Turmeric Found in Diabetes Support Supplements Lowers A1C Levels in Diabetic Albino Rats, by ProactiveLife

According to study turmeric also reduced oxidative stress.

Rancho Palos Verdes, CA (PRWEB) March 27, 2012 -- Diabetes Support Supplements now contains Turmeric, a spice with numerous potential health benefits. A study by Department of Biochemistry, Annamalai University India reveals the potential health benefits of turmeric on diabetic induced rats as found in Diabetes Support Supplements by ProactiveLife.

“Administration of turmeric or curcumin to diabetic rats reduced the blood sugar, Hb and glycosylated hemoglobin levels significantly. Turmeric and curcumin supplementation also reduced the oxidative stress encountered by the diabetic rats.”

In addition to the this study there are 24 active National Institutes of Health studies looking at additional benefits of turmeric including the fields of cancer, arthritis, Alzheimer’s and now type 2 diabetes.

Diabetes Support contains ten ingredients which may lower blood sugar levels including turmeric, cocoa, cinnamon, omega-3, vitamin D and others. Along with lifestyle changes including diet and exercise Diabetes Support is a new proactive approach to overall health management.

ProactiveLife (www.proactivelife.com) was founded in 2011 to help people take control of their health. The approach incorporates community, lifestyle changes, and natural supplements which have been proven to assist people with blood sugar and energy regulation.


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