New Book Release: Whole Therapist, Whole Patient: Integrating Reich, Masterson, and Jung in Modern Psychotherapy, by Patricia R Frisch, PhD, MFT

Take an Exciting Look into the World of Psychotherapy, Learn about the Inner World of the Therapist and discover Mind-Body Therapy from the Perspective of a Practicing, Groundbreaking Psychologist, Teacher and Mentor

Mill Valley, CA (PRWEB) November 21, 2017 -- A must-read guidebook for psychologists, psychiatrists, mental health and medical professionals, Whole Therapist, Whole Patient: Integrating Reich, Masterson, and Jung in Modern Psychotherapy, by Patricia R Frisch, PhD, MFT, will be available in February, next year.

Published by Routledge/Taylor & Francis, a leading academic publisher in the Humanities and Social Sciences, Dr. Frisch’s book has been described as a primer that speaks directly to the educated lay person who seeks better understanding of psychological dynamics, self-examination through exploring character types, and mind-body interactions that can manifest in physical challenges.

“In this book, I introduce the reader to Wilhelm Reich, the father of somatic psychology and character analysis, James Masterson and Carl Jung,” said Dr. Frisch. “My innovative method integrates these theoreticians for the first time, creating a clear typology of character types that can be utilized as a handy guide to understanding yourself, with or without the help of a clinician or therapist.”

An ideal work for any person who is interested in psychology, character or personality types, verbal analysis, and somatic approaches, this book is a step-by-step methodology for treating the whole patient.

Patients in therapy who are interested in developing a greater understanding of their therapeutic process and wish to expand their knowledge about the forces at play in their life will appreciate this book.

Any educated layperson or undergraduate level student would have the capability to understand the unique material contained in this book. No experience is needed in order to comprehend the method and use it to gain greater understanding of the field of psychology and clinical practice. The book contains step-by-step instructions in how to perform Dr. Frisch’s method and any licensed psychologist or other mental health practitioner, as well as medical professionals with appropriate backgrounds, would be able to understand and practice the method outlined by Dr. Frisch.

In February of 2018, psychologists, psychiatrists, mental health and medical professionals, as well as the lay person seeking education in mind/body dynamics, will be pleased to know that the hard-won fruits of experience from a practicing psychologist, teacher and mentor will be made available in the book, Whole Therapist, Whole Patient: Integrating Reich, Masterson, and Jung in Modern Psychotherapy, by Dr. Patricia R. Frisch.

It includes an easy-to-read, step-by-step blueprint for the practice of contemporary mind/body psychotherapy, detailing the roles of both therapist and patient, with expectations for, and from, each.

Patricia Frisch, Ph.D., psychologist, MFT, is an expert in Wilhelm Reich’s character analytic and somatic
approach, known as Orgonomy. She has created her own unique method, integrating Masterson and Jung with Reich, that defines the nuts and bolts of clinical practice. As founder and Director of The Orgonomic Institute of Northern California (OINC), she supervises and trains professionals in Orgonomy: character analysis, somatic interventions, diagnostic typologies, and enhanced clinical skills at her own facility and at clinics in the Bay Area. She led workshops at Esalen® Institute for 10 years. Dr. Frisch has created a comprehensive audio training program, which provides long-distance learning and certification options to students throughout the U.S. and internationally. She authored the Orgonomy (Reichian Therapy) chapter of SAGE Publications’ (2015) Encyclopedia of Theory in Counseling and Psychotherapy and published a video through SAGE (2015). She maintains an active private practice in Mill Valley, California.

Learn more here.
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Online Web 2.0 Version
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