"Healing Hepatitis C,' a Book on the Epidemic's Front Lines with Best-Selling Author Christopher Kennedy Lawford & Dr. Diana Sylvestre

Healing Hepatitis C: A Patient and a Doctor Tell You How to Recognize When You Are at Risk, Understand Hepatitis C Tests, Talk to Your Doctor About Hepatitis C, and Advocate for Yourself and Others By: Christopher Kennedy Lawford with Dr. Diana Sylvestre

It is estimated that more than 4 million Americans and approximately 170 million persons worldwide have been exposed to Hepatitis C. Healing Hepatitis C remedies that by combining the personal story of Christopher Kennedy Lawford, who unknowingly contracted the virus during his years of drug use, with the medical expertise of Dr. Diana Sylvestre, who has devoted her career to treating hepatitis C sufferers. Together they deal with the stigma and misinformation, and the fears and frustrations of this illness.

New York, New York (PRWEB) May 7, 2009 -- Having hepatitis C can be a transformative, extremely tough experience, especially without the right information. Healing Hepatitis C remedies that by combining the personal story of Christopher Kennedy Lawford, who unknowingly contracted the virus during his years of drug use, with the medical expertise of Dr. Diana Sylvestre, who has devoted her career to treating hepatitis C sufferers. Together they deal with the stigma and misinformation, and the fears and frustrations of this illness.

Healing Hepatitis C serves as a valuable sourcebook for medical and treatment information: from what hepatitis C is to what it does, from what to expect during treatment to how to communicate with your physician, to finding the support you need. Most of all, it walks you through the process of facing the diagnosis and treatment head-on, showing you that "it is possible to get through hepatitis C--to be cured of it--without surrendering your life to it."

Together Lawford and Sylvestre offer hope, humor, and medical expertise to help patients, their friends, and families navigate the numerous challenges of hepatitis C virus education, testing, and treatment.

About the Authors

Christopher Kennedy Lawford

Christopher Kennedy Lawford has worked extensively in politics, government and the non-profit sector, most recently being appointed to the California Public Health Advisory Committee, as well as spending twenty years in the film and television business as an actor, lawyer, executive, and producer. As the author of the New York Times bestseller's Symptoms of Withdrawal: A Memoir of Snapshots and Redemption, and Moments of Clarity, Mr. Lawford illuminates his extraordinary life and the tragedies he has faced - offering a cohesive message of survival, hope, and inspiration. In his most rewarding role to date, Mr. Lawford is an advocate, for critical mental health issues facing our society today. His passion and commitment to the issues of substance abuse, hepatitis C and mental health has reinvigorated the debate around these vital national concerns. Mr. Lawford holds a Bachelor of Arts from Tufts University, a Juris Doctor from Boston College Law School and a Masters Certification in Clinical Psychology from Harvard Medical School where he gained an academic appointment as a Lecturer on Psychiatry.
Diana Sylvestre M.D. Dr.

Diana Sylvestre M.D. is a physician-researcher and faculty member in the department of medicine at the University of California, San Francisco. She is the executive director of the O.A.S.I.S. (Organization to Achieve Solutions in Substance-Abuse) in Oakland, California, and the president of the California Hepatitis Alliance. Her patient education workbook Hepatitis C: Get the Facts! has been distributed widely at no cost throughout the world.

Resources

Facebook- Healing Hepatitis C Group

www.healinghepc.com

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