New Book Back Pain: How to Treat Upper and Lower Back Pain Released

Ronald M Lieberman, D.O. has released his new book Back Pain: How to Treat Upper and Lower Back Pain to help readers understand and treat their pain.

(PRWEB) January 23, 2014 -- Written for patients and medical professionals alike, Back Pain: How to Treat Upper and Lower Back Pain serves as educational and discovery guide to help readers understand chronic pain issues.

The book guides readers to discover possible causes of their back pain, and potential solutions so patients can lead a life they might not thought was possible: a life without pain.

Ronald M Lieberman, D.O. is a nationally recognized expert in the diagnosis and treatment of an array of painful spinal disorders. He is a board-certified physiatrist in both Physical Medicine and Rehabilitation, as well as Pain Management. He has over 15 years of experience in interventional spine pain management, and sports medicine.

Patients come to him for his individualized holistic solutions that encompass alternative regenerative therapies. Through his experience and aptitude to help patients, he’s created this book, Back Pain: How to Treat Upper and Lower Back Pain, which is now available on Amazon.

The book relays important information in a clear and factual manner in text and diagrams that can provide further insight for medical professionals who are stumped by their patients’ conditions or for patients who want more of an answer than what they have been getting from doctors, and don’t want to just learn to live with their pain.

For more visit http://painfreespine.com/publications/

About Ronald M Lieberman
Ronald M Lieberman, D.O. received his training in Physical Medicine and Rehabilitation at Temple University Hospital in Philadelphia, Pennsylvania and his medical degree from Philadelphia College of Osteopathic Medicine. Dr. Lieberman, specializes in diagnostic and therapeutic spinal injections as well as in advanced interventions, with more than 15 years of experience in interventional spine pain management and sports medicine. He is a national instructor for the International Spinal Injection Society and is actively involved in physician procuring of interventional pain management relieving strategies and procedures.

Board Certifications:
The American Board of Physical Medicine and Rehabilitation

Professional Memberships:
North American Spine Society
American Academy of Physical Medicine and Rehabilitation
International Spine Intervention Society
American Academy of Anti-Aging Medicine
Medical Society of the State of New York
International Cellular Medicine Society
American Society of Interventional Pain Physicians

Awards:
Voted Top Doctor – Delaware Today 2010

Publications:
Practical Pain Management. September 1, 2010: Occipito-Atlanto (C0-C1) Joints as a Source of Spinal Pain Fluoroscopic guided injection of anesthetic and corticosteroids into the occipito-atlanto joints may successfully treat occipital headaches and upper spine pain, Lieberman R

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