fighting a war for them.

"What I saw through their eyes that day made me so ashamed."

In the coming years, Debi's experience would shape her worldview and the way she homeschooled her five children. She wanted them to see the truth as she had seen it, as she had lived it—because she was there. She told them how unjustly black people were treated when she was young, being forbidden to drink from a water fountain at the local zoo, sit where they wanted on a bus, or use the public bathrooms, how doctors wouldn't see them until all the white patients had been treated.

To better teach her children, Debi combed the shelves of the local library for books on Dr. Martin Luther King, Jr. She found only one worn out, very boring children's book and asked the librarian, "Where are all the books on Dr. King?" The black lady's face betrayed her frustration as she said, "You're looking at it."

Debi went home and stewed. How could such a man, such a landmark in history, not have a whole shelf of books describing the marvelous things he had worked tirelessly to bring about? How would future generations know about Dr. King unless his legacy was recorded in books?

Working from the stories she had told her children, Debi wrote Listen to My Dream in 1986 using the same rhyme and rhythm with which she had taught them the ABC's. When she finished writing the book, she printed a few hundred copies and took it to a book fair, where an elderly black pastor stopped to read it. He wept openly.



Others, curious, stopped to read the little children's book. Everyone that read it, bought one. Within days churches had ordered hundreds, and the Memphis school system ordered thousands for its libraries.

Then Debi was contacted by her attorney. She had unknowingly infringed on the King Foundation's copyright; years earlier they had established legal guidelines that could not be breached. Debi's family could not afford to pay the required fees, and so, one discouraging day, they packed up what remained of the books.

Twenty-three years later, in 2009, a young boy picked up a dusty old copy of Listen To My Dream and asked, "What's this little book about?"

"This book," she told him, as the old memory of the soldier's hurting eyes replayed in her mind, "is about a man that made your life a whole lot better." The child's amused dark face looked like he thought the old lady had lost her mind, but he didn't know he had rekindled a long dormant flame.

This time, the correct protocol was followed. On October 27, 2009, the King Foundation graciously gave its formal approval via a licensing agreement.

The rest is history.

Listen To My Dream by Debi Pearl will release December 15, 2009, released by Pearl Books, LLC.
<http://www.listentomydreambook.com/>

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Newly Launched Website Breaks The Mold By Using Irreverent Humor to Teach Constitutional Rights

Freedom of Hair and The Choice of Original or Extra Crispy are guaranteed under the Ninth Amendment. The right to “handle snakes, speak in tongues or cut off the tip of your thing” is protected by the Freedom of Religion.

(PRWEB) November 19, 2009 — [Our Constitutional Rights](#) is a new website that couldn't be more different from educational materials found in most high school and college classrooms. It uses a mash-up of movie and TV clips, grabs from YouTube and blogs, news footage and music videos — tightly woven with laugh-out-loud text and edgy visuals.

“There are textbooks that do a superb job of teaching civil liberties. Our Constitutional Rights complements those formal lesson plans.” says Pat Shiplett, editor. “The Constitution contains the most powerful ideas ever put on paper. Humor helps bring them to life.”

Parents and teachers who encourage students to think outside the box will appreciate that Our Constitutional Rights blows the dust off our civil liberties and shows how they shape our daily lives.

Like the Constitution itself, the site deals with mature themes — from religion to the death penalty to the bedroom. It's written for mature teens and older.

For all its humor, ourconstitutionalrights.com happens to be a smart, well-organized reference tool that anyone researching a classroom assignment, facing a citizenship exam or just exploring our freedoms will appreciate. It moves from the Bill of Rights through the Civil War amendments to voting and reproductive rights. Visitors are directed to full constitution texts, landmark court decisions, a mouse-over glossary and helpful links.

With the [Intercollegiate Studies Institute](#) reporting that fewer than half of all Americans can name the three branches of government, Our Constitutional Rights may be a fresh approach whose time has come.

About Our Constitutional Rights

[Our Constitutional Rights](#) (url:ourconstitutionalrights.com) is an educational, non-commercial public-service website (Fair Use copyright limitations apply). It is published by volunteers to build awareness of our inalienable rights and to help secure their blessings for generations to come.

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From Healthcare to Immigration Reform How Can Government Get Big Things Done, Asks New Book

Authors William D. Eggers and John O’Leary examined 75 major government initiatives since World War II in order to answer a key question: Why do some end in triumph while others end in disaster?

(PRWEB) November 20, 2009 -- As American government attempts massive undertakings today in healthcare, immigration reform, and the economy, how can we be sure these bold plans will be followed through with effective execution? Will these initiatives become our nation’s newest proud achievements, joining the Marshall Plan, victory in World War II, and the moon landing? Or will they flop as badly as the Iraq war and the response to Hurricane Katrina?

To evaluate the latest policies from Washington, we need to better understand what has or hasn't worked in the past and why. In *IF WE CAN PUT A MAN ON THE MOON: Getting Big Things Done in Government* (Harvard Business Press; November 19; \$24.95) authors William D. Eggers and John O’Leary examined 75 major government initiatives since World War II in order to answer a key question: Why do some end in triumph while others end in disaster?

In a book that bestselling authors Chip and Dan Heath say reads like a "Government Policy Thriller", the authors recount surprisingly entertaining stories of public policy initiatives that succeeded beyond all imagination, including the Marshall Plan, the 1996 welfare reform and London’s traffic de-congestion program. They also find lessons in failures, including Boston’s Big Dig and the Challenger disaster.

What these wildly different endeavors have in common is that they faced the same hidden snares that make the journey to success so perilous. These “seven deadly traps,” ranging from the Tolstoy Syndrome (seeing only the possibilities you want to see) to the Silo Trap (fumbling

handoffs throughout the execution of a project) can bedevil any significant change in the public sector.

IF WE CAN PUT A MAN ON THE MOON shows how government really works with an optimistic and non-partisan look at the kinds of large government endeavors that have shaped our history and that are unfolding in the news right now.

Ultimately, however, the authors show us that “good ideas” are just the beginning of a successful initiative. With proper design, commitment, implementation and re-evaluation, our leaders can once again accomplish big things.

In an era of bitter partisan bickering, *IF WE CAN PUT A MAN ON THE MOON* introduces constructive insights that will enhance our understanding of the potential risks and benefits of the big initiatives that are being debated today at the White House, in Congress and even by state and local leaders.

This is a book that can inspire all citizens—Democrats and Republicans, liberals and conservatives—to renew hope in what our nation can accomplish.



ABOUT THE AUTHORS:

William D. Eggers is the Global Director for Deloitte's public sector industry research program. A recognized expert on government reform, he is the author of numerous award-winning books. He has advised governments around the world and has written for the New York Times and The Wall Street Journal. John O'Leary is a Research Fellow at the Ash Institute for Democratic Governance and Innovation at Harvard Kennedy School and has held several senior positions in Massachusetts state government.

ABOUT THE BOOK:

IF WE CAN PUT A MAN ON THE MOON

Getting Big Things Done in Government

Harvard Business Press

Publication Date: November 19; \$24.95; 256 pages; ISBN: 978-1-422-16636-9

Advance Praise for

IF WE CAN PUT A MAN ON THE MOON

"Eggers and O'Leary may have created a new genre -- the Government Policy Thriller. We couldn't get enough of the stories -- good policies gone bad, great ideas that flew off the rails, and, occasionally, the stunning triumph that gives us hope that we can get to the moon again."

—Chip and Dan Heath, bestselling co-authors of *Made to Stick*

"Innovation, transformation and change can happen in government but success doesn't always come easily. John O'Leary and Bill Eggers smartly uncover some of the common pitfalls and how to avoid them. It's an indispensable guide to anyone interested in government that works."

—Governor Mitt Romney

"If We Can Put a Man on the Moon is essential reading, and it deftly illustrates that competence and accountability in government is critical for success". —Senator Tom Daschle

"If We Can Put A Man On The Moon is the rare book that made me both shake my head in disbelief and nod my head with possibility. Eggers and O'Leary offer a trenchant analysis of how good government intentions can go awry. But they also show how sharper thinking and keener attention to design can help governments at all levels serve citizens better. Pick up two copies -- one to read yourself, the other to send to your favorite elected official."

—Daniel H. Pink, bestselling author of *A Whole New Mind*

"In my line of work, success requires that the risk of failure be taken seriously. This important book shows how government can accomplish its biggest challenges, like putting a man--or a woman--on the moon."

—Dr. Sally Ride, Professor at the University of California-San Diego, and the first woman astronaut in space.



“At a time when diatribe often substitutes for thinking, Eggers and O’Leary have written a thoughtful analysis of the hidden forces at play in the public sector. This book will change the way you look at government.”

—Governor Tom Ridge

“After serving as a mayor, a Congressman for twenty years and as a Secretary of two Cabinet-level departments in two Administrations from different political parties, I can attest that the challenges of executing successful government programs exist at all levels of government, in all parties, and in all locations. Eggers and O’Leary present exactly the most common traps that lead to a failure of execution, but more importantly they present ways to help avoid those traps. Their ideas should be presented to all government employees.”

—Former Secretary of Transportation Norm Mineta

“This engagingly-written book tells the story of numerous, notable public policy successes and failures as it draws out some important lessons about how to make government at all levels work better. Filled with interesting facts and important insights, Eggers and O’Leary’s book has lessons for both public and private sector leaders who want to get more accomplished.”

—Jeffrey Pfeffer, Professor, Stanford Business School and author of *What Were They Thinking? Unconventional Wisdom About Management*.

"This is an excellent book on a pressing topic. The stories are terrific -- I had either forgotten them or never knew the story behind the story. This is not only solid analysis, but superb reporting. If you care about how we are governing ourselves, read this book."

—Peter A. Harkness, Founder and Publisher Emeritus, *Governing Magazine*

"A clear-eyed look at how to get the best out of our public institutions. Instead of easy answers, the authors offer practical suggestions for successful execution in a very challenging and complex environment. A must read for political leaders."

—Senator Kay Bailey Hutchinson

“IF WE CAN PUT A MAN ON THE MOON is the classic affirmation that good ideas are not enough. The post 9/11 security environment has challenged government in ways unseen since WWII. This book offers enormous insight into answering those extraordinarily difficult “HOW” questions. Avoiding O’Leary and Eggers’ “traps” will make for more efficient and more effective decisions.”

—Admiral James M. Loy, Former Coast Guard Commandant and former Deputy Secretary of DHS

“As we sort out the cross-pressures in 21st century government, this book is a useful and lively guide to how to make things work. Driven by practical cases and pragmatic lessons, it's an invaluable roadmap to the government of the future.”

—Donald F. Kettl, Dean, School of Public Policy, University of Maryland

“Just as Osborne's "Reinventing Government" sparked public sector innovation in the 1990s, so this ground-breaking new analytical framework can and should spark fresh approaches to the most challenging problems of our times. Eggers and O’Leary remind us that while people are often blamed for government failures, bureaucratic systems are really at fault, and they offer a carefully researched methodology for avoiding the



mistakes that too often
plague public sector initiatives.”
—Tim Clark, editor, Government Executive magazine

“The most important book on government since James Q. Wilson’s *Bureaucracy*, published
more than two decades ago.”
—Dr. Wade Horn, former Assistant Secretary of the U.S. Department of Health and Human Services

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OPERATION Hug-A-Hero® Launches Holiday Hugs Drive

OPERATION Hug-A-Hero kicks off its inaugural "Holiday Hugs for Our Littlest Heroes" Drive to provide Hug-A-Hero dolls to the children of military, law enforcement and first responder families this holiday season.

Jacksonville, NC (PRWEB) November 20, 2009 -- [OPERATION Hug-A-Hero](#), a 501(c)(3) organization serving the children of military, law enforcement and first responder families, kicks off its inaugural "Holiday Hugs for Our Littlest Heroes" drive this week with the goal of providing 2,500 children with Hug-A-Hero dolls this holiday season.

OPERATION Hug-A-Hero Executive Director, Lisa Berg, reports a tremendous increase in the applications for the Hug-A-Hero doll program in the weeks leading up to and just after the holiday season. This is due in part, Berg suggests, to the fact that the holidays are very hard for the littlest heroes when they are separated from a parent or other loved one in their lives, or, in the worst case, if they have lost a parent serving in the line of duty. "The separation anxiety is often heightened during the holidays, a time that is already particularly stressful for the family back on the homefront or that is grieving a loss. In addition, the number of units and individuals across our armed forces scheduled to deploy in the January-February timeframe is high," stated Berg.

A recent application for the OPERATION Hug-A-Hero program from a service member in the United States Air Force readying for deployment puts the need into perspective. The application stated, "I will be leaving behind my fiancée and daughter to go to South Korea for a year. It will be extremely hard for me considering I have only spent a few days apart since she has been born. I am hoping this (Hug-A-Hero doll) will help her remember me while I am gone," shared Berg.

OPERATION Hug-A-Hero is inviting retailers, businesses, schools, churches and other interested organizations to adorn a holiday tree with OPERATION Hug-A-Hero Holiday Hug ornaments. Each ornament (a \$25 donation) represents a Hug-A-Hero doll to be gifted to an eligible child. Donors can write a personal message to the child recipient on the back of the ornament which will be lovingly included in the package that OPERATION Hug-A-Hero will send to the child. The Holiday Hugs Drive is made simple for the sponsoring organization as OPERATION Hug-A-Hero sends all of the materials - the sponsors simply provide the tree or other display for the ornaments.

Individuals who want to participate in the Holiday Hugs Drive may do so on the [OPERATION Hug-A-Hero website](#). The website will also offer donors the same opportunity to craft a personal message to the child recipient.

"We are thrilled at the early response from organizations and businesses all over the country who are becoming [Holiday Hugs supporters](#)," shared Stephanie Crabb, Director of Development for OHAH. "Our goal is to have 50 participants in the Holiday Hugs Drive this year, and for each of those sites to display a minimum of 50 Holiday Hug ornaments. If we achieve this goal we will be able to include 2,500 more children in our program."



