The Amari Clinic in Scarsdale, New York, Provides Mesotherapy - An Aesthetic Medicine Breakthrough for Cellulite Reduction, Spot Fat Reduction, and Weight Loss

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Yonkers, NY (PRWEB) March 26, 2006 -- Mesotherapy, also known as non-surgical spot fat reduction, is recognized as the latest breakthrough for body sculpting, cellulite reduction, weight loss, skin aging treatment, redundant (sagging) skin, and rejuvenation of the hands and neck.

“Mesotherapy is a medical specialty that involves injecting microscopic quantities of natural extracts, homeopathic agents, pharmaceuticals, and vitamins into the skin” said J. Shah, M.D. the founder and medical director of the Amari Clinic in Scarsdale, New York. “We use a customized formula addressed to a person’s specific needs and body type. This mixture is injected through numerous, tiny microinjections into the mesoderm, the layer of tissue between the skin and muscle where most fat is stored. Our customized formula prevents cells from storing fat, produces fat breakdown (lipolysis), prevents fat creation (lipogenesis), and makes fat cell membranes more permeable so that they can release the fat. The released fat is utilized in the body for energy and burned through normal metabolism.”

With Mesotherapy, fat deposits are flushed from the body, and do not reappear in other areas, as can sometimes happen during liposuction. Unlike liposuction, Mesotherapy is a non-surgical procedure and does not require general anesthesia, hospitalization, or weeks of recovery time. Therefore, the procedure is much less painful and can actually be performed in as little as half an hour, allowing the individual to be treated and return to his or her normal lifestyle in a very short time.

Cellulite is a skin condition affecting over 90% of post-pubescent women. Even people with a slim figure often complain about cellulite’s external visible symptoms, which leaves skin with a lumpy and dimpled appearance. Cellulite, which commonly appears on the hips, buttocks, and legs, is caused by skin that is pulled down by attached tissues, and is not solely a result of being overweight. Factors such as reduced blood flow, microcirculation, and poor lymphatic drainage can accelerate the development of cellulite. It can also appear after liposuction if the fat tissue removed was too closely located to the skin.

“Cellulite appears in the subcutaneous level of skin tissue. Fat cells are arranged in chambers surrounded by connective tissue called septae. As water is retained, fat cells held within the perimeters of this area expand and stretch the connective tissue” said Dr. Shah. “Eventually this connective tissue contracts and hardens holding the skin at a non-flexible length, while the surrounding tissue continues to expand with weight, or water gain. This results in areas of the skin being held down while other sections bulge outward, resulting in the lumpy, ‘cottage-cheese’ appearance. However, these problems can be reduced or even eliminated with Mesotherapy.”
The conventional Mesotherapy sometimes results in a slight pinching or burning sensation when the injections are administered. However, a topical anesthetic is an option provided at the Amari Clinic and makes treatment virtually painless. The treatment has lasting effects, especially when combined with exercise and proper nutrition. However, given our body’s natural aging process, regular maintenance visits are highly recommended.

Different to its preceding technology, No-Needle Mesotherapy utilizes a combination of non-thermal laser energy with sequences of electrical waveforms to relieve the congested areas of tissue in order to increase blood flow and lymphatic drainage. The physician uses a special conductive gel with the treatment that contains ingredients designed to help with the breakdown of fatty deposits. The ingredients used in these gels are cleared by the FDA (Federal Food, Drug, and Cosmetic Act of 1938) and are routinely used in the traditional version of Mesotherapy. This process, however, eliminates needles involved in traditional Mesotherapy to deliver a pain free solution to tissue areas affected by cellulite. No-Needle Mesotherapy does not pose health risks and eliminates side effects such as swelling or bruising due to its non-invasive nature.

About the Amari Clinic
The Amari Clinic is a new aesthetic medicine practice in Scarsdale, New York, specializing in medically supervised age rejuvenation and weight loss. The Medically Board Certified staff are experts in Mesotherapy, Cellulite Reduction, Weight Loss Medicine, (Silk Peel) Microdermabrasion, Botox Cosmetic, Laser Hair Removal, Laser Spider Vein Removal, and Laser Skin Rejuvenation. Dr. J Shah, M.D., founder of the Amari Clinic, completed his medical training in 1978 from Our Lady of Mercy Medical Center in New York City and is Board Certified in Bariatrics (Weight Loss Medicine). For more information visit our website at www.amariclinic.com.

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