Dancing Through Life: Xcaret’s Spectacular Night Show Features Dancers of All Ages

The Xcaret “Los Viejitos” dancers, whose name translates to the old men, are living proof that age doesn’t define ability.

Xcaret, Riviera Maya, Quintana Roo, Mexico (PRWEB) October 09, 2017 -- This dance is a part of the Xcaret night show, Xcaret Mexico Espectacular. The show has over 300 dancers and is a tribute to Mexico’s history, with influences coming from pre-Hispanic to present day.

These men, ranging from 55 to 76 years old, are often older than their performing peers, but the adrenaline rush they feel on stage makes it all worth it.

“We enter as good as new,” Gabriel Ángel Revilla Arellano said. “Because we have some parts that hurt at this age: knees, legs, our back. But out there, there’s no pain.”

Dancing is a competitive profession, and older performers can have a difficult time finding work. In this show, these men have a chance to do what they love.

“They are excellent actors and dancers,” said Leticia Aguerrebere Salido, Director of Art and Culture of Grupo Experiencias Xcaret. “Every night they come on stage with great enthusiasm to give their best performance.”

This dance is an interpretation of the Michoacan dances of the Purépecha region and honors the Elder God of Fire.

The dancers say the look of joy they see on the audience’s faces is priceless.

“The most exciting part of the performance is when I kneel and I take off my hat and my mask,” Arellano said. “They look at me and say, ‘He is an Elder!’”

ABOUT XCARET
Xcaret is one of Mexico's premier ecotourism destinations located on the shore of the Caribbean Sea. This park showcases both Mexican cultural traditions and the beautiful nature of the region. While at the park, guests can watch a grand spectacle with more than 300 artists on stage, explore underground rivers surrounded by magnificent natural scenery and enjoy a traditional Fiesta Charra. Guests also have the chance to get up close with animals that are protected by Xcaret’s conservation programs, including 1,500 different types of birds in the aviary, such as quetzals, toucans and parrots.
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