New Study Confirms Efficacy of Pillar Procedure in the Treatment of Snoring and Sleep Apnea

Dr. Craig Schwimmer, Founder of The Snoring Center, the nation's leading provider of the Pillar Procedure, comments on the study

Dallas, TX (PRWEB) February 28, 2013 -- A study published in the January issue of Laryngoscope confirms that the Pillar Procedure is an effective means of reducing snoring and mild-to-moderate sleep apnea.

After reviewing seven studies on the impact of the Pillar Procedure on snoring and mild-to-moderate obstructive sleep apnea, the authors concluded, “the Pillar implant seems to have a considerable efficacy on snoring and mild-to-moderate OSA (obstructive sleep apnea) patients.”

Medtronic’s Pillar Procedure is a minimally invasive method for stiffening the soft palate that works by placing small woven implants into the soft palate. The Pillar Procedure was first approved as a treatment for snoring by the FDA in 2002, and for mild-to-moderate obstructive sleep apnea in 2004. This review adds to the considerable pre-existing data supporting the use of the Pillar Procedure as an effective, convenient, patient-friendly treatment option.

Dr. Craig Schwimmer, Founder of The Snoring Center, offers this assessment of this recent study:

“As encouraging as these results are, I believe that they actually underestimate the value of the Pillar Procedure in the treatment of snoring and sleep apnea. This study examined the impact of the Pillar Procedure as sole therapy, in that all patients were treated only with a Pillar Procedure. While the results from the Pillar Procedure alone were quite good, there is compelling evidence that outcomes are even better when the Pillar Procedure is combined with other minimally invasive treatment options. It is exactly this type of multi-level, or comprehensive approach, which is the basis of care at the Snoring Center, where the Pillar Procedure is an integral part of, rather than the sole means of, snoring and sleep apnea treatment”.


About the Snoring Center

The Snoring Center is the country’s leading provider of minimally invasive, office based snoring and sleep apnea treatment. The Snoring Center has performed more Pillar Procedures than any other practice in America. The Snoring Center treats patients with snoring and sleep apnea, using a variety of procedures – all of which use only local anesthesia, and which allow patients to immediately return to normal activities.

The Snoring Center offers patients “comprehensive treatment”, combining those procedures most likely to yield maximal improvement with minimal inconvenience or discomfort – all for a fixed price. Eschewing traditional invasive surgical procedures, the Snoring Center has grown to be the largest such practice in the world, with offices in Dallas, Houston, Austin, Beverly Hills, Newport Beach, Atlanta, and Chicago. Since it’s founding in 2004, by noted Otolaryngologist Dr. Craig Schwimmer, the Snoring Center has treated over 10,000 patients from around the world.
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