The Ugly Truth: New Studies Show a Strong Link between Sleep Apnea and Cancer, States Better Rest Solutions

Those who suffer from OSA are more likely to develop cancer.

Boston, MA (PRWEB) April 04, 2013 -- Those who suffer from Obstructive Sleep Apnea (OSA) are most likely aware of the many health concerns that are connected with the disorder. OSA has been linked to daytime fatigue, hypertension, diabetes, heart disease, and Alzheimer’s disease. What has now been discovered is that OSA may be associated with an increased risk of cancer incidence and death, according to studies presented by the American Thoracic Society (ATS).

In one study announced on May 20, 2012, researchers of the University of Wisconsin, Madison, found that both the interrupted sleep and hypoxemia associated with sleep apnea were linked to an increased risk of dying from cancer. In another from January 19, 2013, the Hospital General de Requena in Valencia, Spain, found that hypoxemia was associated with an increased incidence of cancer. Hypoxemia, or low blood oxygen, describes a lower than normal level of oxygen in the blood. The body needs a certain level of oxygen circulating in the blood to cells and tissues in order to function properly.

BRS shared news from WCVB NewsCenter5 that people with the most severe forms of OSA are thought to be 65% more likely to develop cancer and 5 times more likely to die from it. The theory behind the OSA-cancer connection is that in order to compensate for the lack of oxygen the body experiences during OSA, it creates extra blood vessels that can fuel tumors, almost like a fertilizer for cancer.

There have been significant strides made in sleep apnea therapy. Continuous Positive Airway Pressure (CPAP) therapy is the most widely-used and most effective treatment for OSA—the life threatening disease that is estimated to affect more than 28 million Americans alone. Awareness is essential to diagnosing and treating sleep apnea and this awareness is brought to light on April 18, 2013—Sleep Apnea Awareness Day.

Because sleep apnea is a chronic condition that requires long-term management, it also requires long-term maintenance of the equipment. With CPAP therapy comes many challenges and one is keeping the equipment clean and sanitized. Better Rest Solutions’ (BRS) innovative product, SoClean™ automatically completes the daily chore of sanitizing a CPAP mask, hose, and reservoir without any disassembly. It uses ozone or “activated oxygen” to eliminate any mold, bacteria, and viruses it comes in contact with—safely and effectively. The SoClean utilizes this ozone to sanitize CPAP equipment and kills any bacteria or viruses that might be living in or on the end-user’s equipment and mask.

“While treating sleep apnea isn’t without its challenges, those challenges are far outweighed by the potential benefits,” said Mike Schmidt, President of BRS. “The avoidance of cancer is certainly a major benefit of treatment and maintaining sanitized CPAP equipment helps to keep you healthier as well.”

Many of the BRS employees either have OSA, or have a close family member that has it. They have personal insight into the condition and that insight is part of the foundation that they build their company on. They are dedicated to providing relief for fellow OSA sufferers and are proud to offer the SoClean as a way to get the most out of CPAP therapy.

For more information on Better Rest Solutions, the SoClean device visit: betterrestsolutions.com/SoClean.html
Ordering Information:
To order the SoClean, order directly from Better Rest Solutions at www.betterrestsolutions.com. Or contact CareFusion by phone at 800.582.7458 or by email at tiarasales(at)carefusion(dot)com.

About Better Rest Solutions:
Many of the employees at Better Rest Solutions either have, or have a close family member who has obstructive sleep apnea. Their personal insight into this condition is part of the foundation that they have built their company on. They are dedicated to providing relief for OSA sufferers and are proud to be offering the SoClean as a way to get the most out of CPAP therapy. Besides the health benefits connected with using germ-free equipment, there is a peace of mind that comes from knowing that the end-user’s CPAP equipment is as safe as can be.

For more information about Better Rest Solutions, visit: betterrestsolutions.com

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Contact Information
Lyndsay Johnson
Bound-by Marketing, Inc.
http://www.boundbymarketing.com
435.659.0270

Michael Schmidt
Better Rest Solutions
http://www.betterrestsolutions.com
866.501.3705

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