The Book “BEING: Within-Between-Among-Beyond” Gives Readers the Opportunity to Explore Themselves, Their Relationships and How They Can Go Beyond Where They Have Been

Recent release “BEING: Within-Between-Among-Beyond” from Page Publishing authors Paula Englander-Golden, PhD and David E. Golden, PhD tackles the importance of true compassion and human interaction in the waking life.

AUSTIN, Texas (PRWEB) August 10, 2018 -- Paula Englander-Golden, founder and director of training of the Say It Straight Foundation and David E. Golden, CEO and president of the Say It Straight Foundation, co-founder of the Say It Straight Foundation, and co-developer of the SIS training program, have completed their new book “BEING: Within-Between-Among-Beyond”: a potent read that aims to help relationships achieve balance and purpose. They are both members of the Virginia Satir Global Network, and Paula’s first book, “Say It Straight; From Compulsions to Choices, was co-authored by Virginia Satir. Paula and David found that sameness as human beings is more fundamental than diversity, people can make relationships of equal value a reality. Then, diversity can add richness to each person’s life rather than conflict.

The authors remind readers: “If we are alive, our heart beats, and we can feel the beats as our pulse. Regardless of its speed or strength, it signifies one thing—life. We want to give you the opportunity to experience sameness at the level of the beating heart. So if you are in a group, you may wish to close your eyes and reach out with one hand to one person next to you, and give this person permission to find your pulse, while with your other hand, reach out to this person or another person, and find his or her pulse. This may require a little effort, so give each other permission to participate. If you are not in a group, you can imagine yourself going through the same process or take your own pulse, aware that every creature with a heart has a pulse.”

Recent Release Book Reviews

“This book can change lives. It inspires readers during a time where there is so much stress, anxiety, and distrust in the world. I am thankful for this book as it provides hope and a strategy to achieve unity” – Matthew, D. Clay, project manager, Centerstone, Bloomington, IN.

“A brilliant book to help people learn how to have relationships of equal value and move beyond relationships of dominance and submission.” – Sharon Loeschen, Therapist and Author, Long Beach, CA.

“Within its deeply insightful pages, this beautiful book provides a path to move from inner turmoil and conflict to peace within oneself and collaboration with others.” – Marcy Haag, president, Centering Communications, and author, Argyle, TX.

“This book is a modern-day love story for relationships in today’s complex world. The authors have provided a guide for how to love one’s self, others, and extend that to other nations.” – Furahaa Saba, instructor, Grossmont Community College, El Cajon, CA.

Published by New York City-based Page Publishing, Paula Englander-Golden and David E. Golden’s thought-inspiring book explores multiple viewpoints that are essential to the enlightenment of the self to create a healthy environment that allows growth and understanding of human relationships.
Readers who wish to experience this insightful work can purchase “BEING: Within-Between-Among-Beyond” at bookstores everywhere, or online at the Apple iTunes store, Amazon, or Barnes and Noble or www.sayitstraight.org.

For additional information or media inquiries, contact Page Publishing at 866-315-2708.

About Page Publishing:

Page Publishing is a traditional New York based full-service publishing house that handles all of the intricacies involved in publishing its authors’ books, including distribution in the world’s largest retail outlets and royalty generation. Page Publishing knows that authors need to be free to create - not bogged down with complicated business issues like eBook conversion, establishing wholesale accounts, insurance, shipping, taxes and the like. Its roster of authors can leave behind these tedious, complex and time-consuming issues, and focus on their passion: writing and creating. Learn more at www.pagepublishing.com.
Contact Information
Nichole Hoffman
Page Publishing
http://www.pagepublishing.com
+1 18663152708

Online Web 2.0 Version
You can read the online version of this press release here.