New ingrown toenail removal options available by the foot doctors of Advanced Foot & Ankle Specialists of Howell Michigan

*Advanced Foot and Ankle Specialists of Howell, Brighton & Dexter Michigan offer new and cutting-edge treatment options for removal of ingrown toenails, infected toenails and toenail fungus.*

HOWELL, Mich. (PRWEB) February 03, 2020 -- Advanced foot and ankle specialists of Howell Michigan and Brighton Michigan have been performing removal of ingrown toenails, infected toenails and medical pedicures for toenail fungus for over 20+ years in Livingston County. This podiatrist and foot doctor practice includes four hospital trained podiatrists and ingrown toenail removal specialists available to help with the full range of toenail problems.

**Ingrown Toenail Removal Options:**

There are three types of ingrown toenail removal that are routinely performed.

1) **Medical Pedicure:**
   - A medical pedicure consists of using specialized sterile instruments are used for cleaning and shortening thick and fungal toenails.
   - The next step is maintaining proper moisturizing of a patient’s feet. The patient is evaluated for any decreased blood flow, any nerve disorders, any skin disorders.
   - This is not a cosmetic medical pedicure excavation point. This is specifically based on medical standards.

2) **Ingrown Toenail Removal Treatment**
   - To remove an ingrown toenail to the root, it would be necessary to use local anesthetic to avoid feeling pain.
   - If there is infection present, a wound culture can be taken to make sure there were not any abnormal bacteria growing.
   - If there are signs of significant infection, an antibiotic can be offered.

3) **Permanent Ingrown Toenail Removal:**
   - Another name for this is a total matrixectomy.
   - If an ingrown toenail comes back more than 2-3x times, it may be worth it to apply medication to the root of the removed toenail.
   - This is much less likely to allow the toenail to ever go back.
   - Once this is performed, it is very unlikely for a nail to come back soon.

Advanced foot and ankle specialists of Howell Michigan and Brighton Michigan pride themselves on providing comprehensive the care and working as a multispecialty team. The four doctors at this practice are on staff at St. Joseph Mercy Hospital Livingston, St. Joseph Mercy Hospital Brighton, and St. Joseph Mercy Hospital Ann Arbor. Working as part of this large multidisciplined team, they can work with internal medicine doctors, primary care doctors, endocrinologists and vascular surgery specialist to provide comprehensive care.

Advanced foot and ankle specialists have four different doctors within their practice: Dr. Tom Biernacki, Dr. John Stevelinck, Dr. Marc Bonanni and Dr. Danielle Meyka-Blanchard. All four of our foot doctors are on staff at St. Joseph Mercy hospitals. They pride themselves on serving Livingston County and Washtenaw County.

In the past podiatrists were simply office-based clinicians, but now are all medical school and residency trained physicians. All four doctors at Advanced Foot & Ankle Specialists have spent four years of medical school, and at least three years in a hospital-based surgical residency. Now the podiatrists of Advanced Foot & Ankle
Specialists boast Harvard residency status, and some have received post residency specialized fellowship training in diabetic surgery and wound care.

Dr. Tom Biernacki states “We are so thankful to be your choice for ingrown toenails and toenail infections! Our number one goal is to take great care of people’s foot and ankle problems, with as little surgery as possible, and for as little cost as possible. We emphasize getting people better as quickly as possible, and it looks like we are starting to really make a difference!”
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