Dentist, Dr. Kevin Hogan, Helps North Charleston, SC Patients Improve Sleep and Overall Health with Sleep Apnea Treatments

Experienced dentist, Dr. Kevin Hogan, offers effective sleep apnea treatment in North Charleston, SC to provide relief to patients who snore constantly or have trouble sleeping. Dr. Hogan offers both time-tested CPAP therapy and minimally invasive oral appliance therapy.

NORTH CHARLESTON, S.C. (PRWEB) November 06, 2019 -- Dr. Kevin Hogan, respected dentist in North Charleston, SC, offers patients who have been diagnosed with sleep apnea, multiple solutions to get a healthier and better night’s sleep. Sleep apnea treatment helps alleviate some of the prominent causes of a restless night and can help patients sleep better, cease snoring and improve their overall health. The practice, Smiles By Hogan, offers both custom oral appliance therapy and CPAP machine therapy as effective forms of sleep apnea treatment.

“It’s important to treat sleep apnea because it can cause patients to be super fatigued or lead to hypertension, diabetes, heart disease, CBA and all kinds of medical problems that could be prevented,” says Dr. Hogan. “By treating sleep apnea at any stage, you improve the patient’s quality of life.”

Sleep apnea is a serious health condition that causes breathing to halt throughout the night, which deprives the brain of oxygen. Patients suffering from obstructive sleep apnea (OSA) often have excessive soft tissues in the back of their neck and throat, which fall into the airway while the patient sleeps. When these tissues block the airway, oxygen is no longer able to easily get to the body. This is the primary cause of constant, loud snoring and often the reason patients wake up frequently throughout the night gasping for air. Common symptoms of sleep apnea include:
- Morning headaches
- Daytime fatigue
- Falling asleep accidentally during the day
- Difficulty sleeping
- Incessant loud snoring
- Waking up repeatedly throughout the night short of breath

Trained dentists like Dr. Hogan can offer sleep apnea treatments that prevent this airway obstruction and allow patients to breathe freely at night. The most common form of sleep apnea treatment is a CPAP machine. This machine provides a mask that is worn over the face at night. The machine continually forces air into the throat, allowing patients to receive the oxygen they need.

Some patients prefer a sleep apnea treatment without CPAP because of the bulky nature of the CPAP device. For these patients, Dr. Hogan offers a more subtle sleep apnea treatment with a customized oral appliance. This appliance is a small mouthguard that is worn over the teeth at night which gently repositions the jaw into alignment to prevent the soft tissues from blocking the airway. This sleep apnea treatment is preferred by many patients due to its ease of use, small size and effective treatment results.

Dr. Hogan is a dentist with years of experience in providing sleep apnea treatment in North Charleston, SC and the surrounding areas. Those interested in being evaluated for a solution to sleep apnea are encouraged to contact the practice by calling 843-216-0908 or visiting www.smilesbyhogan.com.
About the Dentist

Dr. Kevin Hogan is a general dentist providing individualized care for patients in Mt. Pleasant, SC. Dr. Hogan is a graduate of the Indiana University School of Dentistry and has completed hundreds of hours of continuing education courses to stay contemporary with the latest dental technologies. In addition, he has also completed coursework with the Dental Organization for Conscious Sedation and has lectured at the University of North Carolina, Emory University, the Saginaw Valley University and AUA-American University of Antigua on head and neck anatomy and oral pathology. Dr. Hogan is a member of the American Dental Association, International College of Cranio-Mandibular Orthopedics, Academy of Laser Dentistry, International Association of Physiologic Aesthetics, Institute for Advanced Laser Dentistry, DOCS (the Dental Organization for Conscious Sedation), International Congress of Oral Implantologists and the South Carolina Dental Association. He is also a past member of the American Straight Wire Orthodontic Association, Maxillofacial Orthopedic Growth and Development, the American Academy of Pediatric Dentistry and the Functional Orthodontic Society. He and his team are dedicated to providing exceptional oral care to patients through personalized treatment plans. To learn more about the services offered by Dr. Hogan, please visit his website at www.smilesbyhogan.com or call 843-216-0908.
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