"Health Attitude", a new book by Dr. John R. Patrick, explains the American healthcare system, what is wrong with it, and how to fix it.

"It's not disease, dollars or doctors standing in the way of safe, affordable healthcare. The solution includes a new health attitude for patients, providers, payers and policymakers." ~Dr. John Patrick in "Health Attitude"

Danbury, CT (PRWEB) May 30, 2015 -- "Despite having the most expensive healthcare in the world, Americans do not always get better health outcomes than people in other developed nations. The care we receive is expensive and not always safe" states author Dr. John Patrick in his new book "Health Attitude".

In Health Attitude: Unraveling and Solving the Complexities of Healthcare, John R. Patrick explores this conundrum in terms even newcomers to the healthcare policy debate will understand. He arrives at a fascinating conclusion: improving healthcare delivery and outcomes is not a technological or financial problem, it’s a matter of attitude.

Health Attitude provides a revealing look at the cultural, attitudinal, and technological barriers holding back the United States from achieving a more affordable, accessible, and effective healthcare system. Read how the inability to share personal healthcare information among hospitals, specialists, and primary care doctors limits the quality and safety of care. Health Attitude describes how the challenge of increasing collaboration for more effective healthcare is not a technical problem, it is attitudinal.

Dr. Patrick points out that "In the policy arena, the uninsured must rely on expensive emergency care. They receive limited preventive care. These realities are not limited by healthcare capabilities, but by the attitude of healthcare policymakers and politicians." Patrick argues that what's needed are new attitudes about healthcare to achieve true reform. He explores the key policy question of whether healthcare is a right or a privilege. His vision includes a system focused on patients and an accountable care model based on incentives which reward wellness, not sickness. Learn how consumer smartphone devices and apps, big data, analytics, 3-D printing, and robots are revolutionizing healthcare and how we relate to our physicians.

About Dr. Patrick
John R. Patrick is President of Attitude LLC and former Vice President of Internet Technology at IBM, where he worked for thirty-five years. During his IBM career, John was Vice President of Marketing for the launch of the IBM ThinkPad brand. One of the leading Internet visionaries, John is a well-known international lecturer and has been quoted frequently in the global media. Business 2.0 named him one of The 25 Most Intriguing Minds of the New Economy.


John was a founding member of the World Wide Web Consortium at MIT in 1994, a founding member and past chairman of the Global Internet Project, a member of the Internet Society and the American College of Healthcare Executives, a senior member of the Association for Computing Machinery, and a Fellow of the Institute of Electrical and Electronics Engineers. John has been a business and technology advisor to numerous
companies. He is a board member at MecklerMedia, Inc. and OCLC Online Computer Library Center, Inc. He is a member of the Western Connecticut Health Network Biomedical Research Institute Advisory Council. Read more in Wikipedia.

Dr. John R. Patrick holds degrees in electrical engineering, management, law, and health administration. He lives in Danbury, Connecticut and Palm Coast, Florida with his wife Joanne. His website is at attitudellc.org. He is available for interviews and speaking engagements. See more at: http://en.wikipedia.org/wiki/John_R._Patrick

Health Attitude is available online in paperback and Kindle versions. The CreateSpace e-store offers a 15% discount on any quantity of Health Attitude paperbacks. Use discount code: 3ZCLVD9F. An Audible version of Health Attitude is coming June 1. See all the purchase options at healthattitude.org.
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