Dr. Vito Zepinic Presents the Clinical Effects of Complex Trauma

Book reaches out to help those with harrowing life experiences.

(PRWEB) January 12, 2013 -- A compelling and informative read, “Hidden Scars: Understanding and Treating Complex Trauma” covers over a decade of research and clinical experience about severely traumatized individuals such as the survivors of war, combat, rape, or extreme violence. The author, Dr. Vito Zepinic, brilliantly presents this book to the public with two goals in mind. The first is to provide clinicians and academics with a comprehensive view of what he has done with over a decade of research and clinical experience in assessing and treating patients with various complex traumas. The second objective is to initiate suggestions from others in finding the best possible understanding and treatment of complex trauma patients.

This book provides a practical framework and a variety of evidence-based approaches for the conceptualization, assessment, diagnosis, and psychotherapeutic treatment of complex trauma also known as PTSD. The heart of this book is a practical methodology of using the Dynamic Therapy model, a goal-directed, holotropic phased therapy, designed to integrate the shattered personality caused by diverse, long-lasting, and pervasive effects of the harrowing event(s) in one’s life. It is a therapeutic model which integrates the knowledge and experience of the multidimensional nature of the trauma.

Readers will learn a wide-array of well-researched facts, reliable clinical research materials and even practical modes of instruction in order to aid those who are psychologically debilitated by this disorder. Dr. Zepinic shows a great level of understanding and expertise in handling such sensitive and extremely overwhelming cases thus allowing his readers to empathize and relate with those they know to have such painful encounters in life.

For more information on this book, interested parties may log on to www.XlibrisPublishing.co.uk.

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