The Holiday Hugs for Our Littlest Heroes Drive will continue through January 31, 2010.

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News Image



OPERATION
HUG-A-HERO™

Clunkers Park on the Art Scene

Tile Artist Julia Licht-Furnari Captures the American Dream on Wheels

(PRWEB) November 19, 2009 -- Who doesn't remember his or her first car? Yet now that shining dream of youth has yielded to the passage of time and become . . . a "Clunker". Julia Licht-Furnari, The New York Times and New Yorker featured artist noted for her lively portrayals of everyday life, has decided to immortalize these icons in permanent tile art.

Her colorful portrayals, however, are not the sleek automobiles featured in Vanity Fair ads, but rather the used and abused cars of hard-driven streets, now arthritic and often abandoned. Julia paints them with all their bumps and fissures, spending their retirement years unattended on lonely lots, perhaps remembering the lost love of their first owners.

The unique medium of tile art allows Julia Licht-Furnari to use the thousand-year-old technique of painting with colored glazes, which fuse with the 6x6 inch ceramic supports when fired in a kiln. She is thus using the most durable of all painting media to permanently capture the brief life of today's nostalgic clunkers. The artist is aiming for one hundred clunkers on tiles.

Julia's earlier tile portraits of motorcycles, mopeds and even tricycles are already enjoying a spell-bound audience. Her unique tile art has been selected, for example, by Gianfranco Mastrangelo of Manhattan restaurant fame for his new Quattro Gatti restaurant in Austin Texas.

Critics have characterized Julia Licht-Furnari as a natural observer of people and the gestures and objects that reveal them: a profound and witty interpreter of human character. "I'll see a great face, and I'll have to go home and draw it," she says of her water color and india ink works. "I look for people who looked like they've lived a thousand lives." Julia's art combines elements of social satire with humor, wit and more than a little bit of love, comments one reviewer.

Julia Licht-Furnari is a graduate in printmaking, painting and drawing from the Academy of Fine Arts in Philadelphia. "A lot of my influence was from the French illustrators at the turn of the century," says the forty-year-old illustrator. She was born in New York City, grew up in St. James, NY and lives with her husband Sergio Furnari (also an artist) and their daughters Jade, Azzurra and Ivory.

Her work is available in selected galleries, through art consultants and designers, and on her website www.tileartjulia.com.

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New Day-Timer Calendar/Productivity iPhone® Apps: Movers & Shakers and Pink Ribbon Planner

Day-Timer, Inc., the most recognized name in personal productivity and organization, today introduced two mobile calendar/productivity apps for use on the Apple iPhone® and Apple iPod® Touch: Movers & Shakers and Pink Ribbon Planner.

East Texas, PA (PRWEB) November 19, 2009 -- [Day-Timer, Inc.](#), the most recognized name in personal productivity and organization, today introduced two mobile calendar/productivity apps for use on the Apple iPhone® and Apple iPod® Touch: [Movers & Shakers](#) and [Pink Ribbon Planner](#).

These stand-alone organization apps combine the most reliable components of calendar/time/task management with colorful, inventive electronic interfaces that help the user manage their time and tasks on a daily and monthly basis. Day-Timer's Movers & Shakers and Pink Ribbon Planner apps are available for an introductory download price of \$2.99 until December 12 from Apple's iTunes store.

For more information, visit the Day-Timer website: Daytimer.com/iPhoneApps.

Both of these unique productivity tools offers intuitive, easy-to-use features and functions. Taking full advantage of the iPhone's unique tactile features, they put a fresh spin on time and task management with features such as:

- Five color-coded Customizable Tags to categorize calendars and task lists. The user may view all entries at once or filter by category.
- An integrated Task List on both Month and Day views that displays appointments and tasks side by side.
- Color-coded Appointments by category; blocked out as "busy" times
- Customizable "Out-of-App" Reminder Alerts for appointments and tasks
- Tasks and appointments can be e-mailed directly to contacts stored in the phone
- Customizable Settings: Daily start time and 12 or 24 hour clock
- A simple, Shake-toggle Interface between Month and Day views
- Task-Counter Icon that displays the number of tasks due today on the main app screen

Both of these innovative calendaring/task management apps are aimed at a wide range of consumers who are attracted to the iPhone's user experience and innate capabilities.

"Movers & Shakers" has a colorful graphics treatment that appeals to both men and women. The "Pink Ribbon Planner" app appeals largely to female consumers with a strong social conscience. Day-Timer honors the quest for breast cancer awareness and research by donating 5% of the purchase price of Pink Ribbon Planner to The Breast Cancer Research Foundation®.

Building on the strength of the well-known Day-Timer brand, General Manager Martha Curren states, "Responding to today's mobile consumer, our task management/ appointment scheduling apps help them manage their busy lives on the go. Both apps incorporate eye-catching colors and graphics, easy-to-use scroll and data entry capabilities, and intuitive and user-friendly system features. "



"We believe that the apps we have developed for the iPhone® and iPod® Touch platforms will appeal to today's tech-savvy consumer who has whole-heartedly embraced today's mobile, electronics-based life and workstyles. And anyone can use them: small business owners, families, young professionals, or anyone who juggles multiple tasks on a daily basis. "

Day-Timer's Movers & Shakers and Pink Ribbon Planner apps are available for an introductory download price of \$2.99 until December 12 from Apple's iTunes store. For more information, visit the Day-Timer website: Daytimer.com/iPhoneApps.

About Day-Timer:

Day-Timer is the most recognized name in personal productivity and organization. Incorporating proven time management principles, Day-Timer helps individuals achieve their personal and professional goals, prioritize and manage their limited time to balance their work/life commitments, and embrace the philosophies of efficiency and productivity.

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Diseased Gums Dramatically Raise Your Cancer and Health Risks

New information shows that gum disease is clearly related to cancer and heart disease according to reliable research and that gum disease represents a public health concern. Gum disease is also related to many other diseases including stroke, kidney cancer, pancreatic cancer and blood cell cancers, and that the public needs to know that having their gums in good health is very important to a body free of serious disease.

Encino, CA (PRWEB) November 19, 2009 -- Evidence is now clear that gum disease should be added to the list of factors that increase your risk of cancer and heart disease. Dental patients with moderate forms of gum disease have an overall 14% increased risk of developing cancer according to a recent British-American report. "People who have been avoiding going to the dentist may want to give their avoidance a second thought," stated Dr. Allan Melnick on his web site www.FocusedCareDental.com.

It comes as no surprise that most people do not like going to the dentist. At best, most people just tolerate the experience. In fact only about 40% of Americans see their dentist each year. That leaves 60% that only see the dentist for pain or some other pressing problem. It must come as troubling news to those many people that are avoiding their dental visits that they are increasing their risk not only of cancer, but also of many other serious health problems.

According to a recent research report in the highly respected journal Lancet Oncology, cancer risk increases when gum disease is present. In addition, when gums disease is present, the risk of heart disease, lung disease, diabetes, liver disease, blood diseases and brain diseases are also increased. With the latest findings there is enough evidence now to add the risk of cancer to the long list of gum disease related illnesses.

The medical profession believed for hundreds of years that teeth were the cause of many diseases. It was felt that the infected teeth and gums released poisons into the blood. It was common to extract all of a person's teeth to rid the body of the source of these poisons. Modern medicine rejected this theory well over one hundred years ago and then began to believe there was no connection present. It was thought the old ideas were simply unscientific superstitious beliefs.

Today there are many new studies on the connection between gum diseases and other health problems. With this greater knowledge there is now a new view by the medical profession on the relationship of gum disease to other diseases. Concern is growing about these problems and leading health care providers now often make their patients aware of the risks involved in neglecting their mouths. Checking for gum disease is now a regular part of an examination in both medical and dental offices.

Researchers found that if you have gum disease, the normal act of brushing your teeth or chewing allows bacteria to enter your blood stream. The blood stream then carries throughout the body the oral bacteria and toxins associated with them. These infectious and damaging agents can trigger the immune system which in turn produces chemicals called cytokines. The liver then produces chemicals called C-reactive proteins (CRP) and finally fibrinogen is released. Oral infections, especially gum infections, can be the cause of these increased levels of infection markers.

The initial studies of the effects of gum disease on the body were related to heart disease. With gum disease present the oral bacteria can attach themselves to the plaque and fatty acids that line the coronary arteries and then increase the build up in these arteries which are critical to heart function. They can also cause blood clots to form in the coronary arteries. This has been shown in several studies and is no longer considered just speculation.

A large study found that heart disease increased by 18% when gum disease was present. Several follow up studies came to the same conclusion and the relationship is now accepted by almost all medical professionals. C-reactive protein is a very good indicator of the chance of a heart attack occurring and is now a standard medical test. Elevated levels are a serious concern.

Research has also been done on the factors related to pancreatic cancer. Pancreatic cancer is the fourth leading cause of cancer deaths in the U.S. One long established risk factor for pancreatic cancer is smoking. Researchers from Harvard School of Public Health and the Dana-Farber Cancer institute found gum disease was also associated with an increased risk. They published an article in The Journal of the National Cancer Institute in January 2007. The study found that after adjusting for all factors, men with advanced gum disease had a 33% greater chance of developing pancreatic cancer. Dr. Dominique Michaud and Dr. Charles Fuchs are the key authors of the study and they did point out that further work is needed to better understand and confirm the data.

English and American researchers have found in their study that gum disease is linked not only to pancreatic cancer but to a higher chance of lung, kidney and blood cancers in both smokers and non-smokers. A team at Imperial College London and Harvard studied the statistical health records of 50,000 men. The data was collected over 21 years. In their group of U.S. men, even in those who have never smoked the presence of gum disease meant a higher risk of cancer.

Those with a history of gum disease had a 14% higher chance overall of cancer compared with those with no history of gum disease. There was a 33% increase in the risk of lung cancer. There was a 50% rise in the chance of kidney cancer and a 38% rise in pancreatic cancer. Blood cancers such as leukemia rose by 30% among men with gum disease. In another study it was found that for each millimeter of bone loss in chronic periodontitis, a form of gum disease, there was a four times increase in head and neck cancer.

The search for a precise connection goes on but it is thought that long lasting gum disease can trigger a substantial reduction in the immune response and cause damage to the immune system. This in turn makes it easier for the cancer to grow. It is also possible that the bacteria from the gum disease could be directly causing the cancer themselves. It is known that people with gum disease not only have higher levels of oral bacteria but higher levels of nitrosamines which are a known carcinogen.

It was always noted by the researchers that further studies are needed to confirm the newest statistical data. There are some noted researchers such as Dr. Phillip Preshaw of Newcastle University that felt the findings are not yet conclusive and that more data is needed. Prominent British researcher Dr. Sir Muir Gray stated that "correlation does not equal causation," He noted that he is not convinced yet. Encino Dentist Dr. Allan Melnick, a well-known author, researcher and clinician said in a recent interview on the subject "I tell my patients the facts as best I know them, but in the end it is up to them, but I do worry when I look at the data. I have a wealth of



information on my blog at www.FocusedCareDental.com/blog. I only wish people would read it. In particular, the parts on gum disease and oral cancer could save their lives.”

So while the data is not proof positive a red warning flag has been raised. Although few people like going to the dentist, it appears that having regular dental care is more important than ever.

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You can read the online version of this press release [here](#).



AudioforBooks.com Offers Free Audio Books

AudioForBooks.com is pleased to announce that subscribers to the site's newsletter will now have access to an impressive selection of audio books that is available free of charge. Those who sign up to receive a complimentary newsletter via email that contains news and information about the audio book industry, will now have access to many free titles that are available for instant download.

Cardiff, Australia (PRWEB) November 19, 2009 -- Members can choose from classic works such as Romeo and Juliet, Pilgrims Progress, and Beowulf. Jane Austen, Mark Twain, Sir Arthur Conan Doyle and Agatha Christie are just a few of the authors represented on the list of [free audio books](#).

Free selections for children are also available. American Indian Folklore and Fairy Tales is one title that will appeal to grade school students, while their younger siblings will enjoy The Real Mother Goose and The Wind in The Willows.

Members of a family can relive tales like Dorothy and the Wizard, and The Secret Garden together, for the benefit of all.

Science fiction fans will want to download The War of the Worlds or The Invisible Man by H.G. Wells.

Adventure lovers may want to hear Treasure Island, White Fang, or Heart of Darkness. Commuters or those who only want to listen for a few minutes at a time will appreciate a collection of short stories by O. Henry.

AudioForBooks.com is a website dedicated to providing the best possible listening experience for its members. Reviews of many titles are available on the website, as well as news and tips from the world of audio books. The site provides RSS feeds, author profiles and lists of best-selling titles.

There are several reasonably priced membership options available that will meet the needs of all. Pete Markovic, the website's founder, remains committed to his vision of providing the very best services to his customers.

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News Image





Sarasota Real Estate Sales Continue Strong Pace

Sarasota Association of Realtors MLS data released yesterday showed strong property sales for the month of October 2009.

(PRWEB) November 19, 2009 -- Sarasota Association of Realtors MLS data released yesterday showed strong property sales for the month of October 2009. The October sales provided good evidence that the [Sarasota real estate](#) market is recovering. Overall sales were nearly 36 percent higher than the same period last year. Total sales in October were 574, compared to 364 total sales in October 2008. Last month 419 single family homes and 155 condos sold.

Many economists and Realtors are anticipating a robust fall and winter season for residential real estate sales since the upward trend continued during Sarasota's traditionally slower market. The interest in Sarasota real estate could continue through its high season and into the first quarter of 2010 as the national economic recovery continues from a two-year recession. The \$8,000 tax credit for first-time homebuyers has helped fuel the market. Since the tax credit was extended, and changed to include many other "move-up" homebuyers on Nov. 6, it looks like the upward trend for Sarasota real estate sales could continue.

