Micro Eco-Farming: Prospering from Backyard to Small-Acreage in Partnership with the Earth

Micro eco-farmers across the nation are profiting from small acreages to small-town backyards. Their livelihoods restore the planet while creating an abundance of healthy products produced in very small spaces. Micro Eco-Farming provides a treasury of what micro ecofarmers can grow, the innovative farming methods they are using, and how they market products in surprisingly creative, new ways. Dozens of real-life examples are portrayed with ideas, resources and methods for all who aspire to create their own micro eco-farm. Micro Eco-Farming invites you share the eco-farmers’ dream of prosperity and fulfillment, in partnership with the earth, and it gives you the inspiration and practical tools to live the dream. More information, free downloads at www.nwpub.net

Auburn, CA (PRWEB) December 2, 2004 -- There is a quiet revolution happening in our time: the emergence of microfarms on tiny acreages that achieve astounding yields of organic produce and provide a better-tasting alternative to the products of big agri-business. Micro eco-farmers across the nation are profiting from small acreages to small-town backyards. Their livelihoods restore the planet while creating an abundance of healthy products produced in very small spaces.

After 18 years working in the corporate world, I had enough, says Robert Farr, owner of The Chile Man, a 10-acre sustainable farm in Virginia. Faced with the prospect of endless days in windowless cubicles, Robert decided to live a dream he had since adolescence and start his own sustainable farm. He quit his job as a marketing manager in the computer industry to start The Chile Man and now grows 67 varieties of peppers and other fruits and vegetables to produce more than 40,000 bottles of all-natural marinades, barbecue sauces, mustards and salsas right on his ten-acre farm.

There is a change among those who farm in this century, asserts Barbara Berst Adams, author of the new book, Micro Eco-Farming: Prospering from Backyard to Small-Acreage in Partnership with the Earth. Are you one of them?

Micro Eco-Farming details how the new micro eco-farmers succeed, how they start with nothing, what traits they share, and what secrets they know. The examples covered in the book emphasize farms from fractions of an acre to five acres that earn full-time income for at least one adult. In addition to presenting close-ups of those who are actually succeeding, Micro Eco-Farming also provides a treasury of what you can grow, what farming methods you can use, what animals you might like to choose from, and how the farmers reach their markets in surprisingly creative, new ways. The book outlines the emerging new sustainable production methods that span all forms of sustainable small farming, no matter what is grown or where the location, and distills the methods that have increased production on small ground from double to up to 40 times that of conventional growing.

Hundreds of real-life examples are presented with ideas, resources and methods for all who aspire to create their own micro eco-farm: from wild-grazed mini dairies, backyard gourmet restaurant gardens, homegrown organic spa products, u-gather nut groves, front-yard cut-flower stands, heritage rose farms, children’s and holiday farms, urban greenhouses, farm and cottage industry partnerships, miniature Shetland sheep with 11 natural colors of wool, herbs and flowers for healing, exotic and heirloom perfume melons,
connoisseur apple orchards, ethnic personal chef gardens, old-fashioned farm festivals, native and wild edible farms, to mail-order farm crafts and more.

Finally, although the new micro eco-farmers usually achieve their dreams of economic independence, there is also the understanding as well that success includes “something greater” than financial profits. As Mariam Massaro, of Singing Brook Farm, Worthington, Massachusetts, expresses herself poetically: “I love co-creating with the earth, as it is so simple and healing to live close to the mother earth that sustains and nurtures me every day with her beauty. Micro Eco-Farming invites you share the eco-farmers’ dream of prosperity and fullfillment, in partnership with the earth, and it gives you the inspiration and practical tools to live the dream.

Find more information about Micro Eco-Farming at www.nwpub.net, including free downloads of the entire first chapter and the Resources section of the book. To order, call 888-281-5170 or send $16.95 plus $4 shipping to New World Publishing, 11543 Quartz Dr. #1, Auburn, CA 95602.

Author:
Drawing from experience as a micro eco-farmer on her small island American farm, interaction with hundreds of others in the field, and years of research on the topic, Barbara Berst Adams now writes feature articles for national magazines on micro eco-farming, small enterprise, and creating a sustainable universe.

Audience:
Farmers and market gardeners, as well as “wannabe” farmers/market gardeners, including retirees and workers seeking a second income or job change; as well as a broad audience interested in ecology and sustainable living.


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