Study Shows That Women's Self-Image & Sexual Satisfaction Increase After Cosmetic Surgery

Study reveals that body image and sexual pleasure, including orgasm are enhanced after aesthetic makeovers. New data from a study on the impact of aesthetic plastic surgery on body image and sexual satisfaction have recently been released. Women who undergo common elective cosmetic surgery procedures not only feel better about their bodies, but also have higher degrees of satisfaction with their sex lives, including ability to orgasm.

Park Ridge, IL (PRWEB) April 6, 2006 -- Study reveals that body image and sexual pleasure, including orgasm are enhanced after aesthetic makeovers. New data from a study on the impact of aesthetic plastic surgery on body image and sexual satisfaction have recently been released. Women who undergo common elective cosmetic surgery procedures not only feel better about their bodies, but also have higher degrees of satisfaction with their sex lives, including ability to orgasm. Women in the study who had undergone aesthetic procedures were more sexually satisfied, reported that their partners were more sexually satisfied, dressed to enhance their new figures, and were apt to try more and different sexual activities post-surgery. The greatest benefits were seen in women who had breast augmentation/breast lift and/or body contouring procedures. The study was published in the January/February 2006 issue of Aesthetic Surgery Journal, the peer-reviewed publication of the American Society for Aesthetic Plastic Surgery (ASAPS).

“This data is particularly interesting because several studies have suggested that women are not motivated to undergo aesthetic surgery to improve their sex lives,” says Dr. Sam Speron, plastic surgery expert and consumer advocate. “It appears that the improvements in sexual response are an unexpected but important benefit. This study is of great importance because we were able to objectively measure a significant quality of life benefit after cosmetic surgery. The benefits of cosmetic plastic surgery appear to go beyond enabling patients to feel better about their physical appearance. It also extends to their most intimate and personal moments. These new data in a peer-reviewed scientific publication will add a lot to how we measure the outcomes of cosmetic procedures.”

According to the study, women who had facial aesthetic surgery (e.g., rhinoplasty, face lift), breast augmentation or lift and/or body contouring surgeries (e.g., tummy tuck, liposuction) experienced a high degree of body image satisfaction after surgery. Many also reported sexual benefits for themselves and their partners, which were most pronounced in the group who underwent breast or body procedures. While women who underwent facial procedures experienced enhancements in body image, they reported significantly fewer improvements in psychosexual outcomes. This research suggests that the physical modifications achieved by major aesthetic plastic surgery procedures have far-reaching effects on body image, sexual satisfaction and relationships.

Of 70 women who completed a survey about their postoperative psychosexual life, more than 95 percent reported improvements in body image, regardless of the type of surgery they had received. After surgery, 81 percent of the 26 breast surgery respondents and 68 percent of the 25 body surgery patients experienced improvements in sexual satisfaction, compared to 32 percent of the 19 facial surgery patients. Seventy-three percent of breast surgery patients and 56 percent of body surgery patients also perceived an increase in their partners’ sexual satisfaction, compared to 21 percent of facial respondents. Remarkably, 31 percent of breast
and 52 percent of body patients reported that they could achieve orgasm more easily after surgery. Only one patient (5 percent) in the facial surgery group reported a similar improvement in ability to orgasm.

Dr. Sam Speron is a Chicago Plastic Surgeon and is widely recognized as a leading expert on plastic surgery. Dr. Speron’s educational efforts have received critical acclaim from the media from around the country.

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