US Sports Camps Announces The Nike Running Camps and Duke University 2019 Summer Camp Dates

Working together with the Nike Running Camps, Duke University rolls out their 2019 dates for both their track & field and cross country camps.

SAN RAFAEL, Calif. (PRWEB) February 20, 2019 -- Track & field athletes have the opportunity to train on the Morris Williams Track & Field Stadium, July 10-13, and middle distance and cross country runners through the Duke Forest, July 19-22.

Always a sell-out, campers live the life of Duke athletes, staying in the dorms on campus, eating in the dining calls and training on the same facilities used by the University’s student-athletes. Duke Associate Head Coach Shawn Wilbourn is at the helm of both programs, designing the perfect summer training programs for the campers.

“I’m very excited to partner with US Sports Camps again this summer. We have a tremendous program prepared that will be staffed with experienced and motivated coaches,” says Wilbourn. “I truly believe that we put on the most comprehensive track & field and cross country camps in the country. We look forward to seeing you at Duke this summer.”

The United States Track & Field and Cross Country Coaches Association recognized Wilbourn as the Southeast Region Women’s Assistant Coach of the Year in both 2015 and 2016 following the conclusion of the outdoor seasons. During his Duke tenure, Wilbourn has coached two NCAA Champions, 20 All-Americans, 12 ACC Champions and 64 All-ACC honorees.

“Coach Wilbourn directs fabulous summer training camps,” says Jan O’Connor, Executive Vice President of US Sports Camps. “He has created positive, outstanding programs, sharing his dedication and knowledge of the sport to his young athletes. Wilbourn understands what it takes to become a successful runner and will share the tools necessary to attain those goals.”

The track camp is open to those specializing in sprints, hurdles, jumps, throws and pole vault, first session; middle distance and cross-country athletes to the second session. Coed- ages 12-18, for those who are interested in furthering their knowledge on training, injury prevention, nutrition, strength training, and recovery.

About US Sports Camps

US Sports Camps (USSC), headquartered in San Rafael, California, is America's largest sports camp network and the licensed operator of NIKE Sports Camps. Celebrating over 40 years, the company has offered summer camps with the same mission that defines it today: to shape a lifelong enjoyment of athletics through high quality sports education and skill enhancement.

Players, coaches, parents and others interested in the 2019 Nike Running Camps can visit www.uspsportscamps.com/running or call 1-800-645-3226.
Contact Information
Steve Pence
US Sports Camps Inc
http://https://www.usports camps.com
415-451-2206

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