The median sale price for condominiums was up 35 percent from September reaching \$220,000, yet down 36 percent from a year ago. Continuing its downward trend, "the median sale price for single family homes is now at \$151,000, about 8 percent below last month's figure of \$165,000, and down 12 percent from October 2008." The biggest factor in overall price weakness continues to be the excessive number of [Sarasota foreclosures for sale](#) and bank-owned property sales.

Bill Geller, 2009 SAR President points out that "the federal action to extend and expand the homebuyer tax credit should be a tremendous boost to our industry and the national economy as a whole." "The Florida economy and the Sarasota area in particular depend to a large extent on the health of the real estate industry. The tax credit is just the kind of program we all need to relieve the market of the distressed properties that are keeping our median sale price artificially low. We can see the clear and dramatic differential between the median sale price of bank-owned properties and short sales versus the median sale price of normal arm's length sales. Once these foreclosed and distressed properties are bought up, we should see a return to a healthy, vibrant local market, with normal home price appreciation."

For 8 out of 10 months in 2009, pending sales have exceeded the 800 level after lingering in the 400 to 500 per month range for months in the last two years. The pending sales statistic indicates the next two or three months of sales, when many of these properties under contract will become closed sales. "Pending sales, which hit 839 after dropping to 799 last month, are sales where an offer has been accepted during the month, but the sale has not yet closed." Pending sales are an indicator of current buyer activity even though some sales never close.



Most market statistics point to a market in the beginning stages of recovery. Inventory levels of properties on the market continued to decline. Properties are now at the lowest point since the end of the boom pointing to a market recovering. There are a total of 3,895 [homes for sale in Sarasota](#) and the Sarasota MLS reports 2,331 active condo listings. These are the lowest inventory figures since the boom first started prior to 2005.

For those of us who live, work and play in [Sarasota Florida](#), this is great news. This coastal city offers its residents a superior climate, outstanding cultural venues and fabulous beaches.

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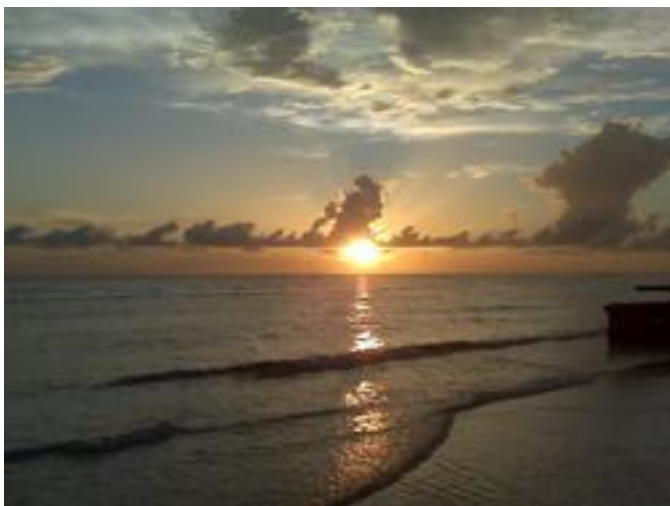
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News Image



SchulteAuctions.com Features The Vincent Greco Collection

Great Sports and Entertainment Memorabilia live on SchulteSports.com. [Preview](#), [Register](#) and [Start Bidding Today](#)

Woodstock, MD (PRWEB) November 19, 2009 -- [Schulte Auctions](#) today announced that their current on-line sports & entertainment memorabilia auction features The Vincent Greco Collection game-used fielder's gloves and multi signed baseballs from the 60's, 70's and 80's.

"This is one of the finest and most significant game-used finds that I have ever witnessed," said Dennis Esken, world renown game-used fielder's glove expert. "Not only were there thirty-five (35) game-used fielder's gloves but they are still in the condition from when the players used them, a collector's dream."

Vincent Greco, born and raised in Baltimore during the early thirties was a pioneer in the game of baseball. Already a professional photographer during his early forties Vince was approached by Orioles management Lee McPhail and Joe Hamper in the late fifties, to see if they could use film to evaluate the players performance during workouts and actual games. Vince agreed but was not compensated, except that in exchange for his 35-millimeter reel he received Orioles game tickets.

Vince was the first photographer, to take a position in the stands, with his Bell and Howell Super 8 camera to shoot the players. His commitment and passion paid dividends for the team and especially for the coaches and individual players who could now witness their mechanics on film for the first time. Greco never was compensated by the Orioles but eventually started trading his film and equipment with the team for multi-signed baseballs he would receive during Spring Training and the end of the season.

He had a very close relationship with all the Orioles players spanning the 60's, 70's and 80's. Many players use to come over Vince's home for outdoor barbeques. During the mid-60's, Super 8 home movies became very popular and Vince use to provide the players and coaches with great pricing on camera equipment and they would reciprocate by giving him game used equipment such as fielders gloves, bats and quite a number of team signed baseballs from various years. Vince expanded his workload providing the Baltimore Colts, Baltimore Bullets and John Hopkins lacrosse with his film expertise.

"My father was a real visionary, not only concerning the videography but he kept everything (memorabilia) and told us the items he was accumulating would be valuable one day," said Chele Greco-Nutter, Vince's daughter.

When Vince passed away the family needed to inventory all the items dating back to the 60's and then get them authenticated. Dennis Esken, a world renowned game-used equipment authenticator, who resides in Pittsburgh, Pennsylvania, was then contacted. At the time, there were thirty-five (35) games used gloves from players such as Brooks Robinson, Davey Johnson, Mark Belanger, Paul Blair, Jim Palmer, Boog Powell, Doug DeCinces, Al Bumbry, to name a few. Many of the thirty-five (35) have already been auctioned including a few of the above mentioned.

Today, the remaining Vincent Greco Collection memorabilia items have found a home with



SchulteAuctions.com. Currently posted on the on-line auction platform are game used gloves from Eddie Murray (circa 1977-79), Jim Palmer (Spalding Model 4220), Mike Cuellar (circa 1969-71), Tippy Martinez (circa 1978-79), Dave McNally (circa 1965-68), Paul Blair (Wilson Model A 2000-1465) and Mike Flanagan (circa 1980), to name a few. The auction also features many multi-signed team baseballs from the Greco Collection including past Orioles teams dating back to the 60's and 70's.

Schulte Auctions provides a letter of authenticity for each game-used glove auctioned signed by Dennis Esken and Chele Greco-Nutter. Each multi-signed team baseball from the Greco Collection has been authenticated by renowned autograph authenticator and comes with a letter of authentication from James Spence Authentication.

Today every professional team has extensive video equipment - coaches and players live by the film. Vince was truly a baseball visionary and pioneer. Even though he recently passed away, his legacy will live on through The Vincent Greco Collection.

Visit www.SchulteAuctions.com to register, preview and start bidding on some great Orioles historic game-used memorabilia! Bidding ends Monday, November 30th at 9:15 pm EST. Check out SchulteAuctions.com on Facebook.

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EB-5 Green Card Applicants Provide Economic Stimulus for the United States

These investments may help Americans find jobs say EB-5 visa experts at Which EB5.

Boca Raton, FL., (PRWeb) November 18 2009 --Potential immigrants seeking a way to gain fast, legal entry to the United States are likely to discover the recent extension of the EB-5 Green Card program is good news for them. It is also encouraging for the American economy.

“The EB-5 Visa program provides a way for immigrants to gain the legal standing they desire while helping with American job creation,” said Andrew Bartlett, joint managing partner of Which EB5 <http://www.whicheb5.com>. Bartlett’s organization researches regional centers and provides potential immigrant investors with information and education. “In this current economic climate, the EB-5 program is especially beneficial for the United States. It gives the country a way to gain stable, productive residents while enabling an infusion of investment dollars in areas that need the most assistance.”

President Barack Obama recently signed a bill extending the EB-5 program for another three years. Through this program, immigrant investors can gain green cards for themselves and immediate family in exchange for a \$500,000 investment in American enterprise. Investments involve government-approved regional centers. These centers are found in areas with high unemployment and provide potential investors with a variety of options. For the probationary green cards to have their restrictions removed, investments and investors must meet the requirements of the EB-5 program.

“EB-5 investors do need to choose their regional centers and investment vehicles with care,” Bartlett warned. “Not only is research important to protect the initial investment, but also the viability of an immigrant’s Visa application.”

About Which EB5

The principals of Which EB5 are advocates of immigrant investors and have chosen to be independent by not representing any one regional center. They have worked with more than 900 families and more than 150 who have opted for a regional center program.

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Global TiO₂ Pigment Prices Set for Rally

TZMI's latest independent titanium dioxide pigment price forecast (PPF09-H2) suggests for a strong rally in prices over the next 3-5 years.

Perth, Western Australia (PRWEB) November 18, 2009 -- TZMI's latest independent titanium dioxide pigment price forecast (PPF09-H2) suggests for a strong rally in prices over the next 3-5 years. TZMI is forecasting global pigment prices to rise by 11% in nominal terms from present Q3 2009 levels by the end of 2011, with a further increase to around US\$2,550 per tonne (delivered basis) by 2014. While demand has been its weakest since the "first oil shock of 1973-75", pigment producers have been resilient to significant price erosion during the first half of 2009. This is because there is little room to move.

According to TZMI Snr Partner David McCoy, the TiO₂ pigment industry "has been in dire straits for a number of years, with industry margins below greenfields reinvestment levels since the mid 1990s and even below the cost of capital for brownfields investment for all but the lowest cost plants since 2001."

The global TiO₂ industry meets at TZMI's Asia In Focus Congress each year to discuss the state of the sector. This year the event was held in Singapore and over 200 delegates from more than 20 countries attended. "While the global financial crisis was at the front of everyone's minds" according to Philip Murphy, Managing Director of TZMI, "there appeared to be a strong theme of change emanating from the messages delivered by the chief executive officers through the industry."

The TiO₂ industry has tens of billions of dollars of capital invested in it, but returns throughout the sector have been diminishing as price increases have failed to keep ahead of cost inflation. According to Murphy, "titanium dioxide is one of the few industries the commodities boom forgot."

Since 2004, TZMI has produced an annual manufacturing cash cost analysis covering over 90% of the global TiO₂ industry. Over the last five years manufacturing cash costs have increased by 29%, while pigment prices have only added 14%. Capacity utilisation dropped to approximately 60% in early parts of 2009 as producers battled to maintain inventory levels at a time when cash management was essential. Global capacity utilisation has rebounded strong by Q3 2009 on the back of several facilities being idled or closed: Baltimore & Savannah in the US; Huelva in Spain; Grimsby in the UK; and a number of smaller Chinese producers. The outlook is for a very tight supply/ demand balance through the early parts of 2010 all the way through to 2012.

TZMI's Pigment Price Forecast is the only independently researched and published price forecast data on the titanium dioxide industry. Within the report regional supply/ demand is analysed in detail and price forecasts by region and by product quality are presented. With the pending Section 363 sale of the number three producer, US-based Tronox Inc in early December, TZMI's pigment price forecast provides invaluable independent information for the wider investment community.

"While there is no real global differentiation between chloride or sulfate-route product pricing trends, regionally pigment prices can vary widely depending on product quality and local market conditions" reiterated McCoy. "Within China and other parts of Asia there is certainly two tier pricing" he continued to say. According to the



report, supply from the Asia-Pacific region is expected to grow at a compound average growth rate (CAGR) of 8.8% in the period to 2014. China is expected to add nearly 600,000 tonnes per year of incremental supply over the next five years. TZMI forecasts a shift in the domestic market towards higher quality TiO₂, but the prevailing demand will be for a lower quality product that domestic producers can supply.

TZMI closely follows the global trade of TiO₂ as well as keeping abreast of regional and country specific dynamics through its active involvement in the industry, particularly in China.

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You can read the online version of this press release [here](#).



Native New Orleanian Mom Sells Pants to Donate Percentage for Katrina Victims

While taking a different route home to New Orleans, observing all of the destruction that is still so obvious from Katrina, her heart just sank for her home town. Wanting to do something to help, came up with the idea to open her own company and donate a percentage to the victims.

Memphis TN (PRWEB) November 18, 2009 -- Introducing Bright Products with yoga pants, having a New Orleans, Mardi Gras theme on them. Coming up with the idea on a trip home, she realized how in need New Orleans is still in since Katrina.

The yoga pants are very comfortable and stretches with your every move. They come in various sizes S - XL and can be found at www.brightproductsonline.com

After moving to Memphis TN, Sandy Bright took a different route home, going through New Orleans, instead of all interstate home and realizing just how much in ruins New Orleans still is. That's when Sandy knew she had to come up with some way to donate a percentage of the profits to help out!

Knowing that Sandy wanted to open up her own business, but didn't know where to start, this idea just gave her the inspiration and motivation she needed to make her feel good about what she is doing.

Not knowing where to start, she had quite a few inventions on the back burner but never could quite decide what to do. Finally, this seemed to be the perfect answer to helping others, especially in her own home town. Then, thinking about all the other charities that need help, she decided that for every invention, she would donate to whichever charities the invention represents.

If you would like more information about this top or schedule an interview with Sandy Bright, please call (901) 389-0529

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You can read the online version of this press release [here](#).



Merrimack College First to Match Scholarship Funds for Students of Massachusetts Fallen Soldiers

Merrimack College has committed to help make college possible for children of Massachusetts soldiers who were killed in Iraq and Afghanistan.

North Andover, MA (Vocus) November 16, 2009 -- [Merrimack College](#) has committed to help make college possible for children of Massachusetts soldiers who were killed in Iraq and Afghanistan.

The College has become the first higher education institution to match funds provided by the [Massachusetts Soldiers Legacy Fund](#), a non-profit organization which seeks to honor Massachusetts fallen Servicemen and Women by helping their children defray the costs of their college education.

