Sedation Dentistry Book Promises Plenty of Gain, No Pain

No pain, no gain? Not according to Dr. Laurence E. Fendrich in his short new book, Painless Dentistry ... It Really Does Happen: The Magic of IV Sedation Dentistry. This veteran dentist believes you can experience plenty of gain without pain, and he tells readers in detail why sedation dentistry is the secret to doing so.

Boca Raton, FL (PRWEB) February 14, 2015 -- Some 15 percent of Americans never visit a dentist because they are afraid to do so. Countless others find their way to the reclining chair reluctantly, oftentimes only when an emergency—such as a broken tooth or deep-rooted cavity—causes such tremendous discomfort that over-the-counter pain relievers no longer offer relief.

Would the minds of these odontophobes be changed if they knew more about sedation dentistry—or that the method existed at all? Florida sedation dentist Dr. Laurence E. Fendrich believes they would, and he’s written a short-but-detailed book on the subject that explains the technique in perhaps more detail than ever before.

The Florida doctor’s 58-page book, Painless Dentistry … It Really Does Happen: The Magic of IV Sedation Dentistry, evolves from the minds of trustworthy experts in the field of dentistry. He and his partners have performed some 11,000 sedations in their practice—and not once has there been a significant medical complication. They have taken rigorous post-graduate courses in dental anesthesia and, on the extremely off-chance a complication did occur, Dr, Fendrich and his partners and associates are trained in advanced cardiac life support.

Credentials aside, where this book really shines is in its thorough explanation of sedation dentistry. The text goes far beyond just explaining the procedure—where patients are given specific medications that place them under conscious sedation so they don’t feel or remember a thing about the filling, implant, root canal, or even routine cleaning that was just performed.

Peppered throughout with happy-patient testimonials, the book offers detailed medical definitions of sedation, talks about the history of the procedure that dates back to the mid-1800s, the available levels and types of sedation, and even names and explains the drugs typically used during sedation. But the merits of sedation dentistry don’t just come from the mouths of Fendrich and his satisfied customers. Studies are cited, as well, including one by the American Association of Oral and Maxillofacial Surgeons which concluded that “sedation dentistry is extremely safe and very well received by patients.”

The list of those who can benefit from sedation dentistry is extensive, and includes those with phobias, those short on time and in need of a lot of work done in a hurry, and those in need of complex dental issues such as extractions, implants, crowns—or any combination of the above. “Even people with the worst cases of gum disease, tooth decay, or a host of other problems can undergo dental procedures with the help of sedation and come out feeling good about themselves and feeling healthier because they’ve had all their dental problems fixed,” the author writes.

Perhaps the most beneficial part of the book comes near the end. It’s a step-by-step walkthrough of what your trip to the dentist will be like. The authors take you from front desk through X-rays, and from what you will need to do the day before your appointment to exactly what you will experience in the chair and after. “The best part of the whole experience,” Fendrich writes, “will come when you wake up from your [post-procedure] nap
and get up to look at yourself in your bathroom mirror. Open wide, and we’re sure you’re going to like what you see. Whatever problems your teeth had will be gone, a beaming, beautiful smile in their place. And even better you’ll have no memory of what it took to get it that way.”

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