Major, Lindsey & Africa Launches Erasing the Stigma: Conversations about Mental Health in the Legal Profession

In each episode of the podcast, Mark Yacano, Global Practice Leader for MLA’s Managed Legal Services team, engages in thought-provoking dialogues with legal, mental health and wellness experts discussing the state of mental health and well-being in the profession and exploring the opportunities that exist to destigmatize the challenges and build awareness.

HANOVER, Md. (PRWEB) November 05, 2019 -- Major, Lindsey & Africa (MLA), the world’s leading legal search firm, has launched a new podcast, Erasing the Stigma: Conversations about Mental Health in the Legal Profession. In each episode of the podcast, Mark Yacano, Global Practice Leader for MLA’s Managed Legal Services team, engages in thought-provoking dialogues with legal, mental health and wellness experts discussing the state of mental health and well-being in the profession and exploring the opportunities that exist to destigmatize the challenges and build awareness. The series will release a new episode every two weeks.

The first episode features Patrick Krill of Krill Strategies. An internationally known expert on mental health and substance abuse issues in the legal profession, Patrick and Mark chat about the ABA/Hazelden Betty Ford Foundation’s study on substance use and mental health, its findings and the state of mental health in the industry.

“I am excited that MLA has provided me with the ability to dig into deep and compelling issues around mental health in our profession,” said Mark. “Only through dialogue and awareness can we create safe-places where people can ask for help without fear of being labeled or stigmatized.”

Fans of the podcast can email Heather Travaglini at htravaglini@mlaglobal.com to provide feedback and suggest topics as well as future guests.

To listen to the podcast, visit MLAGlobal.com as well as SoundCloud, Google Podcasts, iTunes, Spotify, Stitcher, TuneIn and Blubrry.

About Major, Lindsey & Africa
Founded in 1982, Major, Lindsey & Africa is the largest and most experienced legal search firm in the world. With more than 25 offices worldwide, Major, Lindsey & Africa has earned recognition for its track record of successful general counsel, corporate counsel, partner, associate, and law firm management placements. The firm also provides law firms and companies with highly specialized legal professionals on project, interim and temporary-to-permanent hire basis. Combining local market knowledge and a global recruiting network, Major, Lindsey & Africa recruiters are dedicated to understanding and meeting client and candidate needs while maintaining the highest degree of professionalism and confidentiality. The firm considers every search a diversity search and has been committed to diversity in the law since its inception. Major, Lindsey & Africa is an Allegis Group company, the global leader in talent solutions.

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