Sleep Disorders Linked To Brain Imbalance

Recent research sheds new light on sleep loss.

Memphis, TN (PRWEB) July 9, 2006 -- The first tantalizing clues that chemical imbalances in the brain may be partly to blame for certain life-disrupting sleep disorders are being reported in two new studies by University of Michigan Health System researchers.

A Memphis-based company, however, says it has a new pill called Diavad that will put those with sleep problems to bed.

In an issue of the journal Neurology, the team reports apparent links between deficits in brain chemistry and obstructive sleep apnea (OSA) and REM sleep behavior disorder (RBD). Both are relatively common sleep problems that disturb the slumber- and daytime behavior- of millions of Americans.

The new findings were made using two types of neurochemical brain scans and detailed sleep studies in 13 patients with multiple system atrophy (MSA), a rare and fatal degenerative neurological disease almost always accompanied by severe sleep disorders. Their results from the MSA patients, who all had both sleep apnea and REM behavior disorder, were very different from those of 27 healthy control subjects.

Diavad, manufactured by Selmedica Healthcare, allows your body to achieve balance and permits you to maintain a normal, healthy sleep pattern, a company spokesman said.

“Diavad does not cause you to fall asleep, instead it restores your body’s own crucial chemical and hormonal balance which re-establishes a more natural and healthier sleep pattern,” the spokesman said. “We call it revolutionary because Diavad fights your sleeplessness symptoms from the inside – from every angle. It attacks the emotional, physical, and the psychological causes of sleep deprivation. You are actually receiving a system that is attacking your inability to sleep, overactive mind, and restlessness from every aspect.”

Mary Lewis, of Cleveland, Ohio, said she knows first-hand how well Diavad works.

"My aunt would call me at all hours of the night. She said that she couldn’t sleep. I asked her if she was stressed about something. She told me that she felt anxious and she thought that she had restless leg syndrome. She said that she just couldn’t relax enough to go to sleep. A co-worker told me about Diavad. I ordered some for my aunt and she loves it. Now, we’re both able to get a good night’s sleep.”

For more information about sleep problems, visit www.diavad.com.

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