Learn how to cope with impaired vision in all areas of your life using guidance from new book

Ms. Jordan Hancock presents ideas for day-to-day routines

DETROIT (PRWEB) December 17, 2019 -- Designed to help those with impaired vision, Ms. Jordan Hancock’s new guide “Turning on the Light: Tips, Tricks, and Stories for Better Living with Low Vision” (published by Balboa Press AU) seeks to help readers feel more comfortable, safe and secure in their everyday life.

The author recounts her experiences from losing her vision through the subsequent years of learning to cope, then function, and to go on thriving is a new and different world. It provides information and guidance for those who are visually impaired, their caregivers and their loved ones. It is full of ideas for adapting to diminished vision and dealing with day-to-day routines. It also features ideas on how to cope with the reality of the world with diminished sight, exploring the practicalities of navigating the kitchen, bathroom, clothes closet, jewelry box, and dealing with everything from food organization to travel and shopping.

“Through self-reflection, humor, and spirituality, you can overcome the challenges that each new day brings,” Hancock says, adding that she aims to give readers “Some tips and tricks and a new sense of confidence that one door closing only really means that others are and can be opened.”

“Turning on the Light” is available for purchase on Amazon at: https://www.amazon.com/Turning-LIGHT-Tricks-Stories-Better/dp/198222648X

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About the Author
Ms. Jordan Hancock lost her husband and her eyesight more than a decade prior to writing “Turning on the Light.” She has a background in sales, publishing, public speaking, and community action, including through Rotary International. She currently lives in Commerce Township, Michigan. More information in on the author’s website: https://www.turningonthelight-book.com.

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