Announcing Clinical Trials for Menopause BalanZ-Which Reduces Hot Flashes In 1 Month Without Even A Breast Swelling Side Effect

Menopause BalanZ is not a folk herbal remedy but an official herbal treatment for menopause.

Ann Arbor, MI (PRWEB) September 17, 2008 -- It is believed that herbal remedies are not scientifically proved. Surprisingly, Menopause BalanZ has been studied on humans and animals. It is listed in Chinese Pharmacopeia. In China, the official health insurance also covers it for menopause treatment. Menopause BalanZ has to pass the government standard for its efficacy and safety, in order to be listed in the Pharmacopeia. Below are some clinical trials and an animal study.

1. A clinical trial using ready-made pills


From 2002 to 2005, the author had treated 308 cases of menopause women by using Menopause BalanZ. Of the 308 women, 276 cases (89.6%) had hot flashes, 268 cases (87.01%) had dizziness, 270 cases (97.82%) had insomnia, 242 cases (78.57%) had irritability and 201 cases (65.25%) had ear ringing. Instructions: 6 pills a time, three times a day.

After 1-month treatment, 102 cases (33.11%) were completely cured, 104 cases (33.77%) were markedly improved, 76 cases (24.67%) received some results, and 24 cases (7.8%) had no result. Thus, the efficacy was 92.2%. No side effects were observed.

Interestingly, the author found that the shorter the menopause has been, the better the efficacy is. If a woman's menopause is within 6 months, the efficacy is 96.4%. If a woman's menopause has been 5 to 10 years, the efficacy is only 85.71%. This makes perfect sense. Unlike hormones which mask menopause symptoms, Menopause BalanZ is to awaken your body's built-in mechanism, so it is harder to jump-start a long idled built-in mechanism.

2. A clinical trial using raw herbs


From 1996 to 2001, the author had treated 72 cases of menopause women by using Menopause BalanZ. Menopause women were treated individually based on the basic herbal formula with additions and subtractions. They purchased raw herbs from herbal pharmacies and then boiled herbs at home. Instructions: Drink herbal soups twice a day.

After two-month treatment, 29 cases (40.27%) were completely cured, 39 cases (54.12%) were improved, and 4 cases (5.56%) had no result. Thus, the efficacy was 94.4%. No side effects were observed.

Therefore, up to 90% efficacy is proved by two independent studies.

3. Animal study
Menopause BalanZ is so safe that it is not lethal to mice at high doses. At the maximal dose, which is about 1000 times of the human adult dose, it did not even make mice drowsy, so the median lethal dose LD50 is undetectable (Study of Patent Medicine, 1987, (3):22-24). So far, it has been used for 27 years as an over-the-counter menopause treatment on the Chinese market, and no side effects are reported to the government drug safety database.

This herbal remedy can reduce hot flashes in one month without hormones. Is that too good to be true? Are there any hidden hormones?

1. Feeling is believing: Unlike hormones, cool herbs will not make your breast feel swelling and tender. Breasts are estrogen-sensitive tissues. There are a lot of hormone receptors on the surfaces of breast cells. Foreign hormones, either synthetic or bio-identical hormones, can bind to them easily. Breast swelling is the first side effect of hormones, and mammograms can detect that breast tissues are denser when you take hormones.

2. The clinical trial using raw herbs has proven the efficacy too. Menopause women got raw herbs from different herbal pharmacies. They boiled herbs at home and also got the efficacy. Since hormones are much more expensive than raw herbs, it is impossible to adulterate hormones into raw herbs on purpose.

Do herbs really work?
When you see people itching from poison ivy, you will understand that herbs are powerful. Unlike the Asians and Europeans who have cherished herbs for millennia; people in North America are just beginning to discover the benefits of herbs. China has an unbroken tradition of using herbs as medicine. Now Pharmacopoeia of P. R. China has two volumes: the first lists herbal medicines and the second lists chemical medicines.

Not surprisingly, China has the most sophisticated herbal formulas in the world. Classic herbal formulas have a long history of clinical success. In general, gynecology is an area in which Chinese medicine shines, since most female discomforts are caused by hormonal disorders which are too delicate to be manipulated by strong chemical drugs.

Chinese herbal formulas set the best example for synergy: each herb has only a little hormonal effect, yet multiple herbs enhance each other and can significantly increase body-made hormones. Just like home-made beef stew, basic ingredients beef, potatoes, carrots and onions enhance each other, not only is the whole stew's flavor much better than any single ingredient, but also the nutritional value is greatly improved.

During moderation, scientific research focused on finding a single chemical responsible for health. However, it turns out that the sum of the parts is more beneficial than the active ingredient alone. Now scientists have confirmed that the best antioxidant activity of fruits and vegetables is from the combination of photo-chemicals in plants. So the traditional way to eat fresh fruits and vegetables is much better than purified pills.

Menopause BalanZ (http://menopause1.webs.com) includes 13 herbs and 2 minerals. There are absolutely no hormones: no soy or yam bio-identical hormones. Most of those herbs are cooling herbs. The fact that cooling herbs treat hot conditions is the basic principle in Chinese medicine. Therefore, cool herbs for hot flashes fit perfectly to the principle.

Hot flashes are caused by hot body systems. While hormone treatments mask menopause symptoms without addressing the root cause, Chinese herbs address the root cause by cooling down hot body systems. Think this way: Your body is hot water and cool herbs are cold water. Taking cool herbs is to pour cold water into hot
water to balance the temperature. If you reduce intake of fat and sugar, the balanced body temperature will last very long. However, your hot flashes may come back after weeks or months because your body systems accumulate heat again; you can repeat the herbal remedy as needed.

For more information about Menopause BalanZ, please visit Cool Herbland at http://menopause1.webs.com

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