New self-help book offers readers inspiration and confidence with an open mind

Richard Byrd announces the release of ‘Just A Thought’

WASHINGTON (PRWEB) January 30, 2019 -- Richard Byrd debuts in the literary limelight with the release of “Just A Thought” (published by AuthorHouse). Inspired from his personal experiences, the self-help book aims to motivate others and elevate them into their own unique direction.

To purchase and know more about the book, readers can visit https://www.amazon.com/Just-Thought-Richard-Byrd/dp/1546252282.

In “Just A Thought,” Byrd offers readers quotes and thoughts that would inspire them, ease their stress and motivate them to a positive direction. Moreover, he emphasizes how the book can help anyone to translate knowledge into reasonable and good decisions.

“In today’s world, everyone has to make choices and decisions based on their everyday life experiences,” Byrd explains. “‘Just A Thought’ gives the individual the ability to self-examine themselves with an open mind, to the issues that they may face on a daily basis.”

A snippet from the book reads:

A problem is just an issue that hasn’t been faced with a solution...

“Just A Thought”
By Richard Byrd
Softcover | 8.5 x 8.5in | 106 pages | ISBN 9781546252283
E-Book | 106 pages | ISBN 9781546252290
Available at Amazon and Barnes & Noble

About the Author
Richard Byrd has always been “that person that wished they could do something to help someone else.” “Just A Thought” is his first book.

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