Mill City Press Author Releases A Compelling Memoir Which Enchants and Inspires

Valerie Dziengiel’s life story passes on lessons she learned to help others heal.


Alone In The Darkness: In Search of Hope is a captivating reflection of the author’s turmoil as she deals with her husband’s terminal illness and faces the challenges which unexpectedly disrupt their lives. Experience the anguish through her eyes as she tries to conquer her grief in this story.

This is an enchanting true story which engages the reader by drawing them into the blossoming of the author’s young love in the mid-1960’s during the Vietnam War. It will tug at your heartstrings when she explores the tragic events which overtake their lives.

“Life often presents overwhelming obstacles,” said Dziengiel, but she believes her positive course of action enabled her to come to terms with her grief and hopes the lessons she learned will help others find their own path to healing.

Valerie Dziengiel was born in Brooklyn, NY and moved to Southeast Connecticut during the 1960’s, at which time she met her husband, Walter, who predeceased her. Her personal experiences with grief as the result of her husband’s death inspired her memoir. Alone In The Darkness: In Search of Hope is her first book.
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Online Web 2.0 Version
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