Author of Groundbreaking Caregiver's Book to Speak at Cambridge Credit Counseling's July Community Seminar

David Horgan, co-author of When Your Parent Moves In: Every Adult Child's Guide to Living with an Aging Parent,(Adams Media) brings his unique message to educate the community on the financial strains caused by the recession. The book is currently on sale nationally in stores and is the "OnlyGuide"available on the subject.

Agawam, MA (Vocus)July 3, 2009 -- The current economic downturn has forced many Americans to make substantial changes in their lifestyle. Across the country, families are dealing with the crisis of foreclosure, rapidly increasing unemployment, and a general lack of confidence in the economy's ability to rebound. As life within the country becomes more challenging, perhaps the group most adversely affected is the elderly. Over the last two years, there's been an increase in the number of elderly parents moving back in with their children, very likely out of economic necessity. Until now, there were very few resources to assist individuals who were thrust into the position of caregiver for their aging parents.

The recently released When Your Parent Moves In: Every Adult Child's Guide to Living with an Aging Parent, written by David Horgan and Shira Block, is a book that addresses these issues head on. Through a series of personal stories, case studies and expert analysis, the book provides individuals with strategies they can use to make a successful transition to living with one's parents. Among the topics discussed are the pros and cons of having an aging parent move in, the possible pitfalls of such a change and how to avoid them, adjusting the family dynamic, and most important, how to manage and protect everyone's assets.

"Among the life changes our counselors help the public manage, having one's parent's move in is among the most intricate," stated Christopher Viale, president and CEO of Cambridge Credit Counseling. "There are a host of concerns to consider, and, in that sense, the timing of Mr. Horgan's book could not be better. It will make a fantastic resource for those faced with these circumstances by not only providing advice, but also empowering families to come closer together."

Cambridge Credit Counseling is fortunate to have the author, David Horgan, conduct a special community seminar at their offices on July 15, 2009. Mr. Horgan will discuss a variety of topics from his book, with a special focus on the financial concerns of such an arrangement. Afterward, Cambridge's certified credit counselors will be available for individualized sessions to help families establish budgets and address any other credit related concerns they may have.

Cambridge's seminars are offered free to the public each month. Because space is limited, those interested in attending are encouraged to contact Thomas Fox at 413-241-2362 to reserve seating.

About the Authors:
David Horgan (Ludlow, MA) is an award-winning medical educator, filmmaker, and director who brings his firsthand account of what to do, what not to do, and what can happen (the good and the bad) when a parent moves in. He has been interviewed on this subject by USA Today and ABC News. Mr. Horgan has been repeatedly interviewed by NPR, ABC, NBC, CNN, USA Today, New York Times, Boston Globe, Boston Herald, Entertainment Weekly, and other media outlets.
Shira Block (Wilbraham, MA) is a popular lecturer, freelance writer, and personal coach. She is the author of The Way Home and Step-by-Step Miracles: A Practical Guide to Achieving Your Dream. She has a master's degree in psychology and counseling with a concentration in family therapy.

ABOUT CAMBRIDGE CREDIT COUNSELING CORP.:
Cambridge Credit Counseling Corp. is a professional debt counseling agency dedicated to educating young adults on the importance of sound financial management and providing financially distressed Americans with education and debt management services appropriate to their needs. Visit Cambridge Credit Counseling Corp. online at www.cambridgecredit.org. To learn more about Cambridge Credit Counseling Corp. and the community, please visit www.youtube.com/CambridgeCredit.

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http://www.amazon.com/When-Your-Parent-Moves-Childs/dp/1605500127/ref=sr_1_1?ie=UTF8&amp;s=books&amp;413-241-2362

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