Reviews of Healthcare from the Trenches and Dr. Badia’s Tips for Improving How Healthcare Works in the US

Digging into Healthcare from the Trenches by Alejandro Badia, MD, FACS

MIAMI (PRWEB) August 11, 2020 -- In his new book, Healthcare from the Trenches, acclaimed hand and upper-extremity surgeon Dr. Alejandro Badia discusses his experiences and opinions about the way healthcare functions in the US and gets hands-on with solutions. Since it was published in June this year, Dr. Badia’s book has become a #1 New Hot Release and #1 Best Seller on Amazon Books.

Many readers have appreciated the timeliness, salience and honesty of Badia’s words, especially in light of the COVID-19 pandemic.

Dr. Badia discusses his journey before, during, and after becoming a doctor. One reviewer remarked, “I also love how detailed Dr. Badia gets about his younger years, his years and med school, and then early residency. It really gives you a new perspective on what the process is really like and what doctors actually go through to attain their professional goals. The chapters on the economics of healthcare were especially informative and I learned many things I had never realized about how the whole system works.”

Dr. Badia’s story provides inspiration to those inside and outside of the healthcare world. Another reviewer wrote, “Told with lyricism, wit, intelligence, and heart, Dr. Badia recounts his own journey through medical school and his training as a hand surgeon. He shares stories of pain and triumph, humor and sadness, as he points to the maddening bureaucracy that embroils the American healthcare system.”

The book also takes on larger systemic causes of what Badia calls the healthcare crisis in the U.S. An amazon reviewer raved, “[Badia] dares to ask why entrenched politicians, sensationalist media, and fiery popular opinion are able to make such lasting changes to the medical system without consulting the people who know the most about it—it doctors and patients.”

Grady Harp, a hall of fame book reviewer gives the book 5 stars, "hats off to Dr. Alejandro Badia! This book should be read by everyone - patients and healthcare providers - and change can happen! Written with an obvious informed stance, one of the reasons this important book surfaces as a vital clarion call for change is the genuinely caring bedside manner in which Dr. Badia communicates his concerns and need for change.”

Healthcare From The Trenches contains a number of anecdotes about Dr. Badia’s life growing up, which are interwoven with his philosophy about medicine. Ultimately, the book illuminates several of Badia’s critiques of the U.S. medical system while presenting his specialized urgent care model for orthopedic care.

Dr. Badia offers a number of ideas for improving the healthcare system in Healthcare from the Trenches. Here are four:

1. Make doctors central to the discussion of improving healthcare, not just insurance administrators, politicians and lobbyists. They are the only ones with the medical training to know what is best for treating patients.

2. Mandate increased transparency in healthcare pricing. There is no reason that when “buying” medical
services neither the patient nor the doctor know how much it costs.

3. Consider removing the middle-man, including insurance companies and administrators, to reduce cost and increase efficiency.

4. Encourage more specialty healthcare facilities to help provide the right medical testing, diagnosis and treatment for people when they need it.

All in all, reviewers and readers agree that Healthcare From The Trenches is a poignant read in today’s climate. You can find the book on Amazon or on Amazon Books with Kindle.

About the Author
Alejandro Badia, MD, FACS, internationally renowned hand and upper-limb surgeon and founder of Badia Hand to Shoulder Center and OrthoNOW®, a walk-in orthopedic care clinic. He is a member of the American Society for Surgery of the Hand, American Association for Hand Surgery and the American Academy of Orthopedic Surgeons and an honorary member of many international professional hand societies. Dr. Badia specializes in treating all problems related to the hand and upper extremities, including trauma, sports injury, joint reconstruction, nerve injuries and arthroscopic surgeries. www.drbadia.com www.OrthoNOWcare.com
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