“Clinical Biopsychology in Theory and Practice Therapist Manual Price Reduction” Announced by the Center for Emotional Restructuring LLC

The manual, which includes step-by-step instructions on how to conduct an Emotional Restructuring session, is now available at its historically lowest price.

Greenville, SC (PRWEB) March 19, 2014 -- The only professional book written on assessment, conceptualization, and treatment based on the cortical column brain-based model is Clinical Biopsychology in Theory and Practice by Dr. Robert A. Moss. (Reduced from $34.95 to $19.95) Dr. Moss has authored a number of professional articles on the approach, as well as presenting papers and workshops in the U.S., Portugal, and Spain. The manual has been used in the clinical training of doctoral students in the classroom and in practicum.

The article that appeared in New Therapist magazine in January has stimulated interest in the Clinical Biopsychological Model in psychotherapy integration. It is expected that an article scheduled to appear next month in the Neuropsychotherapist magazine will lead to particular interest in the Emotional Restructuring procedure in the treatment of negative emotional memories tied to past and current relationships. Emotional Restructuring is a six-step, single session process directed toward neutralization of problematic memories. The article provides an explanation on how each step of the procedure theoretically leads to changes in the cerebral cortex of both sides of the brain.

The book provides detailed explanations on the assessment information needed for a comprehensive conceptualization on how a client’s particular psychological problems developed. Within the conceptualization, specific treatment is outlined. Additionally, treatment information for therapy clients is included on interpersonal relationship patterns (i.e., Givers and Takers), loss-related depression, and establishing goals and life priorities.

The articles that have appeared based on the Clinical Biopsychology manual are as follows:


Full information on the books by Dr. Moss and all aspects of the brain theory and its applications, including the articles, is available at the Emotional Restructuring website. All of his current brain-related articles, as well as past articles on headaches and facial pain, are also available at ResearchGate.com and Academia.edu. Dr. Moss is board certified in clinical psychology and neuropsychology. He has authored 49 professional articles and presented at numerous regional, national, and international conferences. He is the Editor-in-Chief of AIMS Neuroscience, a new open-access neuroscience journal.
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Online Web 2.0 Version
You can read the online version of this press release here.