Health Specialist Warns About Dangers of Right Sided Chest Pain

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Los Angeles, CA (PRWEB) March 27, 2011 -- Chest pain is always a cause for concern. While left sided pain in the chest is usually linked with heart attacks and many cardiac related problems, right sided chest pain should never be undermined. As per ElderlyJournal.com health specialist, Dr Nick Chaiyapin, causes of right sided chest pain are more serious than what most people assume. "This kind of chest pain is definitely a sign of some disease or disorder, especially in the elderly," claims Dr Chaiyapin.

As per the CDC and NIH, chest pain is a common complaint among people. Chest pain on the left side tends to cause more alarm in people as they know the heart is located in the left side of the chest cavity. However, what many people do not realize that even right sided chest pain should ring alarm bells. Angina can often be the cause of right sided chest pain. However, the good news is most causes of right sided chest pain are non-cardiac in nature.

Many lung problems can result in pain in the right side of the chest. Penumothorax, pleurisy, asthma, pulmonary embolism and pneumonia are some of the lung disorders that result in pain in the right side of the chest. Usually, this pain tends to worsen when the person breathes deeply, coughs or does moderate physical activity. The pain experienced is a sharp stabbing sensation in the chest. At times, the pain may radiate to the arms, shoulders, jaw and/or neck.

Disorders related to the digestive system, like gallstones or inflammation of the liver, can also cause pain in the right side of the chest. Even stomach ulcers, GERD and pancreas problems tend to cause this kind of pain.

Dr Chaiyapin contends that most people do not seek medical help when they experience pain in the right side of the chest. However, a medical checkup will allow the doctor to understand the cause and prescribe a course of treatment, as some of the causes of right sided chest pain are serious and maybe life-threatening if not treated.

"The elderly should immediately visit a doctor the moment they experience pain in the right side of the chest as they are in the high risk category," says Dr Chaiyapin. While pain in the right side could be non-cardiac related, it could also occur due to angina. Hence, thorough investigation is required to figure out the cause of the pain.

It is best not to neglect this pain if you are a senior citizen over 65 years old. Seeking timely medical attention could help save your life.

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