A Correlation Between Rising Youth Vaping and Poor Oral Hygiene Highlights the Need for Regular Dental Check-Ups, Says Dr. Farzad Feiz

Dr. Feiz comments on a recent article that the popularity of vaping is just another reason for young people and their parents to maintain stronger oral hygiene habits.

LOS ANGELES (PRWEB) January 03, 2019 -- A Harold Times article from December 17th highlights a CDC report that vaping and E-cigarette use are rising among middle and high school-aged children in the United States. The article goes on to state that electronic cigarettes have the potential to contain significantly more tooth-decay causing nicotine compared to traditional cigarettes, and offer many of the same dangers to oral and overall health. Dr. Farzad Feiz of California Dental Care and Calabasas Dental group says that these dangers highlight a need for increased diligence in daily oral hygiene habits for younger patients, along with routine along with routine cleaning and oral exams.

Many more teenagers may be embracing this new smoking alternative than ever before, but the opposite cannot be said of regular tooth cleaning. Dr. Feiz notes that while there is little a dentist can do to combat this new national fad beyond suggesting that parents remain aware of their youngsters’ activities. He adds, however, that his team of dental professionals can help alleviate many of the potential consequences of regular vaping, including tooth decay caused by nicotine reducing blood flow to the gums. If dental professionals like Dr. Feiz’s team can spot treatable conditions like tooth decay or gum disease before they are allowed to progress, serious and sometimes irreversible damage can be avoided.

Dr. Feiz adds that there are many other benefits to maintaining daily dental hygiene and regularly visiting dental clinics, including the reduction of stains and even maintaining cardiovascular health. Dr. Feiz said that, while it is extremely important to avoid products that can harm the teeth and gums such as vaping devices, the reality is that sugary beverages and foods are far more popular, not only with teens but with people of all ages – and very few of us are able to resist these very real dangers to oral health entirely. Therefore, Dr. Feiz notes, routine visits are important for everyone. He adds that it’s often the case that parents who have to pressure their teenage offspring to visit the dentist are guilty of neglecting their own oral health.

Dr. Feiz concludes by noting that he and his team of outstanding oral health care professionals have been operating in the greater Los Angeles area since 1992. Interested readers looking to find more information about dental hygiene or cosmetic dentistry can get in touch with Dr. Feiz’s offices at one of his two dental locations: California Dental Care in Los Angeles (310-955-4008) or Calabasas Dental Group (818-660-0731). Additional information can be found at www.FeizDental.com.
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