Dame Dr. Effie Chow & Sharon Kleyne Discover The Qi Of Water

Chow & Kleyne Discuss Qi of Water for Best Health Practices on Kleyne Talk Radio The Sponsored by Nature’s Tears® EyeMist®. Chow & Kleyne Promote Healthy Qi with The Power of Water & Kleyne’s Health Olympics.

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Guest: Dame Dr. Effie Chow, Ph.D., International Qigong Grand Master, Bay Area

American Qigong Grand Master Dame Dr. Effie Chow, Ph.D. and Sharon Kleyne know that the power of Qi is in the water and that water is in everyone and everything on earth. If one wants to be healthy, one must tap into the healing power of Qi that is found in the water.

Water Life Science® and Health Olympics inventor Sharon Kleyne, host of the nationally syndicated weekly radio program, The Sharon Kleyne Hour Water Life Science®/Nature’s Pharma®, The Power of Water® & Your Health sponsored by Nature’s Tears® EyeMist® on VoiceAmerica produced by Rose Hong, founder/director of Global Dragon TV in Washington, D.C., teaches that “without water there is no life on earth. Without water the soil will turn to sand. Don't blame climate change,” adds Kleyne. “Blame humans for not learning enough about the water.”

Chow, born on September 28th, the same day as Confucious, travels throughout the world teaching the gentle martial art of Qigong and proper breathing techniques, breathing that it centered on the diaphragm. “When you understand the healing power of Qi,” Chow says, “you are calm in spite of anything that is going on around you. It is all in the breath. Scientists are now discovering that oxygen is the best method for fighting cancer. Oxygen is the remedy for poor health.

Kleyne also advocates this right way of breathing. “Healthy people learn to breathe with the atmosphere,” Kleyne says, who also advocates for the importance of drinking plenty of fresh water every day and getting enough restful sleep. “The kitchen table is what makes the world go round,” says Kleyne.

“Yet the kitchen table will crumble if it dries out,” cautions Chow. “It needs water, too.”

“Water is so important,” Chow continues. An energy healer, acupuncturist, humanitarian, international speaker, Futurist and Visionary, Chow has spent more than 40 years integrating traditional Chinese medicine (TCM) and Qigong with western medicine. Through the Chow Healing System, Chow works with students and patients to improve posture, breath, diet, sleep and emotions. Chow proudly points to the fact that alternative medicine has now been integrated in all medical schools in the U.S. and Canada. “Still,” Chow added, “there is far to go.”

Chow and Kleyne discussed Chow’s Global Healing Alliance, through which Chow is also trying to find more affordable health insurance for people who could benefit from alternative medicine. “Too much alternative therapy is not covered by insurance,” said Chow. “People become trapped on a healthcare see-saw. A patient comes to alternative medicine but can only afford a few treatments. They start to feel better, but then must go back to western medicine. Soon, they feel sick again and come back for a little more alternative medicine. This goes on and on.”
If you would like to listen to the program featuring international healer and Grand Qigong Master Dame Dr. Effie Chow, Ph.D. and Water Life Science® and Health Olympics inventor and educator Sharon Kleyne talking about the global water crisis, the importance of drinking enough pure water for health, Qigong and healing qi of water, you can follow this link: https://www.voiceamerica.com/episode/118420/the-miracles-in-healing-and-living-with qi-and-water
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