Biodex Medical Systems, Inc. Focuses on Helping Older Adults Maintain/Restore Their Functional Independence

Biodex Medical Systems, Inc. is featuring the Balance System™ SD and BioStep® 2 Semi-Elliptical Cross Trainer at the upcoming conference venue in Orlando, Florida for ICAA, MFA and Athletic Business.

Shirley, NY (PRWEB) November 06, 2014 -- Providing strength and aerobic conditioning - to improve balance and mobility - is important in helping older adults maintain their independence. Biodex Medical Systems, Inc. is featuring the Balance System™ SD and BioStep® 2 Semi-Elliptical Cross Trainer at the upcoming conference venue in Orlando, Florida for ICAA, MFA and Athletic Business.

The Biodex Balance System SD offers training modes to improve balance, increase agility, and develop muscle tone. Training includes static and dynamic balance exercise, weight shifting, increasing limits of stability and improving reaction time. System generated reports provide motivating feedback. The device includes a comprehensive Fall Risk Screening & Conditioning Program with an integral test that can quickly and accurately identify “potential fall” candidates.

The BioStep 2 helps strengthen the muscles specifically associated with mobility, walking and balance. The device provides a zero impact, safe and comfortable total body workout in both forward and reverse directions. The fluid motion is forgiving on knees, ankles, hips, and lower back. The low impact motion reduces the jarring impact often associated with other recumbent steppers.

Simple to use, these Balance & Mobility devices are suitable for physical rehabilitation under the direction of a therapist, or wellness centers where minimal supervision is available. Whatever the starting point, patients/members can progress through the various levels at their own pace.

“Biodex understands the value older adults place on maintaining their independence. A wellness program with a plan to improve balance and mobility helps meet this goal,” states Don Gronachan, Vice President Physical Medicine Sales. “We offer the Balance System SD and BioStep 2 for strength building and total aerobic exercise.”

Biodex Medical Systems, Inc. manufactures rehabilitation devices for all disciplines of physical medicine including Senior Rehabilitation, Sports Medicine/Orthopedic, Neurorehabilitation, Post-Acute Care and Wellness Conditioning.

The ICAA, MFA and Athletic Business conferences takes place November 13-14, 2014, Orlando, FL. Visit Biodex in the Athletic Business pavilion, Booth #423 for a hands-on product demonstration.

If you are unable to attend and want to learn more about Biodex products, programs and protocols contact Biodex directly at 1-800-224-6339 (Int’l 631-924-9000), visit our website, www.biodex.com, or email us at info(at)biodex(dot)com.

About Biodex Medical Systems, Inc.
Biodex Medical Systems, Inc. manufactures and distributes medical devices for physical medicine, nuclear medicine and molecular and medical imaging. It also provides balance assessment for concussion management.
as well as a fall risk screening and conditioning program. The Biodex commitment to innovative excellence spans more than 60 years. Our customer-driven support is why leading medical facilities around the globe call Biodex first.
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