Study: Shingles is Associated with Chronic Fatigue Syndrome; CBCD Reviews the Medical Evidence

A shingles outbreak increases the risk of developing Chronic Fatigue Syndrome (CFS) by two fold, according to a study published in The European Journal of Clinical Microbiology & Infectious Diseases in September 2014. (1) The CBCD recommends two natural shingles remedies.

Rochester, NY (PRWEB) October 08, 2014 -- “Infected with the varicella zoster virus (VZV)? The CBCD recommends taking Novirin or Gene-Eden-VIR.” – Greg Bennett, CBCD

Individuals who experience a shingles (herpes zoster) outbreak are almost twice as likely to develop Chronic Fatigue Syndrome (CFS). (1) Studies show that the varicella zoster virus, which causes shingles, may also cause CFS. “Infection of the peripheral ganglia causes at least some cases of Chronic Fatigue Syndrome (CFS), with a neurotropic herpesvirus, particularly varicella-zoster virus (VZV).” (See Medical Hypotheses, from 2009) (2) Chronic fatigue syndrome (CFS) is a complex disorder accompanied by unexplainable persistent fatigue (tired and weak all the time), in which several factors contribute to the development of the disease, such as latent viral infections. The Center for the Biology of Chronic Disease (CBCD) recommends that individuals infected with VZV take Novirin or Gene-Eden-VIR. The formula of these natural antiviral products was designed to help the immune system target the latent form of the shingles virus.

Click to learn more about latent viruses.

The CBCD therefore urges everyone infected with a latent virus, such as the varicella zoster virus (VZV), the human papillomavirus (HPV), the Epstein Barr Virus (EBV), the herpes simplex virus (HSV-1 and HSV-2), the cytomegalovirus (CMV, and more to learn about Novirin and Gene-Eden-VIR. The formula of Novirin and Gene-Eden-VIR was tested by Hanan Polansky and Edan Itzkovitz from the Center for the Biology of Chronic Disease (CBCD) in two clinical studies that followed FDA guidelines. The studies showed that the Novirin and Gene-Eden-VIR formula is effective against the HPV, HSV-1, HSV-2, EBV and other viruses. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, “individuals infected with the (HPV, HSV-1, HSV-2, EBV, and other viruses)...reported a safe decrease in their symptoms following treatment with Gene-Eden-VIR.” (3) The study authors also wrote that, “We observed a statistically significant decrease in the severity, duration, and frequency of symptoms.” (3)

Both products can be ordered online on the Novirin and Gene-Eden-VIR websites.

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses. To date, Novirin and Gene-Eden-VIR are the only natural antiviral products on the market with published clinical studies that support their claims.
Dr. JS Shapiro wrote in a study that “virtually all CFS symptoms could be produced by an infection of the peripheral ganglia, with infection of the autonomic ganglia causing fatigue, postural hypotension, and sleep disturbances, and infection of the sensory ganglia causing sensory symptoms such as chronic pain.” (2) Dr. Shapiro is from the University of Michigan. What Dr. Shapiro means, is that when the latent VZV infects the nerves, individuals can experience long term loss of memory or concentration, feeling unrefreshed after sleep, muscle pain, headaches, multi-joint pain without redness or swelling, and a frequent sore throat.

Dr. Shapiro continued, writing that “infections of the peripheral ganglia are known to cause long-term nerve dysfunction, which would help explain the chronic course of CFS. Herpesviruses have long been suspected as the cause of CFS; this theory has recently been supported by studies showing that administering antiherpes agents causes substantial improvement in some CFS patients.” (2)

“Shingles is caused by the varicella zoster virus, the same virus that causes chickenpox. After a person recovers from chickenpox, the virus stays in the body in a dormant (inactive) (latent) state. For reasons that are not fully known, the virus can reactivate years later, causing shingles.” (See the CDC’s website last updated on January 10, 2011) (4).

“A reactivation of VZV and an outbreak of Shingles can be bad enough without having to worry about the possibility of developing Chronic Fatigue Syndrome. That’s why we recommend helping the immune system target the latent Varicella Zoster Virus.” - Greg Bennett, CBCD

A recent post marketing clinical study published in the peer reviewed, medical journal Pharmacology & Pharmacy, in a special edition on Advances in Antiviral Drugs on August 12, 2013 showed that the Gene-Eden-VIR and Novirin formula, which includes 5 natural ingredients, safely reduced viral symptoms (3). Another study published in the same journal showed that this same formula helped reduce symptoms of fatigue. (5)

Click to read: Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study

Click to read: Gene-Eden-VIR Decreased Physical and Mental Fatigue in a Post Marketing Clinical Study That Followed FDA Guidelines; Results Support Microcompetition Theory

Click to learn more about Novirin and latent viruses and Gene-Eden-VIR and latent viruses.

References:


(4) CDC.gov - Shingles (Herpes Zoster) - Signs & Symptoms

cdc.gov/shingles/about/symptoms.html

5. Polansky, H. Itzkovitz, E. Gene-Eden-VIR Decreased Physical and Mental Fatigue in a Post Marketing Clinical Study That Followed FDA Guidelines; Results Support Microcompetition Theory. March 2014

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About CBCD

The Center for the Biology of Chronic Disease (http://www.cbcd.net) is a not-for-profit tax-exempt organization under section 501(c) 3 of the IRS tax code. The center’s mission is to advance the research on the biology of chronic disease and to accelerate the discovery of a cure for these diseases.
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