MSLF provides \$10,000 per year (total of \$40,000 over four years) towards educational expenses for eligible students. With this partnership, Merrimack College will match the donation for eligible students who apply and are accepted to the College.

When Merrimack College opened its doors in September 1947, over 60% of students were WWII veterans utilizing the G.I. Bill - we are proud to continue our commitment to the families of U.S. soldiers by partnering with the Massachusetts Soldiers Legacy Fund," said Dr. Ronald Champagne, president of Merrimack College.

To date, over 80 soldiers, whose home of record at the Department of Defense was Massachusetts, have died in Iraq and Afghanistan. Of those, 30 were parents, and their over 60 collective children are eligible for educational assistance through MSLF.

Merrimack has a long history of assisting service members, and this recent commitment to the Fund only highlights that support," said Peter Trovato, founder of the Massachusetts Soldiers Legacy Fund. We are thankful to Merrimack for continuously placing importance on educational opportunity, and the children of those lost in war will directly benefit from that generosity."

Other Ways Merrimack Supports Soldiers

- [Yellow Ribbon Program](#): Qualified military veterans can receive reduced tuition at Merrimack College due to the Colleges participation in the Yellow Ribbon Program -- an educational access program for military veterans through the U.S. Dept. of Veteran Affairs;
- Merrimack also awards academic credit for military based training per American Council on Education (ACE) recommendations.

For more information on Merrimack Colleges contribution, contact Heather Notaro at (978) 837-5195 or email [heather.notaro\(at\)merrimack\(dot\)edu](mailto:heather.notaro@merrimack.edu). For more information on the Massachusetts Soldiers Legacy Fund, contact Peter Trovato at [ptrovato\(at\)summitpartners\(dot\)com](mailto:ptrovato@summitpartners.com).

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ADL Report: Rage Grows In America

Conspiracy Theories Fuel Anti-Government Fervor

New York, NY (Vocus) -- Rumors about gun confiscations. Angry protests about the government's tax policies, replete with Nazi comparisons. A resurgent militia movement. Rage at the election of a president deemed to be illegitimate and threatening. Distrust and anger toward the government fueled by paranoia and conspiracy theories.

They are among the crosscurrents of anger and hostility that have swept certain sectors of the country since President Barack Obama took office nearly a year ago. And they are contributing to "a toxic atmosphere of rage in America," according to the Anti-Defamation League (ADL), which today issued a report looking at the various sources that have given rise to a climate of anti-government fervor in the United States.

["Rage Grows in America: Anti-Government Conspiracies"](#) examines the groups and individuals behind this upsurge in anti-government anxiety, from the "birthers" who claim the president is not an actual citizen of the U.S., to militia groups fearful that the government plans to forcibly disarm American citizens, to those who suggest that the health-care reform movement is akin to the Nazi policies that led to the Holocaust.

"In the year since we marked the historic election of the nation's first African-American president we have seen a tremendous amount of anger and hostility," said Abraham H. Foxman, ADL National Director. "There is a toxic atmosphere of rage in America being witnessed at many levels, and it raises fundamental questions for our society.

"While not all of America has bought into these conspiracies, they seem to be seeping more and more into the mainstream," added Mr. Foxman. "And since many of these expressions are interconnected in some significant ways, we wanted to try and connect the dots and ask the basic questions of why the anger, why now, and where might it lead."

From the anti-government "Tea Parties," where protestors have made explicit Nazi comparisons or suggested that the president is subverting the Constitution, to anger-filled town hall meeting disruptions over health care, the wave of anti-government animus has manifested itself in many forms, according to ADL. It has played out across a spectrum of groups, from mainstream groups and politicians to more extreme organizations and individuals.

"The fact that these anti-government sentiments are coming from such a broad spectrum makes it more likely that some individuals will become so inflamed with anger that they will move farther toward the fringes," said Robert G. Sugarman, ADL National Chair. "This could result not only in the swelling of the ranks of anti-government extremist groups and movements, but might give rise to more individuals who are willing to act on their anger."

The ADL report looks at various sources of anti-government anger, including:

- **Conspiracy Theories:** One of the most disturbing trends in the rise of anti-government sentiment has been the resurrection and proliferation of conspiracy theories alleging dark, violent designs on the part of the federal government to “declare martial law” and end democratic government, to confiscate firearms from American citizens and to build hundreds of concentration camps to house “dissidents.” These theories have spread far and wide on social-networking sites.
- **The Resurgence of the Militia Movement:** The rise of anti-government sentiment has paralleled a resurgence of the militia movement, an anti-government extremist movement that has a long history of criminal activity and violence. Within the past two years, the movement has almost quadrupled in size, growing to more than 200 groups in the United States. It is the most receptive audience for the extreme anti-government conspiracy theories and their radicalizing potential.
- **Town Hall Meeting Disruptions:** In the summer of 2009 a variety of anti-government protests and disruptions occurred at town hall meetings organized by senators and representatives across the country to discuss health-care reform. These events became a fertile ground for anti-Obama protests and stunts, with some individuals angrily launching verbal attacks against the president and other office holders. Some protestors compared the administration and its proposed health care reform policies to those of Nazi Germany.
- **Government Resisters:** Since Obama’s election, an increasing number of people have urged that he and his administration must “be resisted.” Some groups have implicitly or explicitly urged armed resistance. Many of these groups have appropriated an idealized version of Revolutionary War history for their own purposes. ADL’s report looks at the activities of several resistor groups, including The Oath Keepers and The Three Percenters.
- **The Tea Parties:** At these events and later sequels organized by conservative groups and grassroots activists, anti-government sentiments and conspiracy theories proliferated, with a common theme being that Obama had “stolen” the country from Americans.
- **Media Influence:** Some segments of the mainstream media have played a surprisingly active role in generating anti-government sentiment. Though a number of media figures and commentators have taken part, the media personality who has played the most active role has been radio and television host Glenn Beck, who along with many of his guests have made a habit of demonizing the Obama administration and promoting conspiracy theories about it.

EDITORS NOTE: Experts are available to discuss the findings of the report, *Rage Grows in America: Anti-Government Conspiracies*. For more information or to arrange an interview, contact ADL Media Relations at (212) 885-7749

The [Anti-Defamation League](#), founded in 1913, is the world’s leading organization fighting anti-Semitism through programs and services that counteract hatred, prejudice and bigotry.

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Adams Law for Men Sets Precedent as the First Fort Lauderdale Divorce Attorney and Family Law Firm Dedicated to Men's Rights

Fort Lauderdale Divorce Attorney, Gerald Adams, stands out as the founder of one of the only Fort Lauderdale family law firms to specialize in protecting men's rights.

(PRWEB) November 17, 2009 -- Gerald Adams and Associates is the first [Fort Lauderdale family law](#) firm dedicated to fighting for Men's Rights in the civil court room. This firm provides all services related to family law including divorce, parenting plans and time-sharing (custody rights), spousal support, asset distribution, paternity, child support, domestic violence and even post- trial- litigation.

Gerald Adams and Associates is determined to break through the politically correct barriers where society and prehistoric family courts have stereotypically favored mothers and wives in domestic violence and family law proceedings. The firm's business manager, Ila Bennett explained, "Most clients don't even know to look for a men's rights attorney in South Florida, they simply search for a [Fort Lauderdale Divorce Attorney](#) for men or family law firm in Fort Lauderdale. Taboo social issues such as spousal support for the stay- at - home dad and cases where the husband has been emotionally and even physically abused, is society's dirty little secret."

Gerald Adams utilizes his website, <http://www.AdamsLaw4Men.com> as a vehicle to educate the public about relevant social issues and recent law changes impacting husband's and father's rights in the state of Florida. AdamsLaw4Men.com offers potential clients a discreet place to research and inquire about how a person can improve their personal legal situation. Ila Bennett commented, "One interesting trend that we have noticed is that the preliminary contact made with our law firm is often initiated by a woman on behalf of her current husband, boyfriend or male friend whom she feels is being exploited."

The law firm's founder and Men's Rights advocate, Gerald Adams, responded, "Most men don't realize they can step forward and renegotiate the terms of their parenting plan, holiday visitation rights, or child support and alimony payments after the original court order has been established. If you feel that your current situation is unfair or that you may be heading toward divorce or paternity proceedings, you should not hesitate to educate yourself and be proactive in establishing and defending your rights by contacting a family law attorney. Advance preparation is imperative for obtaining the best results in family law proceedings. Don't get caught back on your heels."

As a divorcee himself, Gerald Adams utilizes his vast knowledge of men's rights and family law, as well as his own personal experiences, to advise his clients. Gerald divorced with two small children in the 1970's and moved to Washington State to be closer to his ex-wife, her husband and their two children, where he obtained a law degree in Spokane, Washington, at Gonzaga Law School.

While Gerald initially began practicing general law, he noticed a trend of male clients who were denied their basic legal rights as parents, and soon after developed a passion advocating for a family's best interests, where both parents have the opportunity to play an integral role in their children's lives.

For more information about a Family Law Attorney in Broward County or [Men's Rights Attorney in Florida](#) call 954-353-5035 for your free phone consultation or visit <http://www.AdamsLaw4Men.com>



About Gerald Adams and Associates

Gerald Adams and Associates is a [Broward County Family Law](#) Firm that specializes in divorce, paternity, parenting plans and time-sharing (custody rights), child support, spousal support, distribution of marital property, domestic violence and post-judgment-litigation. The firm has offices throughout the state of Florida.

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Innovative Invitations with Maps for Holiday Party Invitations Personalized to Each Guest

Create personalized invitations with maps for each recipient for all holiday party invitations. Includes door to door driving directions for each person.

Simpsonville, SC (PRWEB) November 17, 2009 -- Individual [invitations with maps](#) is a new, product and service exclusively from Astonishingcards. This revolutionary program will draw a map from the front door of each and every recipient to the front door of the event. In addition, Astonishingcards provides turn by turn driving directions for each person on the invitation list and will help make the [holiday party invitations](#) unique and personalized to each guest.

These cards are ideal for [holiday party invitations](#), wedding invitations, bridal showers, rehearsal dinners, baby showers, anniversary parties, business moving announcements, grand opening announcements and invitations, company parties or even charity golf tournaments. The [invitations with maps](#) can be from the recipient's home to the hostess'es home, to a church, a restaurant, event center or even a golf course.

Personalized mapping is also ideal for moving announcements. Take a picture of a new home and put it on the front of the card and then order the personalized mapping option and Astonishingcards will create a door to door map for each family member and friends.

Individual Personalized Maps may be even more important for businesses. When a company opens a new store or moves to a new location, customers may have a difficult time finding the location, and that means lost business. Not any more. Send each customer or prospect a map directly from their front door to the front door of the new address. Include turn by turn directions from their front door (either their home or corporation) directly to the new location.

All cards automatically print in full color, but can also be printed in black and white. Choose to have no border, or match the invitations border to create a complimentary suite of invitation and other materials. Personalized maps are created on 5" x 7" flat cards and are printed in full color on both sides.

About Astonishingcards.com

Founded in 2003, [AstonishingCards.com](#) is one of the most highly integrated online create, print and mail websites for invitations with maps, graduation invitations, holiday party invitations, save the date cards, wedding invitations and holiday cards. Astonishingcards.com makes life easier by taking the stress out of sending invitations to large groups of friends, family or business associates.

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You can read the online version of this press release [here](#).



Smarter Security Systems Moves Up Among Austin's Fastest-Growing Companies

Fastlane® Optical Turnstiles, Anti-Tailgating Solution for Doors, and Outdoor Security Systems all Contribute to Higher Growth

Austin, TX (PRWEB) November 17, 2009 -- Smarter Security Systems, provider of intelligent entrance control and outdoor security solutions, was named by the Austin Business Journal as one of the fastest-growing private companies in central Texas. This is the second consecutive year the company has appeared in the "Fast 50." Based on revenue growth of 157%, Smarter Security ranked number 12 among companies with revenue greater than \$10 million.

"We are once again honored to be named among the top performing companies in the Austin area," said Jeff Brown, President of Smarter Security Systems. "Last year was a record year for the company as we received large orders from the federal government and commercial enterprises seeking to improve their lobby security. We are grateful for our customers who have made Fastlane the leading brand of optical turnstiles and are proud of our employees who work together to extend the company's success and make a difference for our customers."

Smarter Security Systems is headquartered in Austin, Texas and has sales offices in New York, Chicago, Los Angeles, and Houston. The company differentiates itself in its core market by combining elegant aesthetics and advanced technology to supply optical turnstiles appreciated by end users, architects, and consultants alike. As a result, Fastlane turnstiles protect some of the world's most prestigious and well-known buildings. Fastlane Door Detective™ is a unique anti-tailgating and direction control solution for securing the open door. Through its outdoor security division, the company provides intrusion detection systems and remote surveillance products that integrate seamlessly to help protect perimeters and outdoor assets. Smarter Security was first named among the Fast 50 in 2008 when it was number 13 among companies with less than \$10 million in revenue.

The Austin Business Journal announced Fast 50 winners at a cocktail reception and awards ceremony on November 12, 2009 at the Renaissance Austin Hotel. To be eligible, companies had to be headquartered in central Texas, privately held, and independent organizations. Additionally, revenue had to be at least \$500,000 in 2006. Rankings are based solely on revenue growth from 2006 to 2008 and information submitted by nominees is verified by an independent accounting firm. The complete listing of the Austin Business Journal Fast 50 with company profiles can be seen in a supplement included with the November 13, 2009 edition.

About Smarter Security Systems, Ltd.

Smarter Security Systems provides extremely intelligent entrance control and outdoor security products to help organizations protect their people and assets in a world of increasing threats. Since 1992, Smarter Security has offered Fastlane® turnstiles, the most elegant and intelligent optical turnstiles available, which protect thousands of commercial and governmental lobbies on 6 continents. Smarter Security's comprehensive line of outdoor security products consists of remote surveillance and perimeter protection solutions, including SmarterSentry, a complete mobile surveillance unit. For more information, please visit www.smartersecurity.com.



