How to Frappuccino Your Way to Thin Thighs - New Breakthrough Anti-Cellulite Duo from the Anushka Cellulite Clinic

Although they sound and smell like the latest Starbucks concoctions, they are actually Anushka's newest body contouring products that use caffeine to combat cellulite. Frappuccino Thigh Scrub and Skinny Caffé Latte Body Crème are the newest innovations in Anushka's endeavor to banish cellulite. Anushka is an accredited nutritionist and founder of Anushka Cellulite Clinic has been an authority on cellulite and its prevention who has been called "CelluliteGuru" by Cosmopolitan, "CelluliteExorcist" by Vogue, and "Cellulite's worst enemy" by W Magazine.

West Palm Beach, FL (PRWEB) November 17, 2009 -- Although they sound and smell like the latest Starbucks concoctions, they are actually Anushka's newest body contouring products that use caffeine to combat cellulite. Frappuccino Thigh Scrub and Skinny Caffé Latte Body Crème are the newest innovations in Anushka's endeavor to banish cellulite. The robust aroma of this dynamic duo is energizing and delicious, and clients are experiencing results express(o).

"While drinking excessive amounts of caffeine (coffee) is a no-no for well-being, topical application of caffeine can visibly reduce the appearance of cellulite," says Anushka, founder of the eponymous Anushka Cellulite Clinic. Caffeine is known to stimulate the breakdown of lipids (i.e. fats). The lipolytic effect that clients are enjoying with application of Anushka's new products is the result of a complex biochemical cascade triggered by caffeine and other compounds. Caffeine helps to keep the level of cyclic AMP (cAMP) high by inhibiting the phosphodiesterase enzyme responsible for cAMP breakdown. cAMP is the cellular signal that triggers stimulation of lipase, which is the enzyme responsible for lipolysis. Caffeine also widens the blood vessels (vasodilator), stimulates circulation and has diuretic properties.

As she envisioned and formulated the thigh thinning, stimulating blends for these breakthrough brews, Anushka's goals were two-fold. She wanted to turn the chore of getting rid of dreaded cellulite and maintaining a slim, svelte silhouette into something fun with the coffee-like fragrances and names. She also wanted to deliver results by enhancing the action of time-honored caffeine with a synergistic combination of new, bloat-busting ingredients that also promote cellular regeneration and oxygenation.

Does this mean that the old adage that rubbing coffee grinds on your thighs gets rid of cellulite? "Not necessarily so," says Anushka. "The grainy texture will exfoliate and smooth the area, and if you scrub with the grinds in circular motions for several minutes you will boost the circulation in the area. But the benefits of the caffeine aren't realized because the grinds are not on the skin long enough to make a difference, and the caffeine is not coupled with other ingredients that work in tandem and enhance the delivery."

To Frappuccino your way to thin thighs, begin by buffing and re-awakening your body every day in the shower or the tub with Anushka's exfoliating, detoxifying Frappuccino Thigh Scrub. Caffeine helps to boost circulation while its lipolytic action slims and micronized exfoliating grains smooth your body. Other key ingredients include Apricot Seed, which boasts high content of Vitamin A, E, B17 and linoleic acid with anti-aging, antioxidant benefits, Bilberry with anti-inflammatory, antioxidant properties promotes circulation and cellular regeneration, Sugar Cane and Sugar Maple which stimulate cell renewal and Orange & Lemon help to eliminate fluid retention and oxygenate skin. Frappuccinno Thigh Scrub prepares the skin for optimal...
absorption of Skinny Caffé Latte which delivers the skinniest thigh thinning results yet.

Next is a brisk rubdown, in upward sweeping motions, with Skinny Caffé Latte Body Crème to target cellulite prone zones. This delectable, frothy, creamy treat goes directly to the thighs -- sans the calories. The caffeine does its thing to eradicate cellulite and does not keep you awake at night when you reapply right before bedtime. Seaweed promotes the metabolic processes; reducing water retention, detoxifying and heightening cellular regeneration. Green Tea and Gotu Kola pump up the firming and antioxidant quotient to help diminish unwanted dimples for good.

ANUSHKA CAFFÉ DELIGHT THIGH THINNING DUO is $75 - Anushka's Frappuccino Thigh Scrub ($29) and Skinny Caffé Latte Body Crème ($46) are available at www.AnushkaOnline.com, www.shapefx.com and at Anushka Cosmedical Centre in West Palm Beach, Florida.

About Anushka:
Anushka, accredited nutritionist and founder of Anushka Cosmedical Centre, Spa, Salon & Cellulite Clinic, now at City Center in West Palm Beach, Florida, has been an authority on cellulite and its prevention for more than 3 decades. She has been called "Cellulite Guru" by Cosmopolitan, "Cellulite Exorcist" by Vogue, and "Cellulite's worst enemy" by W Magazine. Clients who have had success using her products and programs include models, celebrities and women from all walks of life.

###
Contact Information
BETHANY STOUT-DAVIE
Anushka
http://www.AnushkaOnline.com
917-468-4971

Online Web 2.0 Version
You can read the online version of this press release here.