Brenda Palmer’s Newly Released “Discovering The True You” Shares an Inspiring Idea of Finding One’s Ultimate Purpose in Life as a Child of God

“Discovering The True You” from Christian Faith Publishing author Brenda Palmer is a resounding opus about becoming God’s fulfilled creation by discovering one’s true potential.

MEADVILLE, Pa. (PRWEB) April 30, 2019 -- “Discovering The True You”: an evoking masterpiece that shares wise words aimed at invigorating the heart and soul to unlock one’s spiritual greatness. “Discovering The True You” is the creation of published author, Brenda Palmer, a graduate of Voorheee College with a Bachelor of Science degree in organizational management, a patient account representative/counselor, and a medical record analyst.

Palmer shares, “Brenda Palmer was motivated to write this book because of what was instilled in her at an early age by a woman named Anita Stroud, who took her, her siblings and other children into her home in the projects of Fairview Homes, a neighborhood infested with drugs, violence, and teenage pregnancy. She took them under her wings and taught them domestic skills like sewing, knitting, and crafting along with learning the attributes of perseverance, endurance, and good work ethics. She also made it possible for them to participate in summer camp supported by the local churches in the community of Charlotte. Ms. Stroud never had children, but they were her children, whom she taught to work with their hands and make use of their God-given talents God placed in them. She taught them through Christ they could do all things.

Also, as an adult, Brenda was motivated by an very dear friend Trinette Vereen who started a book club at their church who introduce them to a writer who offered writing courses once a month. Trinette was so kind enough to let Brenda accompany her to the courses by driving her there. God will place people in our lives to lead us to the destiny or future he has planned for us. Brenda was instructed by God to write this book, but had no idea as to how God will bring it too life. Through kind and loving people ‘God did it.’ This book will lead you to your true self in Jesus Christ.”

To contact Brenda with comments or questions, please feel free to email her at:

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Published by Christian Faith Publishing, Brenda Palmer’s new book exudes with concepts of steadfastness and conviction in God and addressed them as pivotal virtues needed to revitalize one’s self and be blessed to achieve a purposeful life.

View a synopsis of “Discovering The True You” on YouTube.

Consumers can purchase “Discovering The True You” at traditional brick & mortar bookstores, or online at Amazon.com, Apple iTunes store, or Barnes and Noble.

For additional information or inquiries about “Discovering The True You”, contact the Christian Faith Publishing media department at 866-554-0919.
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