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You can read the online version of this press release [here](#).

Virtual Career Fair for Big East Students

Students and employers come together in a 3D virtual career fair.

Jamison, PA (PRWEB) November 16, 2009 -- Unicruit announces the first of what will be a series of virtual career fairs in coming months. The "Students of the Big East" virtual [career fair](#) will be held on February 25th and is open to students from the following schools:

University of Cincinnati, Providence College, University of Connecticut, Rutgers University, DePaul University, St. Johns University, Georgetown University, Seton Hall University, University of Louisville, University of South Florida, Marquette University, Syracuse University, University of Notre Dame, Villanova University, University of Pittsburgh, West Virginia University

The event will launch at 9:30am on February 25th, followed by 45 days of on-demand, online interactivity. students will have an opportunity to register for the event, view company videos, presentations, webcasts, chat live with company reps, video interview, and communicate in a virtual student lounge with peers and hiring managers from several of the largest employers in the world. The event will be limited to 20 companies and is already 75% full.

Kevin O'Brien Unicruit's CEO says: "We are very excited about the Students of the Big East event, and look forward to demonstrating just how interactive a Unicruit virtual fair can be to organizations looking to reduce carbon and cost sometimes associated with college recruiting".

With U.S. [unemployment](#) at 10.2% as of August 2009 according to the [Department of Labor](#), students are finding it tougher than at any other time in the last 7 decades to find suitable work post graduation. Many organizations have made the decision to cut back or eliminate their on campus recruiting efforts during these tough economic times. Unicruit's unique virtual fair technology allows them full interaction with students from several schools at one time, and with no need for travel or carbon emission.

Employers stand to gain a serious advantage from Unicruit's unique service. [Socially responsible](#) companies looking to cut recruiting costs and reduce their carbon footprint can interact with students without having to leave the office. Recruiters will have access to a larger base of students, since not all eligible candidates are able to attend onsite job fairs. Companies will be able to make better use of their time when on campus interviewing instead of screening applicants. their company's information and interactive elements will be available on Unicruit.com for 45 days after the live event takes place.

O'Brien states, "We are confident after demonstrating just how easy and user friendly the Unicruit application is that employers and Universities will view Unicruit as the go to source for all their virtual recruiting needs. If you are interested in participating in this event, or would like more information, please send an email to: [bigeastvirtualevent \(at\) unicruit.com](mailto:bigeastvirtualevent@unicruit.com)



Students can register for the event at <http://www.unicruit.com/student-form>.

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You can read the online version of this press release [here](#).



"Riding a Donkey Backwards through Afghanistan" is a Timely Book that Provides Essential Insight Into One of America's Hottest Debates

Is corruption a big issue in Afghanistan? Is the Afghanistan War still worth the effort? Award winning Army author Lieutenant Colonel (Ret) Mick Simonelli answers these questions and more in "Riding a Donkey Backwards through Afghanistan" where he presents a first-hand account of his experiences with corruption as the lead money man responsible for building the Afghanistan National Army.

(PRWEB) November 16, 2009 -- Written from the unique vantage point of the U.S. Embassy in Afghanistan, "Riding a Donkey Backwards through Afghanistan" reveals the true story of how billions of taxpayer dollars are funding the Afghanistan National Army. With so much of the United States' future in Afghanistan resting on the fledgling Afghanistan National Army, this account and its lessons are a must-read for those interested in the future of Afghanistan and the United States' role there.

While the President and his Ambassador clash with the senior U.S. military commander over Afghanistan corruption issues, Lieutenant Colonel (Ret) Mick Simonelli provides a timely and cogent opinion on Afghanistan corruption. In his just-released book, he illustrates that what Americans call corruption the Afghanistan people consider normal business practices.

In "Riding a Donkey Backwards through Afghanistan," Simonelli reveals how America is building the Afghanistan National Army, and describes the cultural underpinnings behind the scenes. Lieutenant Colonel Simonelli's unique perspective as the senior Afghanistan Army comptroller provides an essential view of the current national controversy centering around corruption and our role in Afghanistan.

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Online Web 2.0 Version

You can read the online version of this press release [here](#).



Aegis Bleu's Physical Security Assessment Tool Wins GSN Homeland Security Award

Aegis Bleu's Vulnerability Assessment Security Survey Tool (VASST) recognized as the leading physical security assessment tool on the market. VASST brings to market the first mobile self-assessment software tool that references both industry and government standards to deliver a cost effective and streamlined approach to physical security management.

(PRWEB) November 14, 2009 -- Aegis Bleu, LLC was presented with an award in the category Best Security Compliance, Auditing, Vulnerability Management Solution for Physical Security at the GSN: Government Security News Awards Ceremony held recently in New York City.

The 1st annual awards were handed out during the awards ceremony at the Roosevelt Hotel in Manhattan, where an overflow crowd celebrated the outstanding achievements of security vendors and government agencies at the federal, state and municipal levels.

"The competition was stiff, and our panel of independent judges had to make some very tough choices, but we think we've identified the 'best of the best' for 2009," said Jacob Goodwin, the editor-in-chief of GSN: Government Security News, who oversaw the evaluation process. He encouraged everyone in the ballroom to consider entering the 2nd annual competition in 2010.

"We are very pleased to be recognized as the leading [physical security assessment](#) tool on the market. We are proud to contribute our part to enhance the capabilities of police, corporate security, government, and emergency management departments to safeguard facilities, assets and human resources," said Daniel Young, President of Aegis Bleu.

Aegis Bleu's Vulnerability Assessment Security Survey Tool (VASST) brings to market the first mobile self-assessment software tool that references both industry and government standards to deliver a cost effective and streamlined approach to [physical security management](#). The vulnerability assessment and management tool significantly reduces the time it takes to conduct an assessment of a facility while improving the reporting and management capabilities across multiple facilities. VASST is well suited for a facility manager or security professional due to its step by step collection and reporting system that utilizes a PDA. To take an online tour of the software visit <http://www.aegisbleu.com/>

About Aegis Bleu, LLC

Aegis Bleu provides physical security management software products and physical security professional consulting services. Aegis Bleu, LLC was founded to address security and Emergency Preparedness Assessments for physical infrastructure, including threat, hazard, risk, safety, security, and vulnerability assessments.

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Online Web 2.0 Version

You can read the online version of this press release [here](#).

Winners Announced for Eighth Annual War Poetry Contest

Robert Hill Long of Eugene, Oregon is the winner of the eighth annual War Poetry Contest sponsored by Winning Writers. This contest seeks today's best poetry on the theme of war. Mr. Long's poems "Wolverine and White Crow", "Motivations", and "Insurrection and Resurrection" were judged the best of 664 entries from around the world. The winning entries are published at http://www.winningwriters.com/contests/war/2009/wa09_pastwinners.php

Northampton, MA (PRWEB) November 15, 2009 -- Winning Writers is pleased to announce the results from its eighth annual War Poetry Contest. Robert Hill Long of Eugene, Oregon won first prize and \$2,000 for his poems "Wolverine and White Crow", "Motivations", and "Insurrection and Resurrection". These quietly tragic poems tell the stories of veterans who are unable to reintegrate into the society for which they sacrificed their bodies and minds. Long astutely draws connections between war, racial inequality, and poverty.

664 entries of 1-3 poems each were received from around the world. They were judged by Jendi Reiter, award-winning author of *Swallow* (Amsterdam Press, 2009) and *A Talent for Sadness* (Turning Point Books, 2003), and Ellen LaFleche, an accomplished writer and editor whose honors include the Poets on Parnassus Prize for poetry about the medical experience and the Editor's Choice Award for poetry from Writecorner Press.

The judges said, "Because of Long's lyrical imagery, specific details of time and place, and moments of dark humor, his characters are universal without being generic. 'Wolverine and White Crow' is a dignified masterpiece that indicts war through its gritty exploration of disenfranchised men. In this poem, the bleak prospects for men on a Native American reservation both influence the protagonist's decision to join the military and compound his struggles when he returns. By contrast, for the disabled vet in 'Motivations', it was his own youthful strength and manliness that made him feel invincible in battle--until the instant when he wasn't."

Timothy Tebeau of Petoskey, Michigan won second prize and \$1,200 for "Dancing in Baghdad". Perfectly poised between beauty and horror, this poem depicts elite revelers at an embassy where death waits just outside the door. Their heartlessness and self-delusion are privileges of their position but may also be their undoing.

Susan McCabe of Santa Monica, California won third prize and \$600 for "Or Wend, Skull, With Your Teeth Like Bright Armor". This unique and striking poem begins with the marriage of extravagance and death in British conceptual artist Damien Hirst's "For the Love of God" sculpture, a human skull encrusted with \$18 million worth of diamonds. She imagines the skull as having belonged to a soldier whose brief life was so rich in some ways, so vulnerable in others. McCabe's poem prompts us to reflect on the wastefulness of a wealthy nation that fêtes dead things while discarding young lives.

Twelve honorable mention awards of \$100 were also made, bringing the total to \$5,000. The winners and 10 finalists are published at http://www.winningwriters.com/contests/war/2009/wa09_pastwinners.php

About the War Poetry Contest



The War Poetry Contest is sponsored by Winning Writers. It seeks original, unpublished poems on the theme of war. Contestants may submit 1-3 poems, up to 500 lines in all. Submissions for the 2010 contest are accepted from November 15, 2009 through May 31, 2010. The prize pool is \$5,000, including a first prize of \$2,000. Entries are accepted online and by mail. The entry fee is \$15. For more information, please see http://www.winningwriters.com/contests/war/wa_guidelines.php

Please feel free to request additional information or permission to reprint poems, or to arrange interviews with the contest winners.

About Winning Writers, Inc.

Winning Writers is today's leading source for poetry contest information. We have been selected as one of the "101 Best Websites for Writers" by Writer's Digest for five years in a row (2005-2009). Our online database, Poetry Contest Insider, includes complete guidelines and rankings for over 750 poetry contests, plus over 300 of the top fiction and essay contests. Our free email newsletter offers news about quality free contests and literary resources. Winning Writers sponsors two annual contests, the War Poetry Contest and the Wergle Flomp Humor Poetry Contest.

Winning Writers was founded in 2001 by Jendi Reiter and Adam Cohen. Learn more at <http://www.winningwriters.com>

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You can read the online version of this press release [here](#).



HandShoeMouse Surprises Ergonomic Market With BlueRay Track Technology

Hippus, the inventors of the truly ergonomic computer mouse, the HandShoeMouse, have now surprised the ergonomic market with yet another feature: BlueRay Track technology, to operate its ergonomic mouse on almost all types of surface. The new BlueRay Track HandShoeMouse will be demonstrated for the first time during the National Ergonomics Conference and Exposition (NECE) in Las Vegas, Nevada (November 17-20,2009). Find all information about the HandShoeMouse breakthrough technologies at www.HandShoeMouse.com

(PRWEB) November 14, 2009 -- In a recent press release Hippus N.V. announced the official introduction in the US market of the first truly ergonomic computer mouse, the HandShoeMouse. This introduction will take place during the National Ergonomics Conference and Exposition (NECE) in Las Vegas (November 17-20, 2009). (<http://www.prweb.com/releases/2009/11/prweb3178004.htm>)

At the same show, Hippus, will demonstrate its brand new “BlueRay Track HandShoeMouse”, which can be operated on almost all types of surfaces. Similar to the development of the ergonomic HandShoeMouse, the new BlueRay Track HandShoeMouse has been improved and field tested for several months before mass production took place. The New BlueRay Track HandShoeMouse will be available in a wired and a wireless version.

How does it work?

The brand new HandShoeMouse is fitted with a BlueRay Track Engine, which is based on a double lens optical system in combination with a blue LED. The resulting precision provides the user with a simple but top quality optical solution. In other words: a Blue Ray keeps Track of your precision work with every application you may think of.

This is an important development for a growing number of people who want to prevent getting RSI (repetitive strain injury) problems but still want to use the latest technology.

Extensive testing

The HandShoeMouse has been developed by engineers and medical specialists who reported that the traditional computer mouse and other ergonomic mice were still causing excessive strain for the arm and hand (www.HandShoeMouse.com/Research.html). The special design and shape of the HandShoeMouse prevents this and gives the best protection against NSAH (Neck, Shoulder, Arms and Hands complaints) and carpal tunnel syndrome.

“As the developer of HandShoeMouse, in close co-operation with the University Medical Centre, Rotterdam, the Netherlands (Erasmus MC), I have always made sure that we spent enough time to measure in order to certify our results. This new cutting edge BlueRay Track technology will take the HandShoeMouse forward in a different league, where ergonomic and technological claims can be proven and supported by research and field reports” says Drs. Ing. Paul Helder, Chief Technical Officer of Hippus.



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You can read the online version of this press release [here](#).



Qualnetics Releases Range Scope for Golfers on the iPhone

Qualnetics™, a leader in embedded software development, announced today their Golf-n-Scope application for the Apple iPhone®. This easy to use application allows new and seasoned golfers to quickly calculate the distance to the flag and even suggests an appropriate club based on the distance.

Bellingham, WA (PRWEB) November 14, 2009 -- Qualnetics™, a leader in embedded software development, announced today their Golf-n-Scope application for the Apple iPhone®. This easy to use application allows new and seasoned golfers to quickly calculate the distance to the flag and even suggests an appropriate club based on the distance.

Golf-n-Scope is the first digital golf scope for the iPhone that uses sophisticated image recognition combined with stadiametric range finding calculations to accurately estimate your distance to the flag. (The stadiametric method is based upon the principle that in similar triangles, homologous sides are proportional.)

