Dr. Dale Spencer Spreads Gum Disease Awareness to Newton, NC

Dr. Dale Spencer of Hickory Dental Care spreads awareness of gum disease to Newton, NC.

Newton, NC (PRWEB) October 09, 2019 -- To spread awareness of the importance of gum disease treatment and prevention, Dr. Dale Spencer of Hickory Dental Care invites patients with gum disease in Newton, NC to visit his practice and learn how to improve gum health.

According to a study by the Journal of Dental Research, almost half of Americans over the age of 30 have gum disease. Gum disease typically goes unnoticed, but as it progresses, it breaks down tissues beneath the gum line and can eventually lead to tooth loss. Additionally, gum disease has been linked to systemic health conditions such as diabetes, heart disease, stroke, and premature births.

Gingivitis, the first stage of gum disease, results in red, swollen gums, bleeding gums while brushing and flossing, and chronic bad breath. As gum disease advances into periodontitis and advanced periodontitis, pockets form between the teeth and gums, gums recede, connective tissue deteriorates, and eventually, patients suffer tooth and bone loss.

An expert in gum disease and its consequences, Dr. Spencer realizes the lack of mainstream knowledge about these long-term effects. As a result, he is striving to educate Newton, NC and the surrounding areas on how to recognize gum disease and promote gum health.

“The mission of the practice is to serve our patients, to help them have better dental health, to feel better about themselves and to do it in a caring, safe manner,” Dr. Spencer explains. “That’s pretty much what we are all about.”

To help patients treat gum disease, Dr. Spencer and offers multiple treatment options depending on the severity of the gum disease. These treatments include scaling and root planing, soft tissue reconverting, gum grafting, osseous surgery, and minimally invasive laser gum therapy. His laser gum therapy targets bacteria and diseased tissue without incisions, providing less pain and faster healing time for patients. Dr. Spencer also offers sedation dentistry for patients suffering with dental anxiety.

Patients in Newton, NC with swollen and bleeding gums are encouraged to connect with Dr. Spencer by calling 828-270-7853 or visiting www.hickorydental.com. Other services provided at Hickory Dental Care include general dentistry, dental implants, sleep apnea treatment, and cosmetic dentistry.

About the Dentist

Hickory Dental Care offers modern, comprehensive dental care to patients in Hickory, NC, including general dentistry, dental implants, sedation treatment and cosmetic dentistry. Dr. Dale Spencer is a graduate of the University of North Carolina at Chapel Hill, a Fellow of the American Academy of Implant Dentistry and a Diplomate of the American Board of Oral Implantology/Implant Dentistry. He is trained in the latest dental technology and offers comprehensive, comfortable, and predictable treatments for patients, including implant dentistry and IV sedation. The Hickory Dental Care team is dedicated to providing exceptional care for their patients and strives to create an office environment that is welcoming, compassionate, and of the highest quality. To learn more about Dr. Spencer and the services offered at Hickory Dental Care, call 828-270-7853 or
visit [www.hickorydental.com](http://www.hickorydental.com) to schedule a consultation.
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