Dr. Luciano L'Abate Advances Groundbreaking Theories about Mental Health Care in His 59th, 60th Books

Luciano L'Abate, recognized worldwide as the founder of the field of family psychology, is working on his 59th and 60th books to support his continuing efforts to change how mental health services will be delivered in the 21st century.

Atlanta, GA (PRWEB) April 17, 2014 -- In these latest books, Dr. L’Abate further advances his theory of using distance, remote writing on the Internet for preventive, promotional, para-therapeutic, therapeutic, and rehabilitative purposes. Dr. L’Abate believes that this approach can match most psychiatric disorders derived from common psychological tests and link interventions with matching evaluations in ways that cannot be achieved verbally from face-to-face meetings.

The new books will be available through Workbooks for Better Living (http://mentalhealthhelp.com/homepage/) either at the end of this year or next year. Dr. L’Abate founded the site in 1996 as a forum to offer low-cost interactive practice exercises administered by qualified mental health professionals.

“The workbooks consist of a series of assignments or homework assignments, interactive practice exercises comprised of questions or tasks to be utilized for educational, para-preventive, or para-therapeutic purposes,” said Dr. L’Abate. “Assignments can be administered through face-to-face interaction and delivered at a distance from participants through mail, fax, or computer. These workbooks can be used also as software for Computer-Assisted Interventions.”

Dr. L’Abate, a Professor Emeritus of Psychology at Georgia State University in Atlanta, founded the first Ph.D. program in Family Psychology and the first automated play therapy room in the world. He is a Diplomate and former Examiner of the American Board of Professional Psychology and Fellow and Approved Supervisor of the American Association for Marriage and Family Therapy. In 1994 he was awarded the title of "Family Psychologist of the Year" by the Division of Family Psychology of the American Psychological Association.

Because of his original and highly creative theories on family relationships and his continuing work in this field of psychology, Dr. L'Abate, remains a much sought-after speaker by universities and professional organizations. In August of 2013, for example, he presented a paper on the slow decline and possible demise of the traditional family at the annual American Psychological Association convention.

Despite the acceptance of his groundbreaking approaches in Europe, Asia and elsewhere, this Italian-born scholar has often been ahead of his time in developing clinical approaches that have yet to gain widespread acceptance in the United States. “Until more clinicians in the United States validate my theoretical models or apply more of my clinical approaches with greater frequency, I will not consider my many lifetime achievements fully acknowledged in American psychology,” Dr. L'Abate said recently.

Dr. L'Abate would be pleased to discuss his work, why he believes his work has not gained acceptance in the United States, and what he thinks it will take for that to happen.

TO INTERVIEW DR. L'ABATE: To arrange an interview Dr. L'Abate either in person or by phone, please contact: Simonetta Esposito, Zoe Worldwide. Email: Simonetta(at)zoe-worldwide(dot)com, (770) 906-6298.
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