Golf-n-Scope's image recognition technology seeks to identify the location of the golf flag in the visual range of the iPhone's camera. Should Golf-n-Scope's flag identification need adjustment, a simple touch to the screen will allow the user to zoom in and pinpoint the exact top and bottom of the flag. Instructions for use are available with a touch of the information icon.

“Golf-n-Scope gives the golfer a new affordable tool to improve his/her accuracy and overall confidence,” says Qualnetics founder Mark Moeller.

This new range finder application is available for download from the Apple Store for a one-time price of \$4.99. The link is: <http://www.itunes.com/apps/golf-n-scope>

Support for Golf-n-Scope is available via a forum at <http://www.qualnetics.com/support>. This forum also welcomes suggestions for improving the interface, adding new features, or general questions regarding usage.

About Qualnetics:

Qualnetics's Application Division specializes in mobile application development for iPhone and Windows Mobile. Since its founding in 2003, Qualnetics has garnered a growing reputation for its engineering prowess in embedded software. In addition to Smartphones, the Company has expertise on a wide variety of platforms such as Telematics devices, Personal Navigation devices, Mobile WiFi and others.

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You can read the online version of this press release [here](#).

Catholics Agree With Prophecies Contained in The '2012' Mayan Prophecy and New Hollywood Movie

New Hollywood Movie '2012' Causes Increase in End-Times Speculation; The Catholic Church Claims To Have Divine Insight into Apocalyptic Events; Apparitions of the Blessed Virgin Mary Prophecy That Apocalyptic Events Are Imminent; And That It Will Soon Be The 'End of the World' As We Know It.

(PRWEB) November 13, 2009 -- As Hollywood dramatizes another disaster movie blockbuster with '2012', many Catholics believe that the world is about to experience the real events of the fulfillment of the apocalyptic prophecies. The Catholic perspective of the end-times prophecies is discussed in a new book by Catholic theologian, Dr. Kelly Bowring. According to his book, "The Secrets, Chastisement, and Triumph of the Two Hearts of Jesus & Mary", (<http://www.TwoHeartsPress.com>) which has received official Church recognition with an Imprimatur from a Catholic Cardinal, Archbishop Ricardo Vidal, the Catholic Church has regarded end-times prophecies as authentic and many Catholics acknowledge that we are likely now living in the times of their fulfillment.

The Catholic Church bases its [apocalyptic prophecies](#) not on mere guessing and speculation, but, instead, on claims from a heavenly source, that is, from various recent apparitions of the Blessed Virgin Mary. In these heavenly messages given to various visionaries, which include places like at Fatima (1917), La Salette (1840s) and reportedly today at Medjugorje (in former Yugoslavia), Catholics believe Mary has come to warn her children that humanity is about to suffer an increase in natural disasters, a great apostasy, and God's justice and divine wrath, due to the increase of sin in the world today.

Like those [doomsday predictions](#) in the movie '2012', the divine warnings Catholics believe they are receiving from the Blessed Mother are related to the Book of Revelation and on the level of the Apocalypse and Armageddon. To a Catholic nun at Akita, Japan, in the 1970s, the Blessed Virgin stated, in a Catholic Church-approved apparition: "As I told you, if men do not repent and better themselves, the Father will inflict a terrible punishment on all humanity. It will be a punishment greater than the deluge (Noah's Flood), such as one will never have seen before. Fire will fall from the sky and will wipe out a great part of humanity, the good as well as the bad, sparing neither priests nor faithful. The survivors will find themselves so desolate that they will envy the dead." Mary has indicated that God is about to fulfill this prophecy, that the cup is now flowing over.

According to [Dr. Bowring](#), Catholics believe that the Blessed Mother has been sent by God today from Heaven to warn all humanity and also to offer us hope. In reported Marian apparitions from Garabandal, Spain in the 1960s, the Blessed Mother said that before the time of the divine chastisement, God will first send two great signs of His mercy to warn humanity. The first will be a world-wide Warning. Every person on earth will find themselves all alone in the world no matter where they are at the time, alone with their conscience right before God. They will then see all their sins and what their sins have caused. The purpose of the Warning will be to wake us up and call us to repent of our sins. Second, and within a year of the Warning, God will send a Great Miracle that will include a permanent Sign of His presence and mercy. The purpose of the Miracle is to show us the love God has for us



and to convert the whole world. Then the apocalyptic events will follow soon afterward, according to Catholic prophecy.

Whether these [apocalyptic events will occur in 2012](#) or not, the Catholic perspective is that they will occur in this generation and soon. Perhaps God is trying to warn us in every way He can: possibly through other religions like the Mayans, possibly through Hollywood movies like 2012, and possibly even more directly through His own Mother sent from Heaven as many Catholics believe. One thing is for certain, according to Dr. Bowring in his new [book](#), and as Catholics agree, as our heavenly Mother is warning, the times of the apocalypse are upon us.

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You can read the online version of this press release [here](#).



Combining Two Great Technologies to Provide One Superior Security Solution

Advanced Detection Technology will be First in Security Industry to Provide Under Vehicle Inspection Systems with Built-In License Plate Recognition Cameras.

Maiden, NC (PRWEB) November 13, 2009 -- World renowned security products manufacturer, Advanced Detection Technology announced today that it will now offer built-in License Plate Recognition cameras as an option for all its Under Vehicle Inspection Systems.

LPR (License Plate Recognition) is a technology used to identify vehicles by capturing license plate information which is then “read” and sent to a central computer for verification. LPR technology is constantly improving and gaining popularity in traffic, security, law-enforcement and access-control applications.

Under Vehicle Inspection Systems (UVIS) provide a safe, rapid, accurate and thorough method of inspecting the undercarriage of passenger and commercial vehicles. With hundreds of potential hiding spaces, vehicles represent a unique and serious security threat. The UVIS allows for a quick and easy inspection for explosives, contraband and other harmful or illegal materials.

Until now, these two technologies have been manufactured and sold as separate systems with the potential to integrate. Advanced Detection Technology is revolutionizing the industry by adding a built-in LPR camera into its LowCam™ Under Vehicle Inspection System ramps, including its portable and fixed units. This exclusive camera option will allow security personnel the ability to identify and compare a specific vehicle’s under carriage footage by accessing its individual and unique license plate information.

“Our software has been combining under vehicle inspections with license plate recognition data for several years, so why should our hardware be any different?” Dave Mitchell, VP of Engineering and Operations logically addresses the new product line.

By offering LowCam™ Under Vehicle Inspection Systems with built-in License Plate Recognition, Advanced Detection Technology can still keep its promise of a rapid three minute set-up time while providing customers with a valuable, simplified method of integrating two great technologies.

About Advanced Detection Technology: Since 2003, Advanced Detection Technology has provided a complete portfolio of threat detection, access control and inspection solutions. Our company focuses on providing quality security equipment while continuously improving and conceptualizing innovative future technologies to meet the security needs of an ever-changing world.

Please visit our company website www.Advanced-Detection-Technology.com for more information.

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You can read the online version of this press release [here](#).



Just Released: "The 10 Great Free Things For Christmas 2009" List

People who have much less money to spend for the Christmas 2009 should not panic and read "The 10 Great Free Things For Christmas 2009" List. Where they can get tons of free stuff for Christmas and free world exclusive information on "How To Save Up To 95% On Their Christmas Shopping"

(PRWEB) November 13, 2009 -- It seems like "The Grinch Is A Coming To Christmas 2009" with job losses, foreclosures, store closings, depleted savings and more! Well move over Mr. Grinch, because there is a new website on the internet that is dedicated to getting people through this fabulous holiday with much less money. This new website is called "Christmas December" and Christmas December is kicking off this great new Christmas website with what will be a tradition here called: "The 10 Great Free Things For Christmas List". This list will be updated every November first and Christmas December will be adding bigger and better free things every year!

Christmas December hired internet researcher Candy S. Truex to write the first list: "The 10 Great Free Things For Christmas 2009" and not only did she do a fantastic job she also included a world exclusive knock-out article called: "How To Save Up To 95% On Christmas 2009 Shopping" So in 2009 everyone truly will have "A Christmas December To Remember" www.christmasdecember.com

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Online Web 2.0 Version

You can read the online version of this press release [here](#).



Medical Nurse Training, Inc. Announces New Approaches to Reducing Skyrocketing Fall Injury and Fatalities Through Education and New Fall Protective Devices

Medical Nurse Training, Inc. (www.MedicalNurseTraining.com) Announces a New Approach to Reducing Skyrocketing Fall Injury and Fatalities at Home and Assisted Living Through Fall Education and New Fall Protective Devices

Stafford, Va. (PRWEB) November 12, 2009 -- Medical Nurse Training, Inc. (MedicalNurseTraining.com) is the premier on-line portal for training doctors and nurses on fall prevention and protection.

The Center for Disease Control and Prevention indicates that over 60% of fatal falls occur in the home. Additionally, the total cost of falls in 2010 is expected to be between 68 and 100 Billion Dollars. Katharine Graham, former Washington Post Chairman died as a result of a fall. Many of these medically significant events include hip fracture, head injury, fear of falling again. Most of this cost and loss of life is completely preventable through new fall prevention, fall protection products and safer falls education.

Over 44 million baby boomers live at home with an elderly sick parent according to The Caring Alliance. Another 25 million at risk elderly live alone and unprotected from devastating falls. The current economic conditions have exacerbated these numbers. Since life expectancy has continued to increase, this situation is likely to become even more prevalent. The faller may need to move in with adult children. Adult children often have to take time off work to care for at risk parents. The costs, emotionally and physically, to the person who falls and their families are enormous.

Much of this information is virtually unknown to the general public. Annually, there are approximately 370,000 hip fractures. Head injuries from falls at home are another significant medical cost. Falls are the major cause of 40% of nursing home admissions and subsequent costs to families. Per year, of those admitted to a hospital only about 50% will survive a serious fall. Falls are the leading cause of accidental death and more than 33% of adults 65 and older fall each year. Reductions in healthcare costs are current concerns of all in the government and the effects of falls are major cost factors.

MedicalNurseTraining.com utilizes a nationally known Geriatric Doctor, the Assistant Director of Nursing at Johns Hopkins, and Patrick Devaney, President of Medical Nurse Training, Inc. Mr. Devaney has over 25 years experience lecturing on these topics to tens of thousands of nurses, doctors and healthcare facilities. Anyone who is above the age of 55 or has a relative who is at risk for falls, is confused or agitated, has Alzheimer's, or presents departure/elopement risk at home will be very interested in this new material. This information will be invaluable to seniors and their families. To see fall prevention training and fall protection devices for home, concerned individuals and families may go directly to SaferFalls.com.

Numerous lives have already been saved with these clinically proven devices. Many nurses and doctors commonly request these new technologies and education to be available to the general public. They have partnered with the leading manufacturers of low cost fall prevention technologies to provide these fall products predominately available only through hospitals and nursing homes to the general public at institutional prices.



These devices include [Hip Protectors](#), [Fall/Exit Alarms](#), high impact [Fall and Floor Cushions](#), Fall and Lift Furniture, Bed Safety Guards, Personal Pagers, high impact Bath Mats, and Fall Management/Showers slippers.

By going to [MedicalNurseTraining.com](#), you can get an overview of the types of programs offered to the medical community, families, seniors and review educational materials. These medically sound approaches will reduce government costs in the Billions of dollars over the next few years. You can also review clinical references on these sites.

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Online Web 2.0 VersionYou can read the online version of this press release [here](#).



TruFocals Wins Popular Science 2009 Best of What's New Award

TruFocals Revolutionary Adjustable Focus Technology Provides a Clear Field of View at Any Distance. Selected from thousands of entrants, TruFocals lens units replace multifocal technology by adjusting the focus of the entire lens.

(PRWEB) November 13, 2009 -- [Popular Science Magazine](#) has named [TruFocals](#), the market's first adjustable [focus eye glasses](#), a winner of its coveted 2009 Best of What's New Award in the Health category. Chosen from thousands of entrants, TruFocals revolutionary lens unit system provides a new alternative for conventional multifocal wearers who want a clear field of view at any distance.

According to the article, TRUFOCAL: THE FIRST GLASSES WITH ADJUSTABLE FOCUS, in December's Popular Science, "Good for reading the paper, watching a movie and everything in between, TruFocals glasses are the first spectacles to offer adjustable focus on the go. Each lens consists of an outer lens with a corrective distance prescription, and a flexible inner lens."

"Attached to the latter is a membrane filled with a silicon-based liquid, which remains transparent and fluid at any temperature. Flicking the slider mechanism built into the bridge squeezes the liquid, changing the curvature of the membrane to bring nearby or faraway objects into focus. Available now. \$895; [trufocals.com](#)"

TruFocals emulate the youthful human eye's ability to adjust focus by utilizing a lightweight two-lens system. Each "lens" is actually a set of two lenses, one firm and one flexible. The firm front lens holds the distance prescription (including astigmatic and prism corrections). The flexible lens (near the eye) has a transparent distensible membrane attached to a clear rigid surface. The pocket between them holds a small quantity of crystal clear fluid.

As one moves the slider on the bridge, it pushes the fluid and alters the shape of the flexible lens. Changing the shape changes the correction. This movement mimics the way the natural lenses perform in the youthful human eye.

The sliding movement allows one to choose the exact correction that works best at any distance and under any lighting conditions. The front lens can be removed for cleaning, or interchanged with appropriately tinted prescription lenses to be used as sunglasses.

About TruFocals

[TruFocals](#) were invented by Dr. Stephen Kurtin, a successful inventor with more than 30 patents to his name. Recognizing that multi-focals, progressives or carrying multiple pairs of single vision glasses did not provide a satisfactory vision solution, he set out to develop a better one. The result, after 20 years of development is TruFocals, the world's first-and only-eyeglasses offering on-demand, user-adjustable, infinitely variable focus through the entire field of view.



