Surgical vs. Non-Surgical Rhinoplasty: An In-Depth Analysis By Los Angeles Rhinoplasty Expert

Board certified Los Angeles rhinoplasty specialist Dr. Vladimir Grigoryants discusses new trends of non-surgical rhinoplasty as it lines up against traditional rhinoplasty surgery

Los Angeles, CA (PRWEB) April 17, 2009 -- Rhinoplasty (nose job) has traditionally been a surgical procedure to reshape the nose. This involves making small incisions outside and inside the nose to access the underlying bones and cartilages in order to modify its size and shape. However, as minimally invasive procedures are becoming more popular in medicine, non-surgical rhinoplasty has been tried for nose reshaping.

A number of injectable tissue fillers have been FDA approved in recent years such as Restylane, Juvederm, Perlane, and Radiesse. These injectables have been used for correction of facial wrinkles, and many plastic surgeons have started injecting these fillers in the nose in order to alter the shape of the nose. For example, injecting the filler above and below the bump on the bridge helps hide it achieving a straight appearing nasal bridge. The fillers can also be injected in the tip to improve the definition of the tip and give an appearance of a raised tip.

So which rhinoplasty procedure is better? Los Angeles rhinoplasty and other high volume markets have seen both surgical and non-surgical options. "The advantage of non-surgical rhinoplasty is that it takes five to ten minutes to perform and has very minimal or no swelling associated with it. It works well for patients who have a small bump on the bridge of the nose or a mildly droopy or short tip." Dr. Vladimir Grigoryants in Los Angeles explains. By making the nose bigger in certain areas, a more aesthetically pleasing shape can be achieved. The length or the width of the nose, however, cannot be reduced with these injections. The results of non-surgical rhinoplasty last approximately four to seven months.

According to Dr. Grigoryants: "Surgical rhinoplasty is preferred when permanent changes in the shape of the nose are desired. Unlike non-surgical options, with surgery the length and the width of the nose can be reduced." Furthermore, any associated breathing problems or nasal asymmetry can be improved. In general, much better results and more significant changes in shape can be achieved with surgical nose reshaping.

It is not uncommon for a person desiring to change the shape of the nose to try non-surgical rhinoplasty first. A recent patient was bothered by her droopy nasal tip. However, she was afraid to have surgery that would have permanent results that she may not like. To simulate the result of surgery, a tissue filler was injected in the tip to give it a lifted look. Having tested and liked the new shape of her nose, a year later the patient requested surgical rhinoplasty to have a permanent change.

Non-surgical rhinoplasty has become a useful adjunct to surgical rhinoplasty. Many imperfections following a surgical rhinoplasty can be easily masked using the tissue fillers. As an example, a depression on one side of the nose following a surgical nose reshaping can be filled with an injectable filler giving the nose a smoother appearance.

Board certified plastic surgeon Dr. Vladimir Grigoryants practicing aesthetic plastic surgery in Glendale, California specializes in closed rhinoplasty, a technique of nose reshaping using internal incisions. Consumer's
research council of America selected Dr. Grigoryants to be listed in the Guide to America's Top Surgeons 2009. Dr. Grigoryants is a recipient of the Patient's Choice Award 2009. To learn more about Dr. Grigoryants, please call 1-800-540-0508 or visit http://www.vgplasticsurgery.com.

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