New Book Offers a Doctor’s View of the Hospital Experience, Inside and Out

*What happens when the physician becomes the patient? Find out in Kamal Malaker's "is it 7am in the cardiac ward."*

NEW YORK (PRWEB) February 04, 2019 -- How does a doctor look at the hospital experience when it’s from the other side of the stethoscope? Relating his own lengthy hospitalization experience following a serious illness, Dr. Kamal Malaker speaks from the perspective of being both a renowned oncologist and a patient in his new book "it is 7 am in the cardiac ward."

How do patients view their own condition, compared to a doctor’s assessment of their illness? Dr. Malaker’s instructive guide book stresses the need for empathy, not just understanding by medical personnel when it comes to improving hospitalization and medical treatment.

Noted book reviewer Charles Asher writes, “’it is 7am in the cardiac ward' is both a gripping narrative and an instructive guide to understanding the importance of empathy for medical professionals and patients alike. Recounting his own prolonged illness and time spent in the hospital, author Dr. Kamal Malaker shifts his perspective from an experienced and highly regarded oncologist to that of a patient, thereby shedding light (through his detailed and evocative first-person narrative) on the schisms of difference between how doctors view the pain and illness of patients and how patients view their own condition. Presenting the patient-doctor relationship through the lens of his own experience of having been both, Dr. Malaker teaches the need for empathy – not just simply understanding – in the medical field, sharing biographical events and encounters that shaped his own thinking. 'it is 7am in the cardiac ward' is a highly personal and colorful drama that explores not only the details of a specific field, but even more so unpacks essential truths of the human experience through carefully wrought prose and an attention to the underlying emotional and psychological lives of its characters. I highly recommend this book for both medical professionals and general readers.”


About the Author: Dr. Kamal (Kamalendu) Malaker qualified as a physician from R.G. Kar Medical College, University of Calcutta, India. He obtained his Ph.D. in cell biology from Imperial College London at Hammersmith Hospital, trained in clinical oncology at University of Oxford, Churchill Hospital and at Imperial College at Hammersmith Hospital in the U.K., where he worked as senior tutor in clinical oncology for the University of London. He moved to Canada to head the radiation oncology centers at Cancer Care Manitoba and the University of Manitoba in Winnipeg, which followed being a research officer at the Dana Farber Cancer Center at Harvard University, Boston. His work took him to Libya, United Arab Emirates, Saudi Arabia, and Dominica and Antigua in the Caribbean. Dr. Malaker has published more than 100 scientific papers. His home is in Winnipeg, where he lives with his wife Baljit. They have one daughter and two granddaughters.

“This fascinating read poses important insight into our health and well-being. Anyone who has ever been a hospital patient will appreciate the insights provided by the doctor/patient who penned this book.” – Robert Fletcher, CEO of Strategic Book Publishing and Rights Agency.

"it is 7am in the cardiac ward" (ISBN: 978-1-724965-1-65) published by CreateSpace is now available for $10.63 and can be ordered through: Amazon.com, Barnesandnoble.com or Google.com.
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