Siberian Pine Nut Oil Is Natural Remedy for Heartburn

Christmas holidays bring us lots of joy, rich tables with various dishes and drinks. Unfortunately overloading stomach with food may bring us heartburn problem. Many of us experience such problem; and question arise by itself - how to cure heartburn naturally? Or even better - how to prevent it with natural remedy? We are pleased to announce that SiberianPineNutOil.org released medical article, named Siberian pine nut oil in the treatment of heartburn.

WARREN, Mich. (PRWEB) December 03, 2018 -- SiberianPineNutOil.org, the leading producer and supplier of 100% natural Siberian Pine Nut Oil from 2003, issued a medical article which showed that Siberian pine nut oil is a perfect treatment of heartburn.

“The cause of heartburn is considered to be the penetration into the esophagus of stomach contents containing hydrochloric acid because of a weakness of the esophageal sphincter, abuse of food, or its low quality. As a result, a burning sensation occurs.” Stated Victor Rezin Ph. D.

Victor said “Taking pine nut oil provides protection for the mucosa against the aggressive action of the acid, and the presence of specific substances in the oils has a gentle calming and anti-inflammatory effect.”

The use of pine nut oil leads to the formation of a thin film on the surface of the mucous membranes of the esophagus, a film that mechanically protects the esophagus from the aggressive action of the stomach's hydrochloric acid. And the presence in the oil of vitamins and substances having an anti-inflammatory effect promotes the healing of damaged portions of the esophagus and the elimination of unpleasant sensations.

To use Siberian pine nut oil in the Treatment of Heartburn, digestive systems problems and more, follow the following treatment methods:

1. Swallow a tablespoon of oil 30 minutes to 1 hour before eating, three times a day.
2. Dilute one tablespoon of oil with milk (1:1 ratio) and take 1 hour before food intake.
3. Add the oil to your salad.

For more information about Siberian Pine Nut Oil, please visit http://www.siberianpinenutoil.org or call 248-218-0888.

About Siberian Pines:
The Siberian Pines Company has been a leading producer and supplier of pine nut oil since 2003. Siberian Pines produces high quality 100% cold-pressed pine nut oil and supplies it worldwide. They maintain the highest quality product and service by managing the process from the collection of Siberian pine nuts, to the production of the oil and delivering it to your front door.
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