Attune Brings Wellness Movement to the South with 4-Day Transformational Experience Headlined by Gabby Bernstein, Elizabeth Gilbert, Lauren Roxburgh, and Joe Dispenza

Hosted at Serenbe, the urban utopia outside of Atlanta, Attune will provide wellness and spiritual seekers with four days of learning, meditation and social experiences

ATLANTA (PRWEB) November 07, 2019 -- Attune, a thoughtfully curated four day experience from Living Wholly, will offer event attendees the opportunity to connect socially, attune inwardly and get inspired. Headlined by A-list speakers including #1 New York Times bestselling authors Gabby Bernstein and Elizabeth Gilbert; fitness guru Lauren Roxburgh; and wellness pioneers Joe Dispenza and Luke Storey, the experience will feature a range of talks, interactive workshops and immersive experiences rooted in nature.

Attune begins this Friday, November 8 and runs through November 11, and will be held at Serenbe, a wellness-based community 40 minutes outside of Atlanta. Set among acres of preserved forests, meadows and nature trails Serenbe is a community of homes and business with a focus on wellbeing, nature, passion and creativity, making it an ideal venue for Attune.

“We’re thrilled to host the first year of Attune at Serenbe,” said Jenny Emblom, founder of Attune and Living Wholly. “With roots in the South, I feel grateful to be bringing the first of its kind to this part of the country, providing accessibility to top notch speakers to a growing audience of wellness and spiritual seekers who are craving it.”

Throughout the weekend, attendees will have access to transformational content, meditation and yoga sessions, cathartic movement practices, time in nature, and seated dinners under the stars. Additionally, each day will feature keynote sessions and workshops hosted by industry experts, including:

Elizabeth Gilbert - Author, Eat Pray Love and City of Girls
Dr. Joe Dispenza - Researcher and author
Gabby Bernstein - Author, Super Attractor
Elissa Goodman - Holistic nutritionist and author
Lauren Roxburgh - Author, speaker and body whisperer
John Wineland - Speaker and teacher of spiritual intimacy and sexual polarity
Sahara Rose - Nutritionist and podcast host
Shaman Durek - Healer and spiritual guide
Caley Alyssa - Yoga instructor
Light Watkins - Meditation instructor
Zoe LePage - Instructor form “The Class by Taryn Toomey”
Sukhdev Jackson - Yoga instructor and musician
Akahdahmah Jackson - Yoga instructor and musician
Lena Franklin - Meditation instructor and therapist
Jamie Butler - Medium and teacher
Ryland Engelhart - Entrepreneur and activist
Baelyn Elspeth - Ceremonialist
Donna De Lory - Musician
Luke Storey will be on site at the event taping his popular podcast, “The Life Stylist”, with interviews from the lineup above. Episodes will air immediately following interviews, giving non-attendees exclusive, nearly live access to world renowned speakers and sessions.

Also on site is the Attune Artist Village, a curated collection of artisans, local vendors, and event partners, supporting the idea of mindfully, sustainably and artfully made goods. Vendors and partners include:


Full immersion passes and day passes for Friday, Saturday and Sunday’s activities are available for purchase on [www.attunebylivingwholly.com](http://www.attunebylivingwholly.com). For those who are unable to attend, follow @living_wholly and #timetoattune on Instagram to stay up to date on the weekend’s activities, as well as tune into "The Life Stylist” Podcast.

About Living Wholly
Since 2013, Living Wholly has offered our guests opportunities for human connection, unique content, potent tools of transformation and exquisite experiences with like-minded people. The living Wholly team has planned and managed hundreds of events with 300+ aligned partnerships.

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