TruFocals are available through eye care professionals or via <http://www.trufocals.com>. TruFocals are scratch-resistant and antireflective, contain anti-smudge coatings; and protect your eyes from harmful UVA and UVB rays. This product is covered by one or more of the following US patents: 5,138,494; 5,668,620; 5,956,183; 6,040,947; 6,053,610; and 7,008,054.

About Best of What's New

Each year, the editors of Popular Science review thousands of products in search of the top 100 tech innovations of the year; breakthrough products and technologies that represent a significant leap in their categories. The winners—the Best of What's New—are awarded inclusion in the much-anticipated December issue of Popular Science, which has been the most widely read issue of the year since the debut of Best of What's New in 1987. Best of What's New awards are presented to 100 new products and technologies in 11 categories: Automotive, Aviation & Space, Computing, Engineering, Security, Gadgets, Green Technology, Home Entertainment, Home Technology, Personal Health and Recreation.

About Popular Science

Founded in 1872, [Popular Science](http://www.popsci.com) (www.popsci.com) is the world's largest science and technology magazine, with a circulation of 1.3 million and 7.1 million readers. Each month, Popular Science delivers “The Future Now,” reporting on the intersection of science and everyday life with an eye toward what’s new and why it matters. Popular Science is published by the Bonnier Corporation, one of the largest consumer publishing groups in America and the leading media company serving passionate, highly engaged audiences through more than 40 special-interest magazines and related multimedia projects and events.

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You can read the online version of this press release [here](#).

News Image





Mesquite Marathon Gains Boston Marathon Qualifier Certification

Runners from several states to compete in Nov. 21 marathon which will cover Utah, Arizona and Nevada.

Mesquite, NV (PRWEB) November 12, 2009 -- The first annual Mesquite Marathon scheduled to be run in three states Nov. 21 has been certified by the Boston Marathon to meet guidelines which enable participants to qualify for the legendary East Coast event each year.

The certification was announced recently by Mammoth Marathons organizer Cory Haddock of Centerville, Utah. Officials rode the course to make certain the layout covered the 26.2-mile route before granting the certification.

Runners from as far away as Kenya are expected to participate in the Mesquite Marathon, Half Marathon and 10K.

Among the competitors is Justin Nelson, who is the head of IT for Black Gaming in Mesquite.

“I have been running seriously for about three years,” said the 32 year-old Nelson. “There is nothing that a good run won’t cure. You never regret a run or a workout. I am definitely hooked. The sport clears your head and helps you focus and it helps me tackle the day.”

Nelson said his goal is to run 100 marathons. He has now run ten of them and the Mesquite Marathon definitely will provide its own set of challenges.

“I don’t know any other marathon that covers three states,” said Nelson, who is considered the hometown favorite. About ten Mesquite residents are expected to compete.

Nelson, who is originally from Salt Lake City, likes living in Mesquite.

“I especially like the small-town atmosphere,” he said. “I love not having to fight the traffic when I’m running. Then, too, we’re actually close to quite a few good mountain trails here.”

Nelson said the event covering a tri-state region is especially interesting.

“I don’t know any other marathon that is run in three states,” Nelson added. “The layout definitely makes this unique, that’s for sure.”

The race route will begin near Beaver Dam, Arizona and start just over the Utah border before running along the Virgin River and making its way on U.S. 91 to Littlefield, Ariz. From there, the race will be concluded after following the frontage road to Mesquite.

Supported by the Las Vegas Convention and Visitors Authority, the city of Mesquite and the CasaBlanca Resort Hotel, the event features an impressive payday for the top finishers.



The first place female and male finishers in the marathon will each receive \$1,500 while first place finishers in both male and female categories of the half marathon will earn \$1,000. Competitors in the Marathon and Half Marathon will receive the United States Track and Field certification.

Finishers Medallions will be presented to all who complete the race.

A packet pickup and packet expo will kick off the event Friday, Nov. 20 from 3-8 p.m. at the CasaBlanca Event Center.

On race day, competitors will be bused from the CasaBlanca Event Center in Mesquite to the race starting point outside Beaver Dam.

Marathon entrants will be bused beginning at 5:30 a.m., while Half Marathon competitors are scheduled to depart at 6:30 a.m.

The event is being presented by Mammoth Marathons, a group consisting of three race directors along with volunteers. The group also promotes marathons in Grand

Junction, Colo., Bear Lake, Idaho and in the Little Grand Canyon in Eastern Utah.

Further information can be found at www.mesquitemarathon.com or www.mammothmarathons.org; or by calling 888-711-4653, ext. 51.

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You can read the online version of this press release [here](#).



Healthcare Consulting Group, Hospital Focus 5, Created to Drive Quality and Growth in New Healthcare Environment

Healthcare consultant Kenneth G. Bast has created a new consulting firm, Hospital Focus 5, to ensure that hospitals leverage their internal clinical, technical and financial staff talents to successfully maneuver through the increasing complexity of hospital operations and need for quality improvement.

Minneapolis, MN (PRWEB) Nov. 11, 2009 -- Healthcare consultant Kenneth G. Bast has created a new consulting firm, Hospital Focus 5, to ensure that hospitals leverage their internal clinical, technical and financial staff talents to successfully maneuver through the increasing complexity of hospital operations and need for quality improvement.

The significant change that will be brought about through healthcare reform as well as the movement away from patients seeing themselves as passive participants in their own healthcare to active, savvy consumers will continue to determine which organizations survive and prosper and which do not.

“The Hospital Focus 5 methodology provides a practical, realistic, successful approach to getting work accomplished every day in this changing environment, by every employee throughout the entire hospital”, said Bast, a former hospital CEO and long time healthcare consultant. According to Bast, this comprehensive approach creates an integrated, sustainable culture that redefines the way a hospital communicates, educates and does business in every department, and emphasizes understanding and concentration in the five areas that determine a hospital’s short and long-term viability: quality, accountability, strategy, communication and growth.

In reexamining his former consulting practice, Management Consulting in Healthcare, Bast realized that the methodology his firm utilized in hospitals ranging in size from 50 to 900 beds, was even more important in this era of massive change, and required an even more structured emphasis on improvement and measurement. “Healthcare delivery requires a new way of doing business. It will demand a common understanding of the challenges at hand and fully collaborative strategic and operational workforce to address them”, said Bast. “Everyone - board members, physicians, senior leaders and front-line employees - must see how their knowledge, skills and behaviors adds to or detracts from the experience of the hospitals’ primary focus – patients.”

Stressing the idea of achieving measurable accomplishments by focusing on outcomes can result in many good things. Some of them are:

- Better patient care
- Better quality
- Better productivity
- Better management
- Better communication

Which results in:
Survival & Success!



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You can read the online version of this press release [here](#).



Post Unlimited Events, Ads and Articles

New site595.com hits the web with unlimited postings of events, ads, articles... and more!

Carson City Nevada (PRWEB) November 12, 2009 -- Unlimited postings of events, ads and articles are the keywords to remember from the recently launched www.Site595.com. The relatively new site offers unlimited postings of current events, ads and articles for individuals, businesses, chambers of commerce and cities to promote their area and regions. For a minimal monthly registration fee of \$5.95 per month, individuals can post ads and for sale items within the classified section while businesses and regional entities such as tourism bureaus and local chambers of commerce can post events, ads, submit informative articles and also blogs in a safe and secure environment without fear of intrusive spamming and scammers. There are no hidden fees, commissions or charges other than the flat \$5.95 per month registration fee.

In addition, to unlimited postings of events, ads and articles, the site offers a very different social networking function where participants can meet, share music, photos and video and enjoy a unique chat experience in already created rooms or rooms they create themselves.

It is an all-inclusive concept designed on a local-to-regional-to-national platform for people and businesses to interact and share on a real community level and yet also get to know what is happening on a broader scope by offering updated video news, sports and entertainment updates. As the site indicates... **It's All You Want, It's All Here, It's All Day!**

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You can read the online version of this press release [here](#).



GlobaFone Wins GSA Schedule 70 Contract

GlobaFone, leading Service Provider of Iridium and INMARSAT satellite hardware and service has been awarded a GSA (General Services Administration) contract under the Schedule 70 program. GlobaFone currently provides Iridium and INMARSAT to dozens of Federal Agencies and this contract award will enable more Federal Agencies to take advantage of GlobaFone's award-winning service

Portsmouth, NH (PRWEB) November 10, 2009 --

GlobaFone, a leading provider of global satellite communications systems, has been awarded GSA contract number GS-35F-0074W within the Schedule 70 program. Under the contract GlobaFone is offering the US-made Iridium 9505A handset, specialty products, a variety of Iridium accessories, GlobaFone's service plans for Iridium and INMARSAT BGAN service plans. "This is a great development in the GlobaFone story," said GlobaFone CEO Lou Altman. "We've been providing our award-winning service to a range of federal clients since the company's early days. Holding a Schedule 70 GSA contract will benefit our clients by streamlining their purchasing process." Pricing is available at the website www.globafone.com under the new GSA Contract link.

In 2001 GlobaFone was awarded a GSA contract under the Federal Technology Services (FTS) program, a contract that expired in 2006. "GlobaFone won the GSA Industry/Partner Service Excellence Award not once but twice under the program," Altman said, "I'm very pleased to once again formally bring our exceptional service level to GSA clients."

GlobaFone supports a diverse client base by providing an impressive portfolio of satellite communications solutions with a particular emphasis on the Iridium and INMARSAT product lines. GlobaFone will add to the offerings as products and services are introduced that complement the existing product line. "We're always strategizing how to leverage market developments that will enable our clients to obtain the results they want," said Altman. "Our clients are very specialized and demanding and given their missions, lives are often at stake," he added.

GlobaFone's portfolio of offerings includes Iridium, INMARSAT, Globalstar, Thuraya and VSAT satellite communications as well as cell phones that work across the planet.

ABOUT GLOBAFONE:

Now in its 12th year GlobaFone of Portsmouth, NH is an award-winning satellite communications Service Provider to Federal, State and Local Governments, as well as corporate clients. GlobaFone's solutions include cellular service for lease with roaming in over 200 countries as well as local cellular service in numerous locations and five brands of satellite communications. They provide their services to clients across the US as well as internationally. For more information please visit www.satellitephonestrightright.com



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You can read the online version of this press release [here](#).



USA Cares Announces Details of Fort Hood Family Emergency Fund

USA Cares establishes Fort Hood Family Emergency Fund in response to the tragic events that occurred last Thursday. The fund, which serves to assist the immediate families of those wounded and killed, will provide for travel, housing and meals.

Radcliff, KY (PRWEB) November 11, 2009 -- [USA Cares](#) has established the Fort Hood Family Emergency Fund in response to the tragic events that occurred last Thursday afternoon on the base of the Army's largest installation. The fund, which serves to assist the immediate families of those wounded and killed, will provide for travel, housing and meals.

Bill Nelson, USA Cares Executive Director remarked, "Our goal is to ensure that victim's family members do not have to worry about the financial hardships of travel at this time—we encourage them to visit our website for information on eligibility and benefits. Further, we ask Americans everywhere to go to www.usacares.org and [donate](#) in light of this tragedy."

Those needing assistance may contact "Forest" at USA Cares directly at 800.773.0387. Forest, a 20-year US Army retiree, is fielding calls directly in lieu of the normal online application. Visit www.usacares.org to donate to USA Care's Fort Hood Family Emergency Fund.

About USA Cares

USA Cares is a nonprofit 501(c)3 organization that helps post 9/11 military families bear the burdens of service with financial and advocacy support. Its mission: To help with basic needs during financial crisis, to assist combat injured veterans and their families and to prevent private military home foreclosures and evictions. In six years, USA Cares has received over 19,000 requests and responded with more than \$6 million in grants. US military families anywhere can apply for assistance through the USA Cares web site or by calling 800.773.0387. For more information on USA Cares contact John Revell at 270.352.5451.

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You can read the online version of this press release [here](#).



D.A.R.E Partners with MedSafe to Tackle Teen Prescription and Over the Counter Drug Abuse at Home

2.1 Million Teens Abuse Prescription Drugs Annually; MedSafe Seeks to Secure 5 Million Homes by 2011

Los Angeles, CA (PRWEB) November 11, 2009 -- With an estimated 2,500 children ages 12 to 17 taking a prescription painkiller recreationally for the first time each day, D.A.R.E. (Drug Abuse Resistance Education) announces a partnership with MedSafe, the developers of a state-of-the-art medication lock-box, to curb the problem where it most frequently starts – at home.

“The prescription and over-the-counter drug abuse problem is the most prevalent one we’re faced with,” said Frank Pegueros, Executive Director and Chief Operating Officer of D.A.R.E. “In addition to education, there are practical steps parents can take to safeguard their children from the dangers of prescription drug abuse. Since over 90% of prescription drugs abused by children are obtained in their home or the home of relatives or friends, it’s essential to keep medications secure. We’re excited about our partnership with MedSafe because we believe locking up medications in the home could essentially eradicate the problem.”

Michael Rebando, a veteran locksmith of over two decades, developed the MedSafe following a near-tragic incident in which his four-year-old niece was rushed to the hospital after unknowingly consuming over-the-counter medication accidentally left on the kitchen counter.

“Before connecting with D.A.R.E, I was unaware of how far-reaching the prescription and over-the-counter drug abuse problem extends,” said Rebando, MedSafe founder and Chairman. “I don’t want parents to have to go through what my family went through when my niece was rushed to the emergency room. I developed the MedSafe so that parents can rest assured knowing that their children and children’s friends are safe from the dangers of prescription and over-the-counter drugs while in their home. Together with D.A.R.E, we’re working to help save our children’s lives.”

Fitting easily into most existing medicine cabinets and holding up to 15 bottles of medicine, the MedSafe features 19,500 changeable combinations. The electronic lock-box can be easily affixed to the inside of any medicine cabinet with four self-tapping screws included with each unit, and can also be stored in a dresser drawer, kitchen cabinet or closet door.

“One of the easiest ways for parents to keep their kids safe is to lock up their medications,” said Mistie Bell-Banks, Director of Marketing for D.A.R.E. “We’ve looked at several lock-boxes on the market and found that the MedSafe provides the simplest, most effective, user-friendly, and cost-efficient deterrent out there.”

“We’re creating a movement to protect our children,” added Rebando. “Our mission is to secure 5 million homes by 2011.”

The MedSafe is normally \$59.95, but is available for a limited time at \$39.95 at www.DARE.org, and a portion of all proceeds will support prescription drug abuse awareness programs and events. To learn more about the



MedSafe, please visit www.helpsaveourkids.com.

About D.A.R.E.

D.A.R.E. was founded in 1983 in Los Angeles and has proven so successful that it is now being implemented in 75 percent of our nation's school districts and in more than 43 countries around the world. D.A.R.E. is a police officer-led series of classroom lessons that teaches children from kindergarten through 12th grade how to resist peer pressure and live productive drug and violence-free lives. Through constant re-invention over 25 years, D.A.R.E. has evolved to be more than just about resisting drug abuse. New D.A.R.E. programming on Internet safety, prescription and over-the-counter drug abuse, and cyber-bullying is empowering today's kids to handle contemporary challenges to their safety and health.

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You can read the online version of this press release [here](#).



PAIRS Foundation Offering Free Classes to Help Combat Veterans Impacted by PTSD

The nonprofit PAIRS Foundation will offer a series of free 90-minute online classes this month to help returning combat veterans and family members impacted by PTSD. Early intervention through effective education and skills training is critical for combat veterans and families.

(PRWEB) November 12, 2009 -- The nonprofit PAIRS Foundation will offer a series of free 90-minute online classes this month to help returning combat veterans and family members impacted by PTSD. "Early intervention through effective education and skills training is critical for combat veterans and family members," said [Seth Eisenberg](#), President and CEO of [PAIRS Foundation](#).

An estimated one in five U.S. veterans returning from combat in Iraq and Afghanistan is reported to have symptoms of Post Traumatic Stress Disorder, Eisenberg said. Symptoms include flashbacks and nightmares that may cause memory and attention problems, anxiety, irritability, depression, insomnia, isolation and withdrawal. PTSD also impacts many others; an estimated quarter of a million Americans will develop PTSD at some point in their lives after a terrifying experience, from car accidents to hurricanes, abuse, rape and other traumatic events.

Eisenberg delivered a plenary address at the "Spiritual Trauma of War" conference sponsored by the Veterans Administration in Chicago this month and a workshop for VA professionals on educational approaches to help couples impacted by combat deployment improve communication, emotional understanding, and [strengthen marriages](#).

PAIRS Foundation is actively collaborating with the Charlie Norwood VA Medical Center and other military and VA facilities nationwide to help active duty, reserve, guard, veterans and family members impacted by combat deployment.

"We're honored that our collaboration with the Charlie Norwood VA Medical Center was recently selected as a 'Best Practice' by the Veterans Administration," Eisenberg said.

Chaplain Ron Craddock, Chief of Chaplain Services at the Charlie Norwood VA Medical Center, said the program is making a difference. "PAIRS is changing the lives of returning combat veterans and their spouses," he said.

"Combat deployment can significantly impact couple relationships," said Eisenberg. "The added impact of PTSD and TBI on many returning veterans requires urgent attention."

Eisenberg cited research conducted on a pilot group at Charlie Norwood that showed a 25 percent increase in the number of couples experiencing marital distress following deployment. "Early, effective intervention is needed to reduce the impact on these couples and their children," Eisenberg said, "Curriculum-based educational programs based on emotional literacy can make an immediate difference for these soldiers and their families," Eisenberg said.



"Following a weekend PAIRS retreat for returning combat veterans and spouses," Eisenberg said, "the percentage of couples able to effectively communicate with each other increased from 26 to 79 percent."

Laurie Ott of the [CSRA Wounded Warrior Care Project](#) in Augusta, GA was one of the program sponsors. "PAIRS is exactly what we were looking for in terms of real relationship skills for combat-returned and wounded warriors and their spouses," she said. "Our survey before and after PAIRS shows a profound impact on both couples' perception of their relationship and hope for the future ... helping our heroes and their families reconnect after combat, and giving them the skills to improve their relationships and communication."

PAIRS Foundation, Inc., is a 501 (c) (3) non-profit organization established in 1983 to develop, refine and deliver educational programs that enhance interpersonal relationships, conduct research and train course leaders.

For more information, contact PAIRS at 877 PAIRS 4U (724 7748) or visit [online](#).

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Air Force Lt. Col. Shares 4 Ways to Honor Veteran's Day In Aftermath of Fort Hood Army Base Tragedy

Air Force Lt. Col. Rob Waldo Waldman Shares 4 Ways to Pay Tribute to Veteran's Day In the Aftermath of the Fort Hood Army Base Tragedy. Shows how all of us can apply principles of commitment and courage to our own everyday lives to set an example.

(PRWEB) November 11, 2009 -- As we celebrate this Veterans Day to honor our country's heroes and pay respect to their service and sacrifice, Air Force Lt. Col. Rob Waldo Waldman urges us not to get caught up with the emotions and controversy surrounding the recent massacre at Fort Hood Army base in TX.

"Although difficult to do," says Waldman, "I am trying not to focus on the individual responsible for this tragedy. I believe he was a traitor to the core values that have established America as a pillar of freedom and democracy and I will not let his act of cowardice dilute the true meaning of Veterans Day. With the war on terror so prevalent in the news, we need to remind ourselves that those executing government policy on the battlefield are real men and women with families, dreams, and aspirations. They don't make the policy, but simply carry out their duties with honor, courage and commitment."

As a former fighter pilot and veteran with 65 combat missions in Iraq and Serbia, Waldman knows firsthand that there is no greater advocate for peace than a soldier. And while we may not agree 100% with the decisions our country makes, Waldman believes our commitment and our responsibility to our country should always take precedence over our personal opinions and feelings. When we take an oath to "support and defend the constitution of the United States," Waldman believes we should honor it. "It's about commitment, integrity, courage and sacrifice and I am a firm believer that it takes character and discipline to uphold these patriotic values" explains Waldman.

Waldman suggests four ways all Americans can uphold these values and pay tribute to our veterans and to those currently serving on Veteran's Day...and every day:

1. Honor our responsibilities as parents, employees and business owners.
2. Live with integrity at home and at work.
3. Lend a wing and help those who are suffering in this tough economy.
4. Respect our environment, give to charity and volunteer in our communities.

In essence, Waldman urges us to set an example and live our everyday lives with honor and integrity so that our veterans and troops abroad can truly say, "America is worth fighting for!"

Waldman writes about how you can apply the same principles of courage and compassion to your everyday work lives in his new book *Never Fly Solo: Lead with Courage, Build Trusting Partnerships, and Reach New Heights in Business*, which McGraw-Hill will publish on December 1. He is donating all of his advance profits from the



book to veteran's charities.

Lt. Col. Rob "Waldo" Waldman is the author of *Never Fly Solo: Lead with Courage, Build Trusting Partnerships, and Reach New Heights in Business*. He is a former combat decorated fighter pilot and leadership speaker and lives in Atlanta.

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You can read the online version of this press release [here](#).



With The Current Economic System, Will We Ever See "The End of Poverty?"

A new documentary film, 'The End of Poverty?' distributed by Cinema Libre Studio, that examines the increase in global poverty as the byproduct of free market economics, will screen at the United Nations on November 11. Following the premiere in New York at Village East Cinema on November 13, the film will open in select cities nationwide.

Los Angeles, CA (PRWEB) November 11, 2009 -- In February, the World Bank issued a stunning report: the spreading global economic crisis is set to trap up to 53 million more people in poverty in developing countries bringing the total of those living on less than \$2 a day to over 1.5 billion. This dynamic, where the rich are bailed out - or financed - by the poor is the focal point of a new documentary film which will premiere Friday, November 13 in New York City at the Village East Cinema, followed by a nationwide platform release.

The End of Poverty? connects the dots from colonialism to modern times in an indictment of the creation of the free market system - the system now blamed for the worst global recession in decades.

The film will screen at the United Nations on Wednesday, November 11 in an event sponsored by the Permanent Mission of the Plurinational State of Bolivia. A panel discussion will follow examining effective, true solutions with Bolivian Ambassador Pablo Solon; film director and founder of Cinema Libre Studio, Philippe Diaz; Lew Daly, author (Unjust Deserts: How the Rich are Taking our Common Inheritance) and Senior Fellow at the non-partisan public policy research and advocacy organization, D mos; Mark Winston Griffith, Board Member of Free Speech TV; and Clifford Cobb, Executive Producer of the film.

Why Global Poverty?, a companion book to the film, will be published on November 27 by the Robert Schalkenbach Foundation. The book features the full transcripts from over 70 interviews as well as a narrative written by the director, Philippe Diaz, that provides a history of the development of the film and a context for the interviews and locations filming in South America and Africa.

Film Synopsis: Narrated by Martin Sheen, The End of Poverty? is a daring, thought-provoking and very timely documentary by award-winning filmmaker, Philippe Diaz, revealing that poverty is not an accident. It began with military conquest, slavery and colonization that resulted in forced labor and the seizure of land and minerals. Today, global poverty has reached new levels because of unfair debt, trade and tax policies -- in other words, wealthy countries exploiting the weaknesses of poor, developing countries such that today 20% of the planet's population uses 80% of its resources and consumes 30% more than the planet can regenerate.

The documentary features: Nobel prize winners in economics Amartya Sen and Joseph Stiglitz; expert authors John Perkins ("Confessions of an Economic Hit Man"), Chalmers Johnson ("Nemesis: The Last Days of the America Republic"), Brookings Institute fellow and author, William Easterly ("White Man's Burden"); and government ministers such as Bolivia's Vice President Alvaro Garcia Linera/ (Produced by Cinema Libre Studio with the Robert Schalkenbach Foundation, 104mins, 2008, USA, documentary in English, Spanish, French and Portuguese with English Subtitles)

The film is slated for a nationwide theatrical release in Los Angeles (CA), San Francisco (CA), Seattle (WA),



Portland (OR), and Austin (TX) with additional markets to follow.

Official website is <http://www.TheEndofPoverty.com>

View Trailer: <http://alturl.com/u47j>

"Powerful and moving; it will make you shake your head with disbelief...it may even enrage you."

- Tim Rhys, MovieMaker Magazine

"A scathing portrayal of the root causes of poverty that moves you to question the very notion of 'development' and to join the global movement for justice, cooperation and sharing."

- Rajesh Makwana, Director, Share The World's Resources

About Cinema Libre Studio:

Cinema Libre Studio has been a leader in the distribution social issue films that tackle timely issues. Headquartered in Los Angeles, the company is best known for distributing social-issue documentaries that include: Outfoxed, Uncovered, WMD: Weapon's of Mass Deception, Darfur Diaries, The Future of Food, A River of Waste, Desert Bayou and The Beautiful Truth. Recently, the company has released the films of French auteur Jean-Jacques Beineix, partnered with Iranian director Masoud Jafari Jozani and is in pre-production on a feature film, The Last Days of Karl Marx. For more information, please visit www.cinematlibrestudio.com.

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Online Web 2.0 VersionYou can read the online version of this press release [here](#).



The New Yellow Ribbon Program Provides an Exceptional New Education Benefit to Post-9/11 Veterans

Welcome Home, and Welcome to Campus.

(PRWEB) November 11, 2009 -- Earlier this year the [Post-9/11 G.I. Bill](#) went into effect, changing and expanding the education benefits available to veterans who have served since September 11, 2001. These benefits include the government paying up to 100% of tuition directly to any school the beneficiary chooses. This is generally considered an improvement over the Montgomery G.I. Bill, which made veterans pay tuition up front and then reimbursed them later.

However, government tuition and fee payment in the Post-9/11 G.I. Bill is capped at the rate charged by the most expensive undergraduate public institution in the veteran's state of residence. This means that post-9/11 veterans attending graduate school, an out-of-state school or a private college will probably not have all – or even most – of their tuition covered by their benefits.

Unless they take advantage of the [Yellow Ribbon Program](#), that is.

The Yellow Ribbon Program – officially known as the Yellow Ribbon G.I. Education Enhancement Program – is a provision of the Post-9/11 G.I. Bill that allows degree-granting colleges and universities to help veterans pay tuition costs exceeding the usual cap. Under this arrangement, educational institutions can volunteer to pay up to 50% of the additional tuition and fees, and the Department of Veterans Affairs will match them dollar-for-dollar. So attending a private or out-of-state school that participates in the Yellow Ribbon Program means up to 100% of the tuition can be covered, even though that tuition is greater than the cap set by the Post-9/11 G.I. Bill.

Not all veterans are eligible. Only those who are entitled to the maximum G.I. Bill benefit rate qualify, which means that:

- They must have served an aggregate period of active duty after September 10th, 2001 of at least 36 months
- Or they must have been honorably discharged from active duty for a service-connected disability and have served 30 continuous days after September 10th, 2001

Dependents of a veteran can be eligible for a Transfer of Entitlement if the veteran's service meets the criteria listed above.

Of course, not all colleges and universities participate in the Yellow Ribbon Program. When deciding on where they want to apply, eligible veterans should research both the U.S. News University Directory [sponsor schools](#) that are taking part as well as the [complete list](#) of participating institutions.

Veterans of the U.S. Armed Forces have made enormous sacrifices on behalf of this country and its citizens. They deserve more than gratitude – they deserve every possible consideration to help them find success in civilian life. This Veteran's Day, those who qualify are encouraged more than ever to take advantage of the Post-9/11 G.I. Bill and Yellow Ribbon Program. None are more worthy of an opportunity to achieve the American dream.



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<http://www.usnewsuniversitydirectory.com/yellow-ribbon-program.aspx>

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