Study Shows Mandt Training Reduces Violence in Healthcare Settings

Crisis prevention training organization demonstrates violence reduction in behavioral health program

RICHARDSON, Texas (PRWEB) February 12, 2019 -- A recently-concluded study demonstrates that training offered by The Mandt System, Inc., the premiere provider of crisis prevention training in America, significantly reduced violence among behavioral health patients. The study, conducted at East Mississippi State Hospital (EMSH), looked at patient violence over a six-year period and concluded that Mandt training, implemented after the first three years, decreased overall violence in the last three years.

“Data has proven time and time again that The Mandt System® training is effective in reducing violence and preventing crises,” said Simon Kemp, CEO of The Mandt System, Inc. “The EMSH study shows that our crisis prevention training can be impactful in reducing violence in a behavioral health setting.”

As a doctoral candidate, Dr. Yolanda McDade conducted the study from 2007 to 2013. Mandt training was implemented in 2010, halfway through the study. McDade’s study shows that after the implementation of the program, overall violent incidents decreased by almost 70 percent. Mandt training was most effective in reducing patient-to-patient incidents, bringing them from 78 per year to 32 per year over the six-year study period. Training also enabled EMSH staff to more effectively manage aggressive behavior without using restraints – the proportion of restraint episodes reduced from 92 percent in the pre-training period to only eight percent in the post-training period.

The Mandt System® provides tools to help frontline staff manage potential physical altercations, recognize the warning signs of violent behavior and proactively de-escalate situations before they get out of hand. Participants learn and develop understanding about the causes of violence through the system instead of just training to respond to behaviors. The program is focused on building trust and supporting people. Trained staff offer the program in education, healthcare, retail and other industries.

“As part of my research, I was impressed with how effective Mandt training is in reducing or de-escalating violent incidents. This type of training can be used in various settings where aggressive behavior is a concern,” said McDade.

While McDade’s study does not demonstrate the efficacy of The Mandt System® in other industries, it clearly shows that the organization’s training program is effective in reducing patient violence in a behavioral health setting. The preventative, de-escalation-based intervention techniques taught through the system help healthcare professionals manage violent situations and prevent future situations from getting out of hand. The Mandt System, Inc., is currently working with State and private providers in 15 states, providing de-escalation training for staff members who work with mental health and developmentally disabled patients.

About The Mandt System®
Established in 1975, The Mandt System® is an international staff development and training process providing a comprehensive, integrated approach to preventing, de-escalating, and if necessary, intervening when the behavior of an individual poses a threat of harm to themselves and/or others. The focus of The Mandt System® is on building healthy relationships between all the stakeholders in human service settings in order to facilitate the development of an organizational culture that provides the emotional, psychological, and physical safety
needed in order to teach new behaviors to replace the behaviors that are labeled “challenging”. The entire philosophy of the programs and services provided by The Mandt System, Inc. is based on “Putting People First” and on “Supporting People, Not Just Their Behaviors™”. For more information, visit www.mandtsystem.com.
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