Pregnancy Complication Outcomes in Women with Eating Disorders Presented at 2016 iaedp™ Symposium

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Pekin, IL (PRWEB) January 20, 2016 -- Women are rarely screened for eating disorders during their pregnancies, leaving many at risk for undiagnosed eating disorders and associated complications during and after pregnancy. During the 2016 iaedp Symposium, February 17 – 21, researchers will show that it is vital for clinicians and other health care providers to be aware of the common characteristics that present in pregnant women who are experiencing an eating disorder and who are at risk for developing or relapsing with an eating disorder.

The presentation, “Pregnancy & Eating Disorders: 9 Months of Cravings Versus a Lifetime of Struggles,” which will be presented on Fri., February 19 during the iaedp Symposium at the Omni on Amelia Island, Florida, will inform participants on the useful tools to gain deeper knowledge of what a pregnant woman is experiencing related to eating disorder symptoms. Medical complications, as well as the emotional and psychological effects, will be explored for participants to gain insight into the biopsychosocial lens of eating disorders in pregnancy and after giving birth. Additionally, participants will be educated on the psychopharmaceutic and psychotherapeutic treatment options. A case study connecting the components of the presentation will be reviewed as well.

With many women going undiagnosed with eating disorders during pregnancy, it is vital that clinicians and other health care providers be aware of various topics related to treatment, including 1) identifying common symptoms of eating disorders during pregnancy and effective tools and criteria for assessing eating disorders symptoms during pregnancy; 2) identifying common biopsychosocial complications related to eating disorders during pregnancy and the postpartum period; and 3) identifying and describing effective treatment modalities and options for women with eating disorders during pregnancy and postpartum.

The poster presentation’s lead presenter is Fatima Z. Ali, M.D., Clinical Assistant Professor of Psychiatry at University of Illinois, Chicago and Clinical Director of the Eating Disorders Program at Linden Oaks Hospital in Naperville, Illinois. She is Board Certified by the American Board of Psychiatry and Neurology and is a Distinguished Fellow of the American Psychiatric Association and has been an investigator in several clinical trials and has lectured extensively on issues related to Eating Disorders and Perinatal Mood and Anxiety Disorders. Co-presenter, Erin Terada, PsyD, is the Clinical Therapist in the Eating Disorder Inpatient Program at Linden Oaks Hospital in Naperville. She provides assessment and therapy services for patients in crisis presenting with primary complaint of eating disorder. Terada also is a Student Instructor at Roosevelt University, Chicago and has done presentations on the concept of therapeutic family meal as well as on body image issues in teens. She is a member of iaedp, American Psychological Association and the Association for Contextual Behavioral Science.
About iaedp:
Since 1985, the International Association of Eating Disorders Professionals has provided education and training standards to an international and multidisciplinary group of various healthcare treatment providers and helping professions.
Contact Information
Susan Lomelino
iaedp news
http://iaedp.com
+1 2145643285

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