Mahaveer Mehta, Dubai based Dermatologist, Introduces Titan Facelift and Body lift; Noninvasive, Non-Surgical Skin Tightening Solution; Avoids Invasive Cosmetic Procedures

The Titan Procedure is a safe, non-surgical process that uses an infrared light source to tighten skin and reverse the signs of aging. The Titan heats the dermis to cause collagen contraction while preserving the epidermis through continuous cooling. In addition, Titan can stimulate long-term collagen rebuilding that leaves patients with younger looking skin. Excellent long term results are obtained for those who want to tighten their skin without side effects and do not wish to go under the surgical knife.

(PRWEB) June 30, 2005 -- Dr. Mahaveer Mehta Medical Center, Dubai, United Arab Emirates, is one of the first in this part of world to have the latest safe light based solution for aging skin. The Titan Procedure treats lax and redundant skin throughout the body including the abdomen, thighs and underarms and is also used to tone, lift and tighten skin on the face, neck and other parts of body.

The Titan Procedure is a safe, comfortable, non-surgical treats lax and redundant skin throughout the body -- can stimulate long-term collagen rebuilding. Although non-ablative radiofrequency can produce skin tightening, significant pain from its application limits the patient population of possible candidates to those with sufficiently high pain tolerance and those willing to undergo significant pain during the procedure. Topical anesthetics are only modestly helpful in lessening this pain. Injectable anesthetics are not recommended due to the possibility of altering the local impedance of tissues, causing an unwanted burn. Producing painless skin tightening via non-ablative radiofrequency is not yet possible unless the patient is deeply sedated or receives systemic anesthesia.

A new non-ablative medical device: Titan (Cutera, Inc. Brisbane, CA) has been successful in producing skin contraction leading to lifting of eyebrows and/ or improvement of lower face and neck skin laxity. This device has also been used successfully in other body areas such as abdomen, arms and thighs. Immediate changes have been noticed in the vast majority of patients. There is hardly any pain, to the point of needing no anesthesia. Patient satisfaction has been remarkable. There is no down time and no incisions or scars either. Additionally, the patient will look much better and younger after the procedure. The results have a remarkable natural look which, plastic surgery rarely can match. The patient will look less tired, with a freshened look. The skin contraction achieved is in the order of 1 to 4 millimeters. It may not sound dramatic, but the changes induced by such contraction are perceptible and significant when it comes to eyebrow lifting or fading of the naso-labial fold. Follow-up visits show that the improvement has been maintained and even increased. In fact, the degree of improvement has not diminished during follow-up in any of our patients. Post operative patients can go back to their normal activities right away.

The new Titan system from Cutera has a similar thermal profile in ex-vivo skin specimens detected by thermal photography. It also has significant advantages over non-ablative radiofrequency called Thermage. For one thing it has a multi-second pulse which provides a gentle and sustained skin heating that clinically is much less painful and has similar if not better clinical results as compared to Thermage. The safety profile is very good with adequate physician training and the results are as satisfactory as can be expected with any modern technology in this field.
Titan in the news:
http://cutera.com/photos/articles
http://www.skinlaserdubai.com/TITAN/